



Weekly Update

January 8, 2024

Student Spotlight!

A huge shout out to Emma Watts and Alyssa Farnes on winning the Outstanding Student Award for College of Arts and Letters and College of Science and Engineering!



Emma Watts



Alyssa Farnes

Important Deadlines

Apply for Spring Graduation

Instructions to apply:

- Log into your MyISU account
- Click on Graduation Planning Card
- In the Graduation Planning channel, click Apply to Graduate

All students must formally apply for a graduation date

Application Deadline: Monday, February 5th – Spring deadline (May 2024)

Add/Drop Deadline

Friday, January 12th - Last day to add/drop early 8-week courses

Monday, January 22nd - Last day to register, add/drop, change section, or audit full semester courses

Honors Contracts

If you are planning to contract a course this spring, now is the time to reach out to your professor about the contract. A few reminders when preparing for your Honors contract:

- Double-check the policies and guidelines for contracting [here](#)
- If this is your first contract, consider scheduling an appointment with your Honors Advisor about the process
- Create a contract that is enriching to your learning experience. Please avoid busy work or an additional term paper
- Submit your official contract [here](#) by Friday, January 19th

NW NARCH Fellowship

The Tribal Researchers Cancer Control Fellowship Program will be held in person at the Northwest Portland Area Indian Health Board (NPAIHB). Applications will be available January 17th, 2024 on our website: <https://www.npaihb.org/tribal-researchers-cancer-control-fellowship/>

Accepted fellows will attend a two-week summer training in June 2024 and a one-week follow-up training in the fall. We encourage AI/AN graduate students, researchers, and tribal health workers with a demonstrated interest in cancer prevention and control to apply.

Topics will include (not limited to):

- Cancer control study design
- Cancer Epidemiology
- Cancer screening
- Cohort Studies among American Indians
- Community-based chronic disease programs
- Cultural considerations in cancer epidemiology
- Focus Groups
- Grant writing
- Implementing a Native comprehensive cancer prevention and control project

Mindfulness Meditation Retreat

We wanted to invite you, your students, and friends to the "Brand New Year" half-day Mindfulness Meditation Retreat on Saturday, January 27, from 9-1, in the Wood River Room of the Pond Student Union Building, as well as by Zoom. The retreat is sponsored by the Kasiska Division of Health Sciences Mindfulness Program. Meditation instruction will be provided, and all are welcome. Bring a yoga mat if you want to participate in optional yoga practice during mindful movement, and feel free to bring your own meditation mat and cushion. Bring a snack or sack lunch for mindful eating. Chairs and some mats will be provided. There is no fee. Please feel free to distribute this e-mail or post the flyer in your department.

Please contact Tony Seikel at seikel@isu.edu to register because of space limitations.

Intermountain Graduate Conference: "Looking Beyond Borders"

March 29 & 30, 2024 | Idaho State University in Pocatello, ID | Times: TBA

- Sponsored by the English Graduate Student Association at Idaho State University
- Seeking a variety of papers around the theme "Looking Beyond Borders" interpreted and explored broadly across topics and perspectives. Generally, to 'look beyond borders' is to look beyond boundaries, biases, conditions, weaknesses, limitations, and mundaneness to achieve greater unity in its many forms.
- Submissions from both graduate and undergraduate students in all disciplines are welcome
- Will consider topics unrelated to the conference theme and other forms of presentation, such as performance art, poster presentations, and readings of creative work.
- Please submit a 300-word proposal to egsa@isu.edu by Friday, February 2, 2024.
- For more information, please do not hesitate to email us or visit our website at intermountaingraduateconference.wordpress.com
- The conference is free and open to the public.

Honors Specific Scholarships

Honors Scholarships are now open and will close on Thursday, February 15th! Here is the list of available scholarships below.

- Owlportunity Scholarship
- Heithoff Scholarship
- SDS Scholarship
- ICCU Scholarship for Perseverance
- Lookout Community Service Scholarship
- Lookout Excellence in Business Scholarship

A friendly reminder if you apply for these scholarships, you should sign up to volunteer at An Opportuni-Tea or be present to receive your scholarship!

An Opportuni-Tea

We are looking for student volunteers on Friday, April 5th and Saturday, April 6th to support An Opportuni-Tea. This is the largest fundraiser of the year for Honors and the funds impact scholarships and programmatic events in the University Honors Program. Volunteering at the event counts as civic engagement.

Please fill out this [volunteer form](#) to sign up.

Creative Submissions Wanted!

We would like to invite Honors students to donate original creative work to be auctioned in the silent auction for An Opportuni-Tea. Donated work could be anything you've created - painting, yarn art, woodworking, ceramics, sculpture, jewelry, photography, etc. The options are endless. Click [here](#) to see previous submissions.

Your creative work doesn't have to be fully complete in order to let us know that you are interested in submitting a donation, as long as the donated item is complete and submitted to Jacob Andrysiak by Friday, March 8, 2024. If you'd like to donate creative work, please complete this [form](#) so we can communicate with you throughout the planning process.

UHPC Events

**All UHPC Events count toward your Civic Engagement requirement each semester.
Keep an eye out on social media for upcoming Civic Engagement events.**

Follow Us!
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X: @Idaho_Honor
Facebook: @isuhonor

