

Sabrina Sherwood · 2016

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EDUCATION

2013- Present

Doctor of Pharmacy (expected graduation date 2017)
Idaho State University – Pocatello, ID
Four year curriculum

2011-2013

Pre-Pharmacy Studies
Idaho State University – Pocatello, ID
Emphasis on chemistry, biological sciences, and medical ethics

EMPLOYMENT EXPERIENCE

August 2013 – May 2016

Idaho State University (ISU) Health West Clinic – Pocatello, ID

Hepatitis C Care Coordinator

- Developed a system to stratify over 300 candidates for HCV treatment
- Provided patient education on HCV treatment
- Tracked patient HCV treatment progress
- Utilized multidisciplinary telecommunication network

Pharmacy Intern

- Analyzed laboratory results and made clinical recommendations regarding refill authorizations using evidenced based protocols
- Maintained and improved a patient assistance program serving over 50 patients
- Provided direct patient care in a multidisciplinary setting

May 2015- July 2015

Mayo Clinic Summer Internship – Rochester, MN

Inpatient Compounding Sterile Preparations Intern

- Adhered to USP 797 regulations
- Staffed over 400 hours in the compounding sterile preparations-IV room
- Shadowed IV room pharmacists daily

Professional Development

- Mini-rotations:
 - Gastrointestinal
 - Cardiovascular
 - Medical oncology
- Professional shadowing:
 - Emergency room
 - HCV specialty clinic

- Liver transplant services
- Internship final presentation: “Management of Esophageal Varices in Cirrhosis”
- Professional workshops
- Outpatient clinic volunteer

July 2012- August 2015

**Advanced Isotopes of Idaho Nuclear Pharmacy
– Pocatello, ID**

Pharmacy Intern

- Completed daily quality control testing
- Ensured proper distribution of radioactive materials and coordinated deliveries
- Adhered to Nuclear Regulatory Commission regulations

May 2010- August 2011

**Boise Veterans Affairs Medical Center Outpatient Pharmacy
– Boise, ID**

Pre-pharmacy student volunteer

ADVANCED PHARMACY PRACTICE EXPERIENCES (APPE)

April – May 2017*

**Medication Therapy Management –
ISU Meridian Campus; Boise, ID**

Preceptor: Kevin Cleveland, PharmD, ANP

January- February 2017*

Advanced Community – Walgreens Pharmacy; Boise, ID

Preceptor: David Nguyen, PharmD

October –December 2016

Ambulatory Care – Boise VA Medical Center; Boise, ID

Preceptor: Shelby White, PharmD; Eileen Twomey, PharmD, BCPS

September – October 2016

Solid Organ Transplant – Intermountain Medical Center; Salt Lake City, UT

Preceptor: Lance Lindberg PharmD, BCPS

- Received training in infectious disease, liver disease, kidney disease, and transplant pharmacy services
- Provided 60 minute counseling sessions to post-transplant patients
- Created medication action plans to maximize patient adherence
- Completed liver and kidney outpatient clinic patient evaluations and presented recommendations to provider

July – September 2016

Critical Care – St. Luke’s Medical Center; Boise, ID

Preceptor: Greg Slevin RPh, BCPS, BCCCP

- Completed daily patient rounding at bedside and made recommendations to physicians
- Utilized institution approved protocols to make clinical interventions

- Gained experience precepting two P3 students

June-July 2016

Advanced Hospital – St. Luke’s Medical Center; Boise, ID

Preceptor: Teresa Newsom, PharmD

- Rounded on neonatal, pediatric, oncology, cardiac and intensive care floors
- Provided daily anticoagulation education to over 50 patients on warfarin and NOACs
- Completed therapeutic drug monitoring daily for antibiotics, anticoagulants and parental nutrition

May-June 2016

General Medicine – St. Alphonsus Medical Center; Boise, ID

Preceptor: Roger Hefflinger, PharmD

- Assisted and educated medical residents in making therapeutic decisions
- Provided direct patient care with daily patient rounding
- Participated in the outpatient clinic to answer physician drug information questions and facilitate transition of care services

INTRODUCTORY PHARMACY PRACTICE EXPERIENCES (IPPE)

Fall 2015

Pharmacy Leadership and Advocacy Elective – ISU College of Pharmacy

November 2015

Boise VA Medical Center – Boise, ID

Preceptor: Wyatt Gold, PharmD

- Reviewed patient charts prior to patient clinic visits with pharmacy resident
- Researched clinical questions requested by physicians

November 2014

Portneuf Medical Center Hospital – Pocatello, ID

Preceptor: Jora Sliwinski, PharmD

- Provided medical reconciliations and patient counseling to inpatients
- Created discharge plans to maximize patient adherence to medications

November 2014

ISU Health West Coumadin Clinic – Pocatello, ID

Preceptor: Jora Sliwinski, PharmD

- Collected and analyzed INR values, adjusted warfarin doses, and provided patient counseling

June 2013- August 2013

Costco Pharmacy – Pocatello, ID

Preceptor: Tyson Spencer, PharmD

- Heavy emphasis placed on patient counseling and providing drug information services
- Assisted in completing the biannual inventory

- Created letter for transmission to medical offices to limit inappropriate use of tramadol

July 2013

ISU Drug Information Center – Rebecca Hoover

- Answered drug related questions from the community utilizing Pubmed
- Participated in journal club with fourth year students

PROFESSIONAL LEADERSHIP

November 2016

ISU Accreditation Involvement – Student Leadership Representative

October 2016

Pharmacy Fair Rotation Roundtable Student Forum – Fourth Year Student Representative

May 2014-2016

ISU College of Pharmacy Senate President

- Increased student attendance at meetings over 100%
- Responsibilities: Managed 20 senate delegated positions between two campuses, led monthly meetings with students and faculty, conducted student conduct disciplinary meetings and directed policy reform

May 2015- May 2016

Phi Lambda Sigma Leadership Fraternity Treasurer

May 2015- March 2016

Phi Delta Chi Regional Conference Committee Chair

- Organized a large scale event including 7 chapters from Phi Delta Chi Mountain Region over a one year planning period
- Over 70 pharmacists and student pharmacists were in attendance
- Collected over \$7,000

May 2012- May 2015

Phi Delta Chi Professional Pharmacy Fraternity Executive Board Member – Alpha Zeta Chapter

Vice President, 2014-2015

Treasurer, 2012-2014

May 2014- November 2014

ISU Pharmacy Fair Pocatello Volunteer Coordinator

September 2011 – May 2014

ISU Student Conduct Board Officer

August 2013- May 2014

ISU College of Pharmacy P1 Class Vice President

May 2013- May 2014

ISU College of Pharmacy Senate Treasurer

May 2013- May 2014

Gamma Beta Phi Service and Honor Society Vice President

Fall 2012 – Fall 2013

ISU Pre-Pharmacy Student Representative

May 2012 – May 2013

National Honor Society of Collegiate Scholars Treasurer

PROJECTS & CLINICAL PRESENTATIONS

- November 2016 **Diabetes Mellitus Type 2** – Boise VA Medical Center; Boise, ID. Thirty minute patient case and disease state overview with emphasis on therapeutics presented to pharmacists
- October 2016 **Protecting the Kidney in the Pre and Post Liver Transplant Setting** – Intermountain Medical Center; Salt Lake City, UT. Thirty minute formal presentation given to transplant physician assistants and pharmacists
- October 2016 **Aspirin Use and the Risk of Cholangiocarcinoma** – Intermountain Medical Center; Salt Lake City, UT. Journal club presentation given to transplant pharmacist group
- September 2016 **Calcium Channel Blocker and Beta Blocker Overdose** – St. Luke's Medical Center; Boise, ID. Overview of disease state and treatment provided to pharmacists and student pharmacists
- September 2016 **Thiamine in Wernicke's Encephalopathy** – St. Luke's Medical Center; Boise, ID. Presentation given to Boise and Meridian St. Luke's dieticians regarding proper thiamine use in an effort to improve and standardize prescribing patterns
- August 2016 **Antilymphocyte Globulin for Prevention of Chronic Graft versus Host Disease** – St. Luke's Medical Center; Boise, ID. Journal Club
- August 2016 **Unpeeling the Evidence for the Banana Bag** – St. Luke's Medical Center; Boise, ID. Journal club
- August 2016 **Wernicke's Encephalopathy** – St. Luke's Medical Center; Boise, ID. Review of disease state and treatment options provided to pharmacists and student pharmacists
- August 2016 **Drug-Drug Interactions in the Post Surgical Setting** – St. Luke's Medical Center; Boise, ID. Provided analysis of interactions between hormonal contraceptives and commonly used medications in the anesthesia setting ultimately used to educate patients regarding birth control
- August 2016 **Internal Medication Safety Review** – St. Luke's Medical Center; Boise, ID. Retrospective chart review on reversal agent use, findings presented to medication safety team
- July 2016 **Anaphylaxis** – St. Luke's Medical Center; Boise, ID. Thirty minute formal presentation given to pharmacists and student pharmacists

that included a patient case, active learning questions, disease state pathology and emergency treatment

- July 2016 **Escitalopram Use in Heart Failure and Depression** – St. Luke’s Medical Center; Boise, ID. Journal club
- July 2016 **Pulmonary Hypertension Topic Discussion** - St. Luke’s Medical Center; Boise, ID. Review of disease state and treatment options presented to pharmacists and student pharmacists
- July 2016 **Intensive vs. Standard Blood Pressure Control** – St. Luke’s Medical Center; Boise, ID. Journal club
- June 2016 **Hepatitis B Virus Topic Discussion** – St. Luke’s Medical Center; Boise, ID. Review of disease state and treatment options presented to pharmacists and student pharmacists
- June 2016 **Echinocandins** – St. Alphonsus Medical Center; Boise, ID. Drug class review given to physician residents and fellow students
- June 2016 **Procalcitonin, Rapid Viral Panel and Streptococcus Antigen role in Antibiotic Use Reduction** – St. Alphonsus Medical Center; Boise, ID. Literature review, topic discussion and case presentation (end of rotation presentation)
- June 2016 **Kratom (Mitragnyna speciosa)** – St. Alphonsus Medical Center; Boise, ID. Overview of herbal medication and precautions given to preceptor and student pharmacists
- May 2016 **Furosemide Bolus Vs. Continuous Infusion** – St. Alphonsus Medical Center; Boise, ID. Journal club article presented to physicians, physician residents, preceptor and student pharmacists
- May 2016 **Serotonin Syndrome Topic Discussion** – St. Alphonsus Medical Center; Boise, ID. Review of disease state, causes and treatment given to 10 physicians and physician residents
- March 2016 **Prescriptive Authority for Pharmacists: Expanding Access to Birth Control** – ISU College of Pharmacy; Pocatello, ID. Presented at an Idaho Board of Pharmacy session to pharmacists and pharmacy technicians, invited to return for formal board presentation
- September 2015 **Mayo Clinic Internship Experience** – ISU College of Pharmacy; Pocatello, ID. Invited by ISU College of Pharmacy to give a 30 minute power point presentation to the Dean’s Advisory Council
- August 2015 **Management of Esophageal Varices in Cirrhosis** – Mayo Clinic Health System; Rochester, MN. Final presentation focusing on disease state pathophysiology and critical care therapeutics; presented to pharmacy students and internship director

- December 2014 **Cultural Competency** – ISU College of Pharmacy; Pocatello, ID. You-tube recording delivered at the bi-annual ISU College of Pharmacy Dean’s Advisory Council meeting promoting cultural competency in academia and the workplace
- October 2014 **Cough and Cold Medications – Clinical Pearls for Pharmacists** – ISU College of Pharmacy; Pocatello, ID. OTC Class Presentations
- November 2013 **How can Pharmacists be more Clinical in a Community Setting?** – ISU College of Pharmacy; Pocatello, ID. Introduction to Pharmacy Practice Class Presentation

ABSTRACTS & PUBLICATIONS

- November 2016 **Update on HCV Medications Article** – Sherwood, S., Naidoo, S. In progress for publication in the Boise VA pharmacy newsletter
- October 2016 **Asplenic Care in Transplanted Patients Protocol** – Sherwood, S., Lindberg, L., Ramirez, D., Yost, S. In progress, provides standardization for antibiotic and immunization administration
- August 2016 **Impact of Educational Intervention on Thiamine Dosing in Patients with Alcohol Use Disorder in an Institutional Setting** – Sherwood, S., Slevin, G. In progress
- September 2016 **Anakinra Drug Monograph** – Sherwood, S. Presented at pharmacy & therapeutics committee meeting for inclusion to hospital formulary at St. Luke’s Medical Center
- April 2016 **ISU College of Pharmacy Senate Bylaws** – Sherwood, S., Okuma, C. Successfully revised and unanimously approved
- September 2015 **Description of a Student Pharmacist-Led Patient Assistance Program** – Sherwood, S., Lystrup, A., Nickerson, C., Buffington, J. Received 1st place in the 2015 ISHP student poster competition
- July 2015 **Evaluation of Perceptions Regarding Interprofessional Education in Pharmacy, Physical Therapy, and Physician Assistant Students** – Sherwood, S., Cashmore, C., Cady, P. Poster presented at annual AACP meeting, ISU graduate research day, and ISU health sciences research fair
- May 2015 **Outgoing Alpha Zeta Vice President Report** – Sherwood, S. Phi Delta Chi Alpha Zeta Chapter Publication
- January 2015 **Exploring the Various Fields of Pharmacy; Nuclear Pharmacy** – Sherwood, S., Cashmore, C. Poster presented to Idaho legislators and the public during pharmacy day at the Idaho state capitol building

September 2014

A Student Pharmacist's Role in Developing a Strategy to Identify and Stratify Patients with Hepatitis C in a Community Health Center – Sherwood, S., Hachey, D. Poster presented at ISHP annual Fall meeting

STUDENT OUTREACH

February 2016

Operation Heart – Celebrate ISU Event

November 2015

Operation Diabetes – Grace Lutheran Event

October 2015

Operation Immunization – Flu Season Vaccine Clinics

- College of Science and Engineering Clinic
- College of Arts and Letters Clinic

Operation Diabetes – College of Pharmacy Open House Event

March 2015

Hepatitis C Informational Booth – Coordinated, designed and hosted an informational booth at the annual ISU health fair and made recommendations for HCV antibody screening

Poison Prevention Presentations – Provided 30 minute presentations to first grade students at local elementary schools during poison prevention week

October 2014

Operation Immunization – Flu Season Vaccine Clinics

- College of Technology Clinic
- College of Science and Engineering Clinic
- College of Arts and Letters Clinic

Operation Heart and Operation Diabetes – College of Pharmacy Open House Event

August 2014

Southeast Idaho Medical Reserve Corps – Public Health Center Immunization Clinic

March 2014

Operation Diabetes – ISU Health Fair event

Generation Rx – ISU Health Fair event to improve awareness of drug abuse among the community

Meth Awareness Booth – ISU Health Fair event; displayed educational booth with ISU National Honor Society

Teddy Bear Clinic – Health Fair Event at Portneuf Medical Center; discussed poison with children in the community

RELATED COMMUNITY SERVICE

August 2016	Physician's Assistant Patient Volunteer – Provided education regarding proper therapy selection to PA students following simulated exercise with preceptor oversight
May 2015- July 2015	Good Samaritan Health Clinic – Counseled patients, dispensed medications, and strengthened the patient assistance program during summer internship at Mayo Clinic
2011- 2015	Biannual Phi Delta Chi Highway Cleanup Service Project
2011 -2014	Phi Delta Chi Bannock House Community Event
2013	Gamma Beta Phi Honor Society Angel Tree
2013	Medical Supplies Drive – Organized and coordinated efforts for the Philippines disaster with Project PEARLS, raised over \$400 in supplies
2012-2013	ISU Service Saturday

AWARDS AND HONORS

2016	Invited to formally present at 2017 Spring Idaho Society of Health-System Pharmacists meeting
2016	Pharmacy General, Garner J Memorial, Michael T & Robyn Prime Scholarship – Based on pharmacy leadership and involvement
2016	Gehrke-Moore Phi Delta Chi Scholarship – First recipient, based on leadership in Phi Delta Chi and ISU College of Pharmacy
2015	ISHP Student Poster Competition – 1 st place awardee
2015	David and Jane Chu Scholarship, Pharmacy Donations Scholarship
2014	Walgreens Diversity Scholarship – Attended 2014 Annual AACP meeting with funding and presented “Cultural Competency” to ISU College of Pharmacy Faculty
2014, 2015, 2016	Alpha Zeta chapter of Phi Delta Chi awards: <ul style="list-style-type: none">• Alpha Zeta T-Cup Award: Based on being the member most involved in ISU College of Pharmacy and in the Alpha Zeta Chapter• Annual Achievement Award: Based on efforts to improve chapter image• Amity Award: Based on ability to promote fellowship

2014	Michael T & Robyn K Prime Scholarship, Judith Marie Bernat Scholarship
2013	Kasiska Scholarship, Glenn W. Corbett Scholarship, ASISU Scholarship

PROFESSIONAL MEETINGS

May 2016	Idaho Viral Hepatitis Summit; Boise, ID
March 2016	Phi Delta Chi Regional Conference; Pocatello, ID
September 2015	2015 Annual ISHP Fall Meeting; Sun Valley, ID
October 2014	PCCA Compounding Boot-Camp; Pocatello, ID
September 2014	2014 Annual ISHP Fall Meeting; Sun Valley, ID
July 2014	2014 Annual AACP National Meeting; Grapevine, TX
March 2014	Phi Delta Chi Regional Conference; Denver, CO
February 2014	Gamma Beta Phi Honor Society National Conference; Orlando, FL
August 2013	Phi Delta Chi Grand Council National Meeting; Omaha, NE

PROFESSIONAL MEMBERSHIPS

October 2016 – Present	Boise Young Professionals Community Group
August 2015 – Present	Professional Compounding Centers of America
November 2014 – Present	Phi Lambda Sigma Pharmacy Leadership Society
May 2014- Present	American Association of Colleges of Pharmacy
August 2013 – Present	American Society of Health-Systems Pharmacists
August 2013 – Present	Idaho Society of Health-System Pharmacists
October 2013 – 2016	Southeast Idaho Medical Reserve Corp
August 2012 – Present	Gamma Beta Phi Honor Society
November 2011 – Present	Phi Delta Chi Professional Pharmacy Fraternity

CERTIFICATIONS

April 2016	Pharmacist Intern – Registration No. 9776186-1702; Utah Board of Pharmacy
May 2015	Spanish for Pharmacists Spring Elective – Idaho State University; Pocatello, ID
April 2015	Crucial Conversations Certification – Idaho State University College of Pharmacy; Pocatello, ID
October 2014	Introductory Compounding Laboratory Training – Certificate of Completion; PCCA held in Pocatello, ID
June 2013- Present	Pharmacist Extern – Registration No. E21649; Idaho State Board of Pharmacy
September 2013	Immunization Training for Pharmacists – Idaho State University; Pocatello, ID
May 2013- Present	Basic Life Support Provider – American Heart Association

PERSONAL INTERESTS

- Photography
- Hiking
- Running
- Volunteering
- Event planning