

# JO LYNNE KIESTER

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## ACADEMIC BACKGROUND

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*Idaho State University*

*Expected Graduation Date:*

*May 2011*

Doctor of Pharmacy

Current Fourth Professional Year Doctor of Pharmacy student

*Albertson College of Idaho*

*Graduated cum laude June 2009*

Bachelor of Science in Pre-Pharmacy

Four-year curriculum with emphasis on chemistry and the biological sciences

*Graduated cum laude June 2007*

Bachelor of Arts in English

Four-year curriculum with emphasis on literature; Minor in German

## EMPLOYMENT HISTORY

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*September 2010—December 2010 Idaho State University College of Pharmacy*

Pharmacy Intern; Compounding lab counseling aide. Responsibilities included teaching 2<sup>nd</sup> year pharmacy students Obra-90 counseling points for each compounded prescription

*June 2009—August 2009*

*Albertsons Sav-On Pharmacy*

Pharmacy Intern; summer program. Responsible for prescription entry and fill, patient counseling; attended weekly educational seminars

*March 2008—October 2008*

*KeyMed, Inc.*

Pharmacy Intern; Responsible for refill authorizations and CII filing, prescription entry and fill

*February 2006—August 2006*

*Penny Wise Drug*

Pharmacy Technician; prescription entry and fill, third party problems

## CERTIFICATIONS

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*University of Utah School on Alcoholism and Other Drug Dependencies*

*June, 2008*

*Certificate of Completion*

Five-day seminar promoting awareness of health and social problems surrounding drug dependency

*August 2007—Present*

*BLS First Aid and CPR*

## RELATED VOLUNTEER EXPERIENCE

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*August—December, 2010*

*Combat Prescription Drug Abuse/Generation Rx Outreach Events*

Began organizing and conducting educational outreach targeting prescription drug abuse prevention among teenagers. Events included:

- Cable One Movie Night in Meridian, ID (August)
- Bear Lake Memorial Hospital Health Fair in Montpelier, ID (September)
- ISU College of Pharmacy Open House and Red Ribbon Week presentations in Meridian and Pocatello, ID (October)
- Terry Reilly Health Services Community Health Screening in Nampa, ID (October)
- An assembly presentation at Meridian Middle School in Meridian, ID (November)
- Terry Reilly Health Services Community Health Screening in (December)

*September, 2010*

*Idaho Society of Health-Systems Pharmacists Annual Fall Meeting*

Student volunteer; assisted with set-up and break-down, introduced speakers and helped to run registration booth

*July, 2010*

*Ladd Family Pharmacy Health Fair*

Took patient blood pressures, performed blood glucose checks and counseled patients on diabetes and blood pressure monitoring

*June—July, 2010*

*ISU College of Pharmacy Dean Search Committee*

Appointed to committee to assist with formulation of application, interview questions and process, as well as final recommendation for the position of Dean of the ISU College of Pharmacy

*May, 2010*

*ISHP-sponsored Medication Review, Salmon Creek Retirement Center*

Counseled residents one-on-one about their medications

*August 2009—May 2010*

*Student Affairs Committee Member*

Student representative on faculty committee working to write Accreditation Standards for review during accreditation process (to take place May, 2011)

*April, 2010*

*Health Assessment of African Refugees in Southwest Idaho*

Educated Bantu refugees on prescription medications

*April, 2009, 2010*

*Idaho Society of Health-Systems Pharmacists Annual Spring Meeting*

Organized and directed student volunteers for 2-day event; volunteer in 2009

*March, 2010*

*Poison Prevention Presentation*

Gave educational presentation to elementary school students

<i>September, 2009</i>	<i>L.S. Skaggs Pharmacy Complex Dedication</i> Presented speech on behalf of students in appreciation of the donations which made the renovation of the new ISU pharmacy complex possible; also gave tours of the new facility
<i>October, 2008, 2009</i>	<i>ISU College of Pharmacy Pharmacy Fair Planning Committee</i>
<i>September, 2008, 2009</i>	<i>Idaho Society of Health-Systems Pharmacists Annual Fall Meeting</i> Organized and directed student volunteers; volunteer in 2008
<i>August, 2009</i>	<i>McCall Memorial Hospital Pharmacy Intern Shadow</i> Shadowed hospital pharmacists for 40 hours to gain clinical and hospital experience
<i>February 2008—October 2008</i>	<i>American Pharmacists Association-Associated Student Pharmacists (APhA-ASP) Midyear Regional Meeting</i> Committee member for fundraising and public relations
<i>Fall 2007</i>	<i>ISU College of Pharmacy Operation Diabetes</i> Participated in health fairs at Bear Lake Hospital in Montpelier and at Idaho State University; educated patients on diabetes, checked blood glucoses and A1cs, checked blood pressures and educated on hypertension
<i>Fall 2007</i>	<i>ISU College of Pharmacy Operation Immunization</i> Immunized patients at Portneuf Clinic in Pocatello, ID with influenza vaccines

## PROFESSIONAL LEADERSHIP

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<i>August 2010-May 2011</i>	<i>Fourth Professional year Pharmacy Class Vice President</i>
<i>April 2010-May 2011</i>	<i>Combat Prescription Drug Abuse Chair</i> Initiated and organized innovative student-run outreach program
<i>August 2009-present</i>	<i>Third Professional Year Pharmacy Class President</i>
<i>August 2008-May 2009</i>	<i>Second Professional Year Pharmacy Class Vice President</i>
<i>May 2009-May 2010</i>	<i>Idaho Society of Health-Systems Pharmacists Chair</i>
<i>May 2008-May 2009</i>	<i>Idaho Society of Health-Systems Pharmacists Co-Chair/ Chair-Elect</i>
<i>December 2008-May 2009</i>	<i>ISU College of Pharmacy Operation Diabetes Co-Chair</i>
<i>May 2008-May 2009</i>	<i>Idaho Society of Health-Systems Pharmacists Co-Chair/ Chair-Elect</i>
<i>October 2008</i>	<i>ISU College of Pharmacy Pharmacy Fair</i> Clinical Skills Competition Coordinator
<i>October 2008, 2009, 2010</i>	<i>ISU College of Pharmacy Pharmacy Fair</i> Pharmacy Fair Planning Committee

## PUBLICATIONS & PRESENTATIONS

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### Continuing Education

October 2010

“America’s Other Drug Problem: Fighting Prescription Drug Abuse in Our Community.” ISU College of Pharmacy Pharmacist Appreciation Event held in honor of American Pharmacists Month

### Poster Presentations

December 2010

“Roadmap to Student Outreach: Spotlight on Prescription Drug Myths, Facts, and Misuse.” ASHP Midyear Clinical Meeting, Anaheim, CA

September 2010

“A Roadmap to Student Outreach: Spotlight on Prescription Drug Myths, Facts, and Misuse.” ISHP Annual Fall Meeting, Sun Valley, ID

### Presentations, Inservices and Grand Rounds

November, 2010

Presentation: Prescription Drug Abuse and You. Presented to Meridian Middle School students and faculty

October, 2010

Presentation: Prescription Drug Abuse and You. Presented to Meridian High School students and faculty

September, 2010

Inservice: Zonisamide: Basic Pharmacology and Therapeutics. Presented to Boise VA Community Living Center P.A.s and nurses

July, 2010

Inservice: Omegaven Pharmacology and Therapeutics. Presented to Critical Care Systems pharmacists and technicians

July, 2010

Inservice: The Use of Stelara in the Treatment of Psoriasis. Presented to Critical Care Systems pharmacists and technicians

May, 2010

Grand Rounds Presentation: Hypo/Hyperthyroidism. Presented to pharmacist preceptor and co-student, St. Luke’s Internal Medicine

June, 2010

Inservice: Estrogen Therapy in Post-menopausal Women: A Clinical Review. Presented to doctors and nurses, St. Luke’s Internal Medicine

June, 2010

Grand Rounds: Chronic Obstructive Pulmonary Disease. Presented to pharmacist preceptor and co-student, St. Luke’s Internal Medicine

August, 2009

Albertson Sav-On Internship Final Project: Meningitis: How the Disease Can Affect You. Presented to student pharmacists

### American Pharmacists Association-Associated Student Pharmacists Editorials

“Spice poses serious health threat.” The Meridian Valley Times, October 2010

“Combating prescription drug abuse.” The Idaho State Journal, September 2010

“Outreach program designed to educate youth, parents on prescription drug abuse.” The Refill, September 2010

“Take steps to prevent pharmaceutical abuse.” Idaho Press-Tribune, August 2010

“Student shares perspective of first year attending classes at new L.S. Skaggs Pharmacy Complex.” Idaho State University Pharmacy Bulletin, Spring, 2010

“Pharmacists Play Many Roles.” The Idaho State Journal, October 2009

“Meridian Campus Offers Additional Opportunities.” The Refill, January 2009

“The Importance of Immunization.” The Idaho State Journal, February 2008

“The Cost of Medicines.” The Idaho Statesman, The Idaho Press Tribune, October 2007

Articles in Scholarly Journals

Kiester, JK and Wadsworth, T. "Should metformin be used in history of ERCP?" Case report; in progress. (Projected submission date: November 30, 2010; *Diabetes Care, American Journal of Health-System Pharmacy*)

Kiester, JK and Wilson, C. "Planning and implementing an innovative elective to develop student-run outreach organization targeting teen abuse of prescription medications." Descriptive article designed to assist educators with start-up and implementation of their own elective; in progress. (Projected submission date: January 31, 2010; *American Journal of Pharmaceutical Education*)

Kiester, JK and Wilson, C. "Planning and implementing an innovative student-run outreach organization targeting teen abuse of prescription medications." Descriptive article designed to assist preceptors and student pharmacists with start-up and implementation of their own student-run outreach program; in progress. (Projected submission date: January 31, 2010; *American Journal of Health-System Pharmacy*)

CLINICAL PHARMACY ROTATIONS 2010-2011

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Ambulatory Care: St. Luke's Internal Medicine, Tom Wadsworth, PharmD, BCPS

- Gave several presentations, notably inservice on Postmenopausal estrogen therapy to physicians and nurses
- Responsible for taking medication history, monitoring diabetes parameters, assisting with medication adjustments, co-authoring patient notes
- Researched and wrote up drug info questions as they arose

Home Health: Critical Care Systems, Scott Bonnema, PharmD

- Checked prescriptions under pharmacist supervision, answered drug info questions
- Interpreted and reported weekly and bi-weekly lab values
- Presented on Omegaven pharmacotherapy to staff

Geriatrics: VA Hospital Pharmacy, Sandra Jue, PharmD

- Responsibilities included writing MDS sheets and analyzing patient med lists for drug-related problems, monitoring drug-specific parameters, such as INR and blood glucoses
- Daily clinical interventions were a priority; ie: adjustments in medication doses, d/c'ing or adding meds as necessary, answering drug info questions and alerting physicians to drug-drug interactions
- Gave inservice to nursing staff on Ziprasidone pharmacotherapy

General Medicine: St. Luke's Internal Medicine, Cathy Oliphant, PharmD

- Responsibilities included monitoring patient medications for optimal drug therapy; patient care involved rounding daily with doctors and monitoring efficacy/toxicity of drug therapy.
- Gave weekly presentations on a topic of choice to fellow students and preceptor.
- Gave weekly presentation of in-depth SOAP note highlighting two disease states.
- Final seminar (to be) offered to St. Luke's pharmacists

Ambulatory Care: Blackfeet Community Hospital, Aaron Long, PharmD

Advanced Community: Fred Meyer, Jason Dalling, PharmD

Hospital: West Valley Medical Center, C. Taylor Nelson

#### HONORS & AWARDS

<i>May 2010</i>	Frank L. Savage Scholarship
<i>May 2009</i>	Pullen-Grey Charitable Foundation Award
<i>May, 2008</i>	Larry and Debra Updyke Scholarship
<i>Spring, 2007</i>	College of Idaho Dean's List

#### GRANTS WRITTEN, RECEIVED

<i>July, 2010</i>	<i>ISHP Research and Education Foundation Grant</i> \$2,500 initial award to fund start-costs of innovative student outreach program, Combat Prescription Drug Abuse
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#### GRANTS WRITTEN, NOT RECEIVED

<i>May, 2010</i>	<i>College of Idaho Student Philanthropy Council Grant</i> ; proposed \$1000 grant to assist in start-up of student outreach program, Combat Prescription Drug Abuse
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#### LANGUAGES

Fluent in written and conversational German

#### CONFERENCES ATTENDED

<i>December 2010</i>	ASHP Midyear Clinical Meeting, Anaheim, CA
<i>October 2010</i>	APhA Midyear Regional Meeting, Salt Lake City, UT
<i>September 2010, '09, '08</i>	ISHP Annual Fall Meeting, Sun Valley, ID
<i>April 2010, 2009</i>	ISHP Annual Spring Meeting, Boise, ID
<i>July 2009</i>	APhA Summer Leadership Institute
<i>October 2008</i>	APhA Midyear Regional Meeting, Boise ID

#### MEMBERSHIPS OF PROFESSIONAL ORGANIZATIONS

<i>July 2010-Present</i>	American Society of Health-System Pharmacists
<i>August 2007-Present</i>	American Pharmacists Association-Academy of Student Pharmacists
<i>August 2007-Present</i>	Idaho Health-System Pharmacists
<i>August 2007-Present</i>	Professional Pharmacy Student Alliance, Idaho State University College of Pharmacy
<i>August 2007-Present</i>	Idaho State Pharmacy Association