

SPORT SCIENCE AND PHYSICAL EDUCATION

DEPARTMENT HANDBOOK



2015-2016
College of Education
Idaho State University

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THIS MANUAL IS NOT MEANT TO BE ALL INCLUSIVE AND SHOULD NOT TAKE THE PLACE OF A CAREFUL REVIEW OF ISU POLICIES AND PROCEDURES AS DETAILED IN THE ISU FACULTY HANDBOOK AND ISU STUDENT HANDBOOK. SEE THE DEPARTMENT ADMIN. ASSISTANT FOR THESE RESOURCES.

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INTRODUCTION

The purpose of this handbook is to answer questions specific to the SSPE department. It should be considered a department specific addendum to the ISU Faculty Handbook and not its substitute. For detailed information on campus wide policies and procedures the ISU Faculty Handbook and/or ISU Student Handbook should be consulted.

PROGRAMS

The SSPE department offers undergraduate, graduate and activity based curricular programs. At the undergraduate level the department offers four majors in physical education, and minors in coaching, outdoor education, and sport management. At the graduate level the department offers a Masters in Physical Education – Athletic Administration degree program. This program is designed to allow students to complete the degree in residence at Idaho State University (Pocatello), as well as through remote site telecommunications and cooperatively through Boise State University. The PEAC curriculum covers a broad range of classes including sport based, recreation, and fitness activities.

COLLEGE OF EDUCATION

Vision, Mission, Philosophy

Our Vision

Building on a tradition of excellence, we will work continuously to improve the education we offer.

Our Mission

Through excellence in teaching, scholarship and service, we foster professionalism in all that we do.

- We prepare and support professionals who are ethical and reflective and known for the quality of their work.
- We provide recognized leadership in the support of our students, professional partners, and those who employ our graduates.
- We promote a culture of caring, respect, and intellectual rigor within our college and beyond.
- We foster collaborative relationships with the schools, communities, and professional organizations that we serve.
- We advance our understanding of the professions we serve and the application of that understanding in practice.

Our Philosophy

Our college is an educational community of experienced and developing professionals who exercise “trustworthy judgment” derived from an established knowledge base including state and national performance standards. Our community consistently prepares professionals within a framework of key ideas: learning domains, reflective practice, and academic self-regulation.

The three learning domains, learner, knowledge, and assessment, occur in each program within a context that may vary according to the program’s specific goals. Although one program may have its strongest emphasis on subject area knowledge and another may focus on assessment or monitoring of results the lenses of reflective practice and academic self-regulation integrate all of our programs. This integration is a seamless and cyclical process: Faculty engaged in the act of teaching use assessment data or results from directed, experiential, or holistic learning to inform and shape their future instruction. This process, and its alignment with “By Teaching We Learn”, describes the dynamic interaction between professional educators in the college of education and learners.

3-25-15 post on COE_About Us web page

**Department of Sport Science & Physical Education
2015-2016 Bulletin – EXERCISE SCIENCE EMPHASIS**

NAME: _____ BENGAL# _____

**86 Credits Total
(9 Core plus 77 Emphasis)**

CORE REQUIREMENTS (9 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 2222 First Aid, CPR and Sport Safety (3 cr) – F, S, Su
_____		PE 2223 Foundations of Physical Education & Sport (3 cr) – F, S, Su
_____		PE 4454 Senior Capstone (3cr)-PREREQ -- F, S

OBJECTIVE #1: To develop foundational knowledge in the basic sciences (42 credits)

Biological Cognate: 11 credits

_____		BIOL 3301 Anatomy and Phys. (4 cr)-PREREQ – F,S
_____		BIOL 3301L Anatomy and Phys. Lab (0 cr)-PREREQ – F,S
_____		BIOL 3302 Anatomy and Phys. (4 cr)-PREREQ – F,S
_____		BIOL 3302L Anatomy and Phys. Lab (0 cr)-PREREQ – F,S
_____		BIOL 4453 Foundations in Neuroscience (3 cr)-PREREQ – S

Chemistry Cognate: 9 credits

_____		CHEM 1111 General Chem. I (4 cr) -PREREQ– F, S
_____		CHEM 1111L General Chem. I Lab (1 cr) -PREREQ– F, S
_____		CHEM 1112 General Chem. II (3 cr) -PREREQ– F,S
_____		CHEM 1112L General Chem. II Lab (1 cr) -PREREQ– F,S

Physics Cognate: 8 credits

_____		PHYS 1111 General Physics I (3cr)- PREREQ– F
_____		PHYS 1112 General Physics II & Lab (3cr) -PREREQ– S
_____		PHYS 1113 General Physics I Lab (1cr)- PREREQ– F
_____		PHYS 1114 General Physics II Lab (1cr) -PREREQ– S

Math Cognate: 11 credits

_____		MATH 1143* College Algebra* (3 cr) -PREREQ– F, S, Su
_____		MATH 1144* Trigonometry* (2 cr) -PREREQ– F, S, Su
_____		MATH 1153 Introduction to Statistics (3 cr) -PREREQ– F, S, Su
_____		MATH 1160 Applied Calculus (3 cr) -PREREQ– F, S, Su
		*MATH 1147 Precalculus (5 cr) will sub. for MATH 1143 and 1144.

Psychology Cognate:3 credits

_____		PSYC 1101 Introduction to General Psychology (3 cr) – F, S (partially satisfies General Education Objective 6)
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OBJECTIVE #2: To develop specialized knowledge in human movement activities (14 credits)

_____		PE 3300 Movement Theory and Motor Development (3 cr) – F,S
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**Department of Sport Science & Physical Education
2015-2016 Bulletin – EXERCISE SCIENCE EMPHASIS**

_____	PE 3301 Physiology of Exercise (3 cr) -PREREQ– F,S,Su
_____	PE 3301L Physiology of Exercise Lab (1 cr) -PREREQ– F, S, Su
_____	PE 3302 Biomechanics (3 cr) -PREREQ– F,S, Su
_____	PE 3302L Biomechanics Lab (1 cr) -PREREQ– F,S, Su
_____	PE 3322 Introduction to Sport Psychology (3 cr) – F,S

OBJECTIVE #3: To develop skills assessing and analyzing human movement activities (12 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3370 Care and Prevention of Athletic Injuries (3 cr) -PREREQ– F, S
_____		PE 4482 Mechanical Analysis of Human Move. (3 cr) -PREREQ– F, S
_____		PE 4484 Exercise Assessment and Prescription (3 cr) -PREREQ– F, S
_____		PE 4490 Practicum in Exercise Science (Avail 1-16 cr) (3 cr) – F, S, Su

OBJECTIVE #4: To develop knowledge and skills in cognate exercise disciplines (9 credits)

Required (3 credits):

<u>Date</u>	<u>Grade</u>	
_____		NTD 2239 Nutrition (3 cr) -PREREQ–F, S

Electives, chosen with advisor approval (6 credits)

Recommended electives:

_____	BIOL 2221 Introductory Microbiology and Lab (4 cr) -PREREQ– F, S
_____	BIOL 2235 General Microbiology and Lab (4 cr) -PREREQ– F, S
_____	BIOL 4460 Neuroscience (4 cr) -PREREQ– S
_____	CHEM 3301 Organic Chemistry (3 cr) -PREREQ– F
_____	HE 2210 Medical Terminology and Communications (2 cr) – F, S
_____	HE 3340 Fitness and Wellness Programs (3 cr) – S, D
_____	NTD 4439 Sports Nutrition (3 cr) -PREREQ– D
_____	PE 4427 Personal Trainer Certification (3 cr) – S
_____	PE 4494 Adapted Physical Activity (3 cr) -PREREQ– S
_____	PSCI 2205 Drugs in Society (2 cr) – F, S
_____	PSYC 2225 Child Development (3) – F, S
_____	PSYC 3301 Abnormal Psychology (3) – F, S

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

In order to graduate from the Sport Science, Physical Education Program as a major, in addition to the course requirements listed, the following must be successfully completed:

- Minimum grade of "C" (2.0) in professional courses.
- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor

*****STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISOR AT THE TIME OF GRADUATION:

Certification/Expiration Date	Certification Agency
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EXERCISE SCIENCE EMPHASIS BULLETIN: YEAR 2015-2016, 3/23/2015

Exercise Science Emphasis Area Prerequisites
2015-16 Catalog

The courses listed below are all of the courses within the Exercise Science Emphasis area that required prerequisites in order to enroll in.

Required or recommended prerequisites for the courses listed on the left are listed in the boxes below:

Course	Prerequisites
<u>Required Courses:</u>	
BIOL 3301	BIOL 1101
BIOL 3302	BIOL 1101
BIOL 4453	Instructor Permission
CHEM 1111	MATH 1143 or Math 1147 or equivalent
CHEM 1112	CHEM 1111/1111L, MATH 1143 or Math 1147 or equivalent
MATH 1143	MATH 1108
MATH 1144	MATH 1143
MATH 1153	MATH 1108
MATH 1160	MATH 1143 or Math 1147 or equivalent
NTD 2239	CHEM 1101; CHEM 1102 Recommended
PE 3301	PE 2243 OR BIOL 3301/3301L & BIOL 3302/3302L
PE 3302	PE 2243 OR BIOL 3301/3301L & BIOL 3302/3302L, AND PHYS 1111
PE 3370	PE 2243 OR BIOL 3301/3301L & BIOL 3302/3302L
PE 4454	Instructor Permission
PE 4482	PE 3302/ 3302L
PE 4484	PE 3301/3301L
PHYS 1111	MATH 1143 or Math 1147 or equivalent
PHYS 1112	PHYS 1111 or equivalent, and MATH 1143 or Math 1147 or equivalent
PHYS 1114	PHYS 1113
<u>Elective Courses:</u>	
BIOL 2221	CHEM 1101 or CHEM 1111, BIOL 1101
BIOL 2235	BIOL 1101 and CHEM 1112
BIOL 4460	Permission of instructor
CHEM 3301	CHEM 1112 & Chem 112L
HE 2210	none

NTD 4439
PE 4494
PSYC 2225
PSYC 3301

NTD 2239
BIOL 3301/3301L or equivalent, OR PE 2243, PE 3300, PE 3362
none
PSYCH 1101

**Department of Sport Science & Physical Education
2015-2016 Bulletin – SPORT MANAGEMENT EMPHASIS**

NAME: _____ BENGAL# _____

**55 Credits
(12 core plus 43 Emphasis)**

CORE REQUIREMENTS (12 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 2222 First Aid, CPR and Sport Safety (3 cr) – F, S, Su
_____		PE 2223 Foundations of Physical Education & Sport (3 cr) – F, S, Su
_____		PE 2243 Anatomical Foundations (3 cr) – F, S, Su
_____		PE 4454 Senior Capstone (3 cr)-PREREQ – F,S

OBJECTIVE #1: To understand & appreciate the physical education & sport setting (13 credits)

Criteria for courses: Courses that fulfill this objective (a) introduce the concepts of sport and motor development, and, (b) explore administrative duties in the athletic setting.

Select two (2) of the following (6 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 2235 Activity Performance Techniques I (3 cr) – F, Su
_____		PE 2236 Activity Performance Techniques II (3 cr) – S, Su
_____		PE 2237 Activity Performance Techniques III (3 cr) – F, Su

Additional Required Coursework (4 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 2281 Practical Outdoor Skills (1 cr) – F,S
_____		PE 3322 Introduction to Sport Psychology (3 cr) – F,S

Possible Elective Choices (3 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3300 Movement Theory and Motor Development (3 cr) – F,S
_____		PE 3301 Physiology of Exercise (3 cr) -PREREQ– F, S,Su
_____		PE 3301L Physiology of Exercise Lab (1 cr) -PREREQ– F, S,Su
_____		PE 3302 Biomechanics (3 cr) -PREREQ– F, S,Su
_____		PE 3302L Biomechanics Lab (1 cr) -PREREQ– F, S,Su
_____		PE 3303 Kinesiology Teachers and Coaches (3 cr) -PREREQ- S
_____		PE 3357 Methods of Teaching Elementary Physical Education (3 cr)-F, S, Su

_____	PE 3362 Tests and Measurements in Physical Education (3 cr) – F
_____	PE 3370 Care and Prevention of Athletic Injury (3 cr) – F, S
_____	PE 4437 Methods of Teaching Secondary Physical Educ. (3 cr) -PREREQ– S
_____	PE 4493 Introduction to Sport Sociology (3 cr) -PREREQ– F, ASu
_____	PE 4494 Adapted Physical Activity (3 cr) -PREREQ– S

OBJECTIVE #2: To develop leadership and management skills (12 credits)

Criteria for courses: Courses that fulfill this objective (a) introduce the concepts of leadership in the sport setting, and (b) explore administrative duties in the athletic setting.

Required Coursework (9 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3364 Introduction to Sport Law (3 cr) – F
_____		PE 4473 Facilities Planning and Designs (3 cr) – S
_____		PE 4475 Organization and Administration of Physical Educ./Sport (3 cr) – F

Possible Elective Choices (3 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3386 Outdoor Leadership (3 cr) – S
_____		POLS 4458 Public Administration Ethics (3 cr) – D
_____		CMP 2201 Business and Professional Communication (3 cr) -PREREQ– F, S,
Su		
_____		CMP 3308 Groups and Communication (3 cr) – F
_____		CMP 3320 Foundations of Leadership (3 cr) – F
_____		CMP 4409 Communication Inquiry (3 cr) – F
_____		CMP 4422 Conflict Management (3 cr) – F
_____		CMP 4424 Management Communication (3 cr) – S

OBJECTIVE #3: Understand and interpret business setting (15 credits)

Criteria for courses: Courses that fulfill this objective (a) provide a business perspective of the understanding of the management setting; (b) provide understanding of human resource management; and (c) provide understanding of legal implications in running a business

Required Coursework (12 credits)

<u>Date</u>	<u>Grade</u>	
_____		ACCT 3303 Accounting Concepts (3 cr)- D
_____		MGT 3312 Individual and Org. Behavior (3 cr) -PREREQ– F, S
_____		MGT 4473 Human Resources Management (3 cr) -PREREQ– F, S
_____		OR MGT 4441 Organizational Behavior (3 cr) -PREREQ– F, S

_____ PE 3366 Sport Marketing (3 cr) – S

Possible Elective Choices (3 credits)

<u>Date</u>	<u>Grade</u>	
_____		ACCT 2201 Principles of Accounting I (3 cr) -PREREQ– F, S
_____		ACCT 2202 Principles of Accounting II (3 cr) -PREREQ– F, S
_____		ECON 2201 Principles of Macroeconomics (3 cr) – F, S, Su
_____		ECON 2202 Principles of Microeconomics (3 cr) – F, S, Su
_____		FIN 3315 Corporate Financial Management (3 cr) -PREREQ– F, S
_____		MGT 2216 Business Statistics (3 cr)-PREREQ – F, S
_____		MGT 2217 Advanced Business Statistics (3 cr) -PREREQ– F, S
_____		MGT 2261 Legal Environment of Organizations (3 cr) -PREREQ– F, S
_____		MGT 4441 Organizational Behavior (3 cr) -PREREQ– F, S
_____		MKTG 2225 Basic Marketing Management (3 cr) - F, S
_____		MKTG 4427 Consumer Behavior (3 cr) -PREREQ– F, S
_____		CMP 2241 Introduction to Public Relations (3 cr) -PREREQ– F
_____		POLS 4409 Community and Regional Planning (3 cr) – D
_____		POLS 4441 Administrative Law (3 cr) – D
_____		POLS 4442 Constitutional Law (3 cr) – F
_____		POLS 4443 Civil Rights and Liberties (3 cr) – S
_____		POLS 4451 Public Organizational Theory (3 cr) -PREREQ– D
_____		POLS 4452 Budgeting and Finance (3 cr) – D
_____		POLS 4454 Public Workplace Issues (3 cr) – D
_____		POLS 4456 Labor Organization (3 cr) – D
_____		POLS 4457 Grant writing (3 cr) – D

OBJECTIVE #4: To obtain practical experience in the field of sport management (3 credits)

Criteria for courses: Candidates will engage in a pre-approved 45 hours per credit (min. 135 hours) sports management internship.

Required Coursework (3 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 4490 Practical Phys. Educ., Sport Management Practicum (135 hr Sport Management internship) (Available 1-16 cr) (3 cr) – F,S,Su

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

In order to graduate from the Sport Science, Physical Education Program as a major, in addition to the course requirements listed, the following must be successfully completed:
-Minimum grade of "C" (2.0) in professional courses.

- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor

*****STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISOR AT THE TIME OF GRADUATION:

Certification/Expiration Date	Certification Agency
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SPORT MANAGEMENT EMPHASIS BULLETIN: YEAR 2015-16, 3/23/15

Sport Management Emphasis Area Prerequisites
2015-16 Catalog

The courses listed below are all of the courses within the Sport Management Emphasis area that required prerequisites in order to enroll in.	Required or recommended prerequisites for the courses listed on the left are listed in the boxes below:
Course	Prerequisites
<u>Required Courses:</u>	
-	
ACCT 3303	NONE
MGT 3312	ENGL 1102 & Junior standing
MGT 4441	MGT 3312
MGT 4473	MGT 3312
PE 4454	Instructor Permission
<u>Elective Courses:</u>	
ACCT 2201	ENG 1101 AND MATH 1143
ACCT 2202	ACCT 2201 AND MATH 1143
CMP 2201	CMP 1101
CMP 2241	NONE
FIN 3315	RESTRICTED TO FINANCE MAJORS
MGT 2216	ENG 1101 and MATH 1143
MGT 2217	MGT 2216 and MATH 1143
MGT 2261	Sophomore standing
MGT 3312	Junior standing and ENG 1102
MGT 4441	MGT 3312
MKTG 4427	MKTG 2225
PE 3301	PE 2243 or BIOL 3301, 3301L & BIOL 3302, 3302L
PE 3302	PE 2243 or BIOL 3301, 3301L & BIOL 3302, 3302L and PHYS 1100 or 1111
PE 3303	PE 2243
PE 3357	Admission to COE Teacher Education Prog. Or permission of instructor
PE 3370	PE 2243 or BIOL 3301, 3301L & BIOL 3302, 3302L
PE 4437	Admission to COE Teacher Education Prog. Or permission of instructor
PE 4493	General Education OBJ. 1
PE 4494	BIOL 3301 or equivalent OR PE 2243, PE 3300, and PE 3362
POLS 4451	POLS 4405 Recommended

Department of Sport Science & Physical Education
2015-2016 Bulletin – OUTDOOR EDUCATION EMPHASIS

50 Credits
(9 Core plus 41 Emphasis)

Physical Education Core Component (included in PE Core) (9 credits)

Note: First Aid (PE 2222) core requirements are satisfied by PE 2285 Wilderness First Aid or PE 4441 Wilderness First Responder, included below.

<u>Date</u>	<u>Grade</u>	
_____		PE 2223 Foundations of Physical Education & Sport (3 cr) – F, S, Su
_____		PE 2243 Anatomical Foundations (3 cr) – F, S, Su
_____		PE 4454 Senior Capstone (3 cr) –PREREQ – F,S

Leadership and Teaching Component (10 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3386 Outdoor Leadership (3 cr) – S
_____		PE 4440 Survey of Outdoor Education Literature (3 cr) – F
_____		PE 4445 Methods of Teaching Out. Activities and Prac. (4 cr)* -PREREQ– S

*Note PE 445 is variable 3-4 credits. Four (4) credits req. for the Major.

Outdoor Education Safety Component (8 credits)

NOTE: Any of the following may be selected but PE 3384 Outdoor Risk Management and Liability, PE 2283 Leave No Trace Trainer and first aid certification (Wilderness First Aid, Wilderness First Responder or Emergency Medical Technician) are required.

Required:

<u>Date</u>	<u>Grade</u>	
_____		PE 2283 Leave No Trace Trainer (1 cr) – F
_____		PE 2285 Wilderness First Aid (1 cr) –F,S
		OR PE 4441 Wilderness First Responder (3 cr) –S
_____		PE 3384 Outdoor Risk Management and Liability (3 cr) – F

Electives:

<u>Date</u>	<u>Grade</u>	
_____		PE 2271 Winter Survival Skills (1 cr) – S
_____		PE 2272 Wilderness Survival Skills (1 cr) – F
_____		PE 2282 Map, Compass and Backcountry Navigation (1 cr) – F
_____		PE 2286 Avalanche and Winter Sports Safety (1 cr) – S

_____ PE 3381 River Safety and Swiftwater Rescue (1 cr) – Su
 _____ PE 3383 Advanced Rock Climbing and Climbing Safety (2 cr) -PREREQ– S

Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.

NATURAL HISTORY OR BUSINESS COMPONENT – Students may select either one or the other of the following two options

Option A: Natural History Component (9 credits) – Courses in this Option are waived for majors or minors in geology, botany, zoology or ecology.

<u>Date</u>	<u>Grade</u>	
_____		BIOL 1101/1101L Biology I and Lab (4 cr) – F, S, Su
_____		BIOL 1102/1102L Biology II and Lab (4 cr) –PREREQ –F, S, Su
_____		BIOL 2209 General Ecology (4 cr) –PREREQ – F, S
_____		BIOL 2209L General Ecology Lab (0 cr) –PREREQ – F, S
_____		BIOL 2213 Fall Flora (2 cr) – F
_____		BIOL 2214 Spring Flora (2 cr) –S
_____		BIOL 3337 Conservation Biology (3 cr) –PREREQ – ES
_____		BIOL 4426 Herpetology (3 cr) – PREREQ – ES
_____		BIOL 4426L Herpetology Lab (1 cr) – PREREQ – ES
_____		BIOL 4427 Ichthyology (3 cr) – PREREQ – EF
_____		BIOL 4427L Ichthyology Lab (1 cr) – PREREQ – EF
_____		BIOL 4438 Ornithology (4 cr) – PREREQ – S
_____		BIOL 4441 Mammalogy (3 cr) – PREREQ – OS
_____		BIOL 4441L Mammalogy Lab (1 cr) – PREREQ – OS
_____		BIOL 4489 Field Ecology (4 cr) – PREREQ – S
_____		GEOL 1100 The Dynamic Earth and Lab (3 cr) – F, S, ASu
_____		GEOL 1100L The Dynamic Earth Lab (1 cr) – F, S, ASu
_____		GEOL 1101 Physical Geology (3 cr) – F, S, ASu
_____		GEOL 1101L Physical Geology Lab (1 cr) – F, S, ASu
_____		GEOL 1110 Physical Geology for Sci. Lab (1 cr) – PREREQ – F, S
_____		GEOL 2210 Earth in Space and Time (3 cr)-PREREQ – F, S
_____		GEOL 4456 Geology of Idaho (2 cr) – PREREQ – AS
_____		GEOL 4491 Seminar (1 cr) – PREREQ – S/U, F, S
_____		PHYS 1152 Descriptive Astronomy (3 cr) – F, S, Su
_____		PHYS 1153 Descriptive Astronomy Lab (1 cr) – F, S, Su
_____		PHYS 3325 Intro to Weather & Climate (3 cr) – PREREQ – F, S, Su

Option B: Outdoor Business Component (9 credits) – Courses in this option are waived for business related majors or minors.

<u>Date</u>	<u>Grade</u>	
_____		BA 1110 The World of Business (3 cr) – F, S
_____		MKTG 2225 Basic Marketing Management (3 cr) – F, S
_____		ACCT 3303 Accounting Concepts (3 cr) –D

Experiential Skills Component (Minimum of 8 credits)

Courses selected must be different from those used to fulfill the requirements of the Outdoor Education Safety Component. (Note: Only eight (8) PEAC credits can be counted towards graduation requirement.)

<u>Date</u>	<u>Grade</u>	
_____		PEAC 1101 Adaptive Snow Skiing (1 cr) – S
_____		PEAC 1108 Instructor Training of Adaptive Snowskiing (1 cr) – S
_____		PEAC 1163 Backpacking (1 cr) – F, S
_____		PEAC 1165 Backcountry GPS Navigation (1 cr) – F
_____		PEAC 1166 Canoeing (1 cr) – Su
_____		PEAC 1167 Kayak Touring (1 cr) – F
_____		PEAC 1175A Beginning Kayaking (1 cr) – F, S
_____		PEAC 1176A Beginning Rock Climbing (1 cr) – F, S
_____		PEAC 1177A Beginning Cross-Country Skiing (1 cr) – S
_____		PEAC 1178A Beginning Telemark Cross-Country Skiing (1 cr) – S
_____		PEAC 1178B Intermediate Telemark Cross-Country Skiing (1 cr) – S
_____		PEAC 1181 Mountain Biking (1 cr) – F
_____		PEAC 1182C Advanced Dutch Oven Cooking (1 cr) – F
_____		PEAC 1185 Basic Mountaineering (1 cr) – S
_____		PEAC 1186B Intermediate Fly Fishing (1 cr) – PREREQ – D
_____		PEAC 1189 Beginning Gym Climbing (1 cr) – S
_____		PEAC 1191B Int. Horsemanship (1cr) – PREREQ – D
_____		PEAC 1194 Caving Workshop (1 cr) – S
_____		PE 2200 Team Building Leadership (2 cr) – F
_____		PE 2271 Winter Survival Skills (1 cr) – S
_____		PE 2272 Wilderness Survival Skills(1 cr) – F
_____		PE 2280 Winter Camping and Backcountry Travel (1 cr) – S
_____		PE 2281 Practical Outdoor Skills (1 cr) – F, S
_____		PE 2282 Map, Compass and Backcountry Navigation (1 cr) – F
_____		PE 2284 Int. Kayaking and Whitewater Safety (1 cr) – PREREQ – F, S
_____		PE 2286 Avalanche and Winter Sports Safety (1 cr) – S
_____		PE 2287 Snowboarding Instructor Training (1 cr) – F
_____		PE 2288 Ski Instructor Training (1 cr) – F
_____		PE 3381 River Safety and Swiftwater Rescue (1 cr) – Su
_____		PE 3383 Adv. Rock Climbing and Climbing Safety (2 cr) – PREREQ – S
_____		PE 4491 Physical Education Workshop* (1-3 cr) -PREREQ– D

* When workshop relates to outdoor education, i.e., Canoe Workshop (1 cr), Whitewater Rafting Workshop (1 cr) – Advanced Kayaking-Summer Field Experience (1 cr) – Beginning Rock Climbing-Summer Field Experience (1 cr) – Advanced Rock Climbing-Summer Field Experience (1 cr)

Electives (Minimum of 6 credits)

Courses may include those listed in the Natural History Component and/or Business Component, and/or the following (other courses may be approved by the advisor):

<u>Date</u>	<u>Grade</u>	
_____		CMP 2201 Business and Professional Speaking (3 cr) -PREREQ– F, S, Su
_____		CMP 2202 Photo, Graphic & Video Editing (3 cr) – F, S
_____		CMP 2241 Introduction to Public Relations (3 cr) – F
_____		CMP 2251 & 2251L Introduction to Photography & Lab (3 cr) – F, S
_____		CMP 3308 Groups and Communication (3 cr) -PREREQ– F
_____		CMP 3339 Web Design (3 cr) -PREREQ– F, S
_____		ENGL 2206 Creative Writing Workshop (3 cr) – R1
_____		ENGL 3307 Professional and Technical Writing (3 cr) -PREREQ– F, S
_____		ENGL 3308 Business Communications (3 cr) -PREREQ– F, S, Su
_____		HIST 4432 U.S. Environmental History (3 cr) – R2
_____		HIST 4485 Historical Geography of National Parks (3 cr) – D
_____		MGT 3312 Individual and Org.l Behavior (3 cr) -PREREQ– F, S, Su
_____		MGT 4441 Organization Behavior (3 cr) -PREREQ– F, S
_____		PE 3322 Intro. To Sport Psychology (3 cr) - F, S
_____		PE 3364 Intro. To Sport Law (3 cr) - F
_____		PE 3366 Sport Marketing (3 cr) - S
_____		PE 4493 Intro. To Sport Sociology (3 cr) -PREREQ– F, ASu
_____		POLS 4455 Environmental Politics and Policy (3 cr) – D
_____		POLS 4457 Grantwriting (3 cr) – D

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REOUIREMENTS:

In order to graduate from the Sport Science, Physical Education Program as a major, in addition to the course requirements listed, the following must be successfully completed:

- Minimum grade of "C" (2.0) in professional courses.
- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor *****STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISIOR AT THE TIME OF GRADUATION:

<u>Certification/Expiration Date</u>	<u>Certification Agency</u>
<input type="text"/>	

Outdoor Education Emphasis Area Prerequisites

2015-16 Catalog

<p>The courses listed below are all of the courses within the Outdoor Education Emphasis area that required prerequisites in order to enroll in.</p>	<p>Required or recommended prerequisites for the courses listed on the left are listed in the boxes below:</p>
Course	Prerequisites
ACCT 2201	ENG 1101 AND MATH 1143
ACCT 2202	ACCT 2201 AND MATH 1143
BIOL 1102	BIOL 1101
BIOL 2209	BIOL 1101 AND BIOL 1102
BIOL 3337	BIOL 2209 or permission of instructor
BIOL 4426	BIOL 2209
BIOL 4427	BIOL 2209
BIOL 4438	BIOL 1101, 1102, 2209
BIOL 4441	BIOL 2209
BIOL 4489	BIOL 2209 and a course in statistics
CMP 2201	COMM 1101
CMP 4420	CMP 3320
GEOL 1110	GEOL 1100 OR 1101
GEOL 2210	GEOL 1100 OR 1101
GEOL 4456	GEOL 1100 OR 1101
GEOL 4491	Permission of Instructor
ENGL 3307	ENGL 1102 & 45 credits completed
ENGL 3308	ENGL 1102 & 60 credits completed
FIN 3315	Admission to Major
MGT 2216	ENG 1101 AND MATH 1143
MGT 2217	MGT 2216, MATH 1143
MGT 2261	Sophomore Standing
MGT 3312	ENGL 1102 & Junior standing
MGT 4441	MGT 3312
MGT 4473	MGMT 3312
MKTG 4427	MKTG 2225
PE 2280	Permission of Instructor
PE 2284	PEAC 1175A or permission of instructor
PE 3301/3301L	PE 2243, OR BIOL 3301 AND BIOL 3302
PE 3302/3302L	PE 2243, OR BIOL 3301 AND BIOL 3302, AND PHYS 1100 OR PHYS 1111
PE 3357	Admission to COE Teacher Ed. Program, or permission of instructor
PE 3370	PE 2243, OR BIOL 3302 AND BIOL 3302
PE 3383	PEAC 1176A or permission of instructor

PE 4445	PE 3386, PE 4440, and Permission of Instructor
PE 4454	Permission of Instructor
PE 4491	Permission of Instructor
PE 4493	General Education Goal 1
PE 4494	BIOL 3301 OR equivalent, or PE 2243, pe 3300, and pe 3362
PEAC 1186B	PEAC 1186A or permission of instructor
PEAC 1191B	PEAC 1191A or permission of instructor
PHYS 3325	CHEM 1112/112L AND PHYS 1112, OR permission of instructor

Department of Sport Science & Physical Education
2015-2016 Bulletin – PHYSICAL EDUCATION TEACHING EMPHASIS

NAME: _____ BENGAL# _____

50 Credits
(9 core plus 41 Emphasis)
(This does not include credits in Education)

Physical Education CORE Component (9 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 2222 First Aid, CPR and Sport Safety (3 cr) – F, S, Su
_____		PE 2223 Foundations of Physical Education & Sport (3 cr) – F, S, Su
_____		PE 2243 Anatomical Foundations (3 cr) – F, S, Su

Objective #1: To develop teaching skills in a variety of areas in physical activities, athletics, and creative movement (20 credits)

Skills Component: 10 credits

<u>Date</u>	<u>Grade</u>	
_____		PE 2235 Activity Performance Techniques I (3 cr) – F, Su
_____		PE 2236 Activity Performance Techniques II (3 cr) – S, Su
_____		PE 2237 Activity Performance Techniques III (3 cr) – F, Su
_____		One aquatics course (1 cr) _____

Methods Component: 10 credits

_____		PE 2281 Practical Outdoor Skills (1 cr)-F,S
_____		PE 3357 Methods of Teaching Elementary Physical Ed. (3 cr)-PREREQ-F, S, Su
_____		PE 3370 Care and Prevention of Athletic Injuries (3 cr) F,S
_____		PE 4437 Methods of Teaching Secondary Physical Ed. (3 cr) -PREREQ– S

Objective #2: To acquire knowledge in the basic foundations of human activity (12 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3300 Movement Theory and Motor Development (3 cr) – F,S
_____		PE 3303 Kinesiology Teachers & Coaches (3 cr) -PREREQ– S
_____		PE 3322 Introduction to Sport Psychology (3 cr) – F,S
_____		PE 4494 Adapted Physical Activity (3 cr) -PREREQ– S

Objective #3: To understand and develop skills required for teaching physical education (9 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3362 Tests and Measurements in Physical Education (3 cr) – F

PE 3364 Introduction to Sport Law (3 cr) F

PE 4475 Organization and Administration of Physical Educ. and Sport (3 cr) – F

Objective #4: To understand and develop general pedagogical skills and teacher effectiveness

REQUIRED PROFESSIONAL EDUCATION CORE COURSES:

Refer to the College of Education Teacher Education Admission standards

(<http://coursecat.isu.edu/undergraduate/education>) and Elementary

(<http://coursecat.isu.edu/undergraduate/education/elementaryeducation/#programstext>)

and/or Secondary (<http://coursecat.isu.edu/undergraduate/education/secondaryeducation>) Education Core in this catalog.

ADDITIONAL REQUIREMENTS:

Candidates who have completed the required physical education teaching emphasis courses must also obtain K-12 Teacher Certification in Physical Education by completing all requirements in the Teacher Education Program.

Candidates completing the Physical Education Teaching Emphasis are not required to take the PE 4454 Senior Capstone core course.

In addition to completing departmental major requirements, candidates must make formal application and complete an interview for admission to the Teacher Education Program. See all requirements in the Teacher Education section of the College of Education (<http://coursecat.isu.edu/undergraduate/education>) portion of the catalog.

The Physical Education Learning Goals are aligned with 2 sets of standards: The Idaho State University College of Education Core Standards and the Content Standards in Physical Education of the National Association for Sport and Physical Education (NASPE).

NASPE Content Standards in Physical Education

The NASPE Standards identify seven areas that include the following.

The candidate completing this program:

1. Demonstrates competency in many movement forms and proficiency in a few movement forms;
2. Applies movement concepts and principles to the learning and development of motor skills;
3. Exhibits a physically active lifestyle;
4. Achieves and maintains a health-enhancing level of physical fitness;
5. Demonstrates responsible personal and social behavior in physical activity settings;
6. Demonstrates understanding and respect for differences among people in physical activity settings; and
7. Understands that physical activity provides opportunities for enjoyment, challenge, self-expression, and social interaction.

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

In order to graduate from the Sport Science, Physical Education Program as a major, in addition to the course requirements listed, the following must be successfully completed:

- Minimum grade of "C" (2.0) in professional courses.
- Minimum cumulative GPA of 2.7.
- Minimum GPA of 3.00 in the major.
- Completion of student portfolio.
- Exit Interview with advisor

*******STUDENTS MUST PRESENT EVIDENCE OF CURRENT FIRST AID/CPR CERTIFICATION TO THEIR ADVISOR AT THE TIME OF GRADUATION:**

Certification/Expiration Date	Certification Agency
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PHYSICAL EDUCATION TEACHING: YEAR 2015-2016, 3/23/2015

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Physical Education Teaching Emphasis Area Prerequisites
2015-16 Catalog

The courses listed below are all of the courses within the Physical Education Teaching Emphasis area that required prerequisites in order to enroll in.	Required or recommended prerequisites for the courses listed on the left are listed in the boxes below:
Course	Prerequisites
<u>Required Courses:</u>	
-	
EDUC 2201	26 Credits, 2.75 GPA, "C" or higher in ENGL 1101 or 1101P
EDUC 3301	EDUC 2201, EDUC 2204, Admitted to Teacher Education
EDUC 3302	EDUC 2201, EDUC 2204, EDUC 3301, Admitted to Teacher Education
EDUC 3309	EDUC 3301, EDUC 3302, or SPED 3350
EDUC 3311	EDUC 2215, Admitted to Teacher Education
EDUC 4401	Admitted to Teacher Education
PE 3301	PE 2243, OR BIOL 3301 and BIOL 3302
PE 3302	PE 2243, OR BIOL 3301 and BIOL 3302, and PHYS 1100 or 1111
PE 3303	PE 2243
PE 3357	Admission to Teacher Education OR permission of instructor
PE 3370	PE 2243, OR BIOL 3301 and BIOL 3302
PE 4437	Admission to Teacher Education OR permission of instructor
PE 4454	Permission of Instructor
PE 4494	BIOL 3301 or PE 2243, PE 3300, and PE 3362
PE 4495	Admission to Teacher Education & Approval for Student Teaching
SPED 3350	Admission to Teacher Education
<u>Elective Courses:</u>	
PE 4485	Permission of Instructor
PE 4491	Permission of Instructor
PE 4493	General Education Objective 1

Department of Sport Science & Physical Education
2015-2016 Bulletin - COACHING MINOR

NAME: _____ BENGAL# _____

19 Credits Total

(PE majors may count major requirements toward the Coaching minor)

CORE REQUIREMENTS (12 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3303 Kinesiology for Teachers & Coaches (3 cr) – PREREQ- S
_____		PE 3322 Intro. to Sport Psychology (3 cr) – F,S
_____		PE 3370 Care and Prevention of Athletic Injury (3 cr) – F, S
_____		PE 4480 Coaching Problems (1-3cr) – F, S, Su

ELECTIVE COURSES (7 credits)

Select four (4) credits:

_____	PE 3312 Practical App. of Coach. Baseball/Softball (2 cr)-D
_____	PE 3313 Practical App. of Coaching Basketball (2 cr) – F
_____	PE 3314 Practical App. of Coaching Football (2 cr) – S
_____	PE 3315 Practical App. of Coaching Soccer (2 cr) – D
_____	PE 3316 Practical App. of Coaching Tennis (2 cr) – D
_____	PE 3317 Practical App. of Coach. Track and Field (2 cr)-S
_____	PE 3318 Practical App. of Coaching Volleyball (2 cr) – S
_____	PE 3319 Practical App. of Coaching Wrestling (2 cr) – D

Select three (3) credits:

_____	PE 3300 Movement Theory & Motor Development (3 cr) –F, S
_____	PE 4475 Organization & Admin. PE/Sport (3 cr) – F
_____	PE 4493 Introduction to Sport Sociology (3 cr) – PREREQ-F, ASu

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

- Minimum grade of “C” (2.0) in professional courses.
- Minimum cumulative GPA of 2.7
- Minimum GPA of 3.0 in the minor

NAME: _____ BENGAL# _____

**Department of Sport Science & Physical Education
2015-2016 Bulletin – OUTDOOR EDUCATION MINOR**

22 Credits

Leadership and Teaching Component (9 credits)

<u>Date</u>	<u>Grade</u>	
_____		PE 3386 Outdoor Leadership (3 cr) – S
_____		PE 4440 Survey of Outdoor Education Literature (3 cr) – F
_____		PE 4445 -Methods of Teaching Out. Activities and Prac. (3 cr)* -PREREQ– S

*Note PE 4445 is variable 3-4 credits. Only 3 credits required for the Minor.

Outdoor Education Safety Component (5 credits)

Required Course:

<u>Date</u>	<u>Grade</u>	
_____		PE 2283 Leave No Trace Trainer(1 cr) – F

Electives (Choose a minimum of four (4) additional credits from the following list. One of the courses (and no more than one course) must be wilderness first aid-related.):

<u>Date</u>	<u>Grade</u>	
_____		PE 2271 Winter Survival Skills (1 cr) – S
_____		PE 2272 Wilderness Survival Skills (1 cr) – F
_____		PE 2282 Map, Compass and Backcountry Navigation (1 cr) – F
_____		PE 2285 Wilderness First Aid(1 cr) – F,S
_____		PE 2286 Avalanche and Winter Sports Safety (1 cr) – S
_____		PE 3381 River Safety and Swiftwater Rescue (1 cr) – Su
_____		PE 3383 Advanced Rock Climbing and Climbing Safety (2 cr) -PREREQ– S
_____		PE 4441 Wilderness First Responder (3 cr) – S

Candidates who at the time of graduation possess a current certificate in Emergency Medical Technician (EMT) or Wilderness First Responder may apply three (3) credits to this component.

NATURAL HISTORY OR BUSINESS COMPONENT – Students may select either one or the other of the following two options

Option A: Natural History Component (minimum of 3 credits)

Courses in this Option are waived for majors or minors in geology, biology, botany, zoology or ecology.

<u>Date</u>	<u>Grade</u>
-------------	--------------

_____	BIOL 1101/1101L Biology I and Lab (4 cr) – F, S, Su
_____	BIOL 1102/1102L Biology II and Lab (4 cr) –PREREQ –F, S, Su
_____	BIOL 2209/2209L General Ecology and Lab (4 cr) –PREREQ – F, S
_____	BIOL 2213 Fall Flora (2 cr) – F
_____	BIOL 2214 Spring Flora (2 cr) –S
_____	BIOL 3337 Conservation of Nat. Resources (3 cr) –PREREQ – ES
_____	BIOL 4426/4426L Herpetology and Lab (4 cr) – PREREQ – ES
_____	BIOL 4427/4427L Ichthyology and LAB (4 cr) – PREREQ – EF
_____	BIOL 4438 Ornithology (4 cr) – PREREQ – S
_____	BIOL 4441/4441L Mammalogy (4 cr) – PREREQ – OS
_____	BIOL 4489 Field Ecology (4 cr) – PREREQ – S
_____	GEOL 1100 The Dynamic Earth and Lab (4 cr) – F, S, ASu
_____	GEOL 1100L The Dynamic Earth Lab (1 cr) – F, S, ASu
_____	GEOL 1101 Physical Geology (3 cr) – F, S, ASu
_____	GEOL 1101L Physical Geology Lab (1 cr) – F, S, ASu
_____	GEOL 1110 Physical Geology for Sci. Lab (1 cr) – PREREQ – F, S
_____	GEOL 2210 Earth in Space and Time (3 cr)-PREREQ – F, S
_____	GEOL 4456 Geology of Idaho (2 cr) – PREREQ – AS
_____	GEOL 4491 Seminar (1 cr) – PREREQ – S/U, F, S
_____	PHYS 1152 Descriptive Astronomy (3 cr) – F, S, Su
_____	PHYS 1153 Descriptive Astronomy Lab (1 cr) – F, S, Su
_____	PHYS 3325 Intro to Weather & Climate (3 cr) – PREREQ – F, S, Su

Option B: Outdoor Business Component (3 credits)

Courses in this option are waived for business related majors or minors.

<u>Date</u>	<u>Grade</u>	
_____		BA 1110 The World of Business (3 cr) – F, S
_____		MKTG 2225 Basic Marketing Management (3 cr) – F, S
_____		ACCT 3303 Accounting Concepts (3 cr) –D

Experiential Skills Component (minimum of 5 credits)

<u>Date</u>	<u>Grade</u>	
_____		PEAC 1101 Adaptive Snow Skiing (1 cr) – S
_____		PEAC 1108 Instructor Training of Adaptive Snowskiing (1 cr) – S
_____		PEAC 1163 Backpacking (1 cr) – F, S
_____		PEAC 1165 Backcountry GPS Navigation (1 cr) – F
_____		PEAC 1166 Canoeing (1 cr) – Su
_____		PEAC 1167 Kayak Touring (1 cr) – F
_____		PEAC 1175A Beginning Kayaking (1 cr) – F, S
_____		PEAC 1176A Beginning Rock Climbing (1 cr) – F, S
_____		PEAC 1177A Beginning Cross-Country Skiing (1 cr) – S
_____		PEAC 1178A Beginning Telemark Cross-Country Skiing (1 cr) – S
_____		PEAC 1178B Intermediate Telemark Cross-Country Skiing (1 cr) – S
_____		PEAC 1181 Mountain Biking (1 cr) – F

- _____ PEAC 1182C Advanced Dutch Oven Cooking (1 cr) – F
 - _____ PEAC 1185 Basic Mountaineering (1 cr) – S
 - _____ PEAC 1186B Intermediate Fly Fishing (1 cr) – PREREQ – D
 - _____ PEAC 1189 Beginning Gym Climbing (1 cr) – S
 - _____ PEAC 1191B Int. Horsemanship (1cr) – PREREQ– D
 - _____ PEAC 1194 Caving Workshop (1 cr) – S
 - _____ PE 2200 Team Building Leadership (2 cr) – F
 - _____ PE 2271 Winter Survival Skills (1 cr) – S
 - _____ PE 2272 Wilderness Survival Skills (1 cr) – F
 - _____ PE 2280 Winter Camping and Backcountry Travel (1 cr) – S
 - _____ PE 2281 Practical Outdoor Skills (1 cr) – F, S
 - _____ PE 2282 Map, Compass and Backcountry Navigation (1 cr) – F
 - _____ PE 2284 Int. Kayaking and Whitewater Safety (1 cr) – PREREQ – F, S
 - _____ PE 2286 Avalanche and Winter Sports Safety (1 cr) – S
 - _____ PE 2287 Snowboarding Instructor Training (1 cr) – F
 - _____ PE 2288 Ski Instructor Training (1 cr) – F
 - _____ PE 3381 River Safety and Swiftwater Rescue (1 cr) – Su
 - _____ PE 3383 Adv. Rock Climbing and Climbing Safety (2 cr) – PREREQ – S
 - _____ PE 4491 Physical Education Workshop* (1-3 cr) – PREREQ – D
- * When workshop relates to outdoor education, i.e., Beginning Kayak Summer Field Experience (1 cr) - Su, Advanced Kayak Summer Field Experience, (1 cr) - Su, Beg. Rock Climbing Summer Field Experience (1 cr) - Su, Map and Compass Summer Field Experience (1 cr) – Su

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

- Minimum grade of “C” (2.0) in professional courses.
- Minimum cumulative GPA of 2.7
- Minimum GPA of 3.0 in the minor

YEAR 2015-16_3-25-2015

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**Department of Sport Science & Physical Education
2015-2016 Bulletin - SPORT MANAGEMENT MINOR**

NAME: _____ BENGAL# _____

27 Credits Total

(PE majors may count major requirements toward the Sport Management minor)

CORE REQUIREMENTS (21 credits)

<u>Date</u>	<u>Grade</u>	
_____		MGT 3312 Individual & Org. Behavior (3 credits) –PREREQ- F, S
_____		MGT 4473 Human Resource Management (3 credits) – PREREQ-F, S
_____		OR MGT 4441 Organizational Behavior (3 cr) –PREQ-F, S
_____		PE 3322 Introduction to Sport Psychology (3 credits) – F, S
_____		PE 3364 Introduction to Sport Law (3 credits) – F
_____		PE 3366 Sport Marketing (3 credits) – S
_____		PE 4473 Facility Planning & Design (3 credits) – S
_____		PE 4490 Sport Management Pract. (Avail.1-16 cr) (3 credits) -F, S, Su

ELECTIVE COURSES (6 credits)

-No more than 32 credit hours (total) of College of Business courses may be counted toward a minor in Sport Management.

_____		ECON 2201 Principles of Macroeconomics (3 credits) – F, S, Su
_____		ECON 2202 Principles of Microeconomics (3 credits) – F, S, Su
_____		FIN 3315 Corporate Financial Manage.(3 credits) –PREREQ- F, S
_____		MGT 2216 Business Statistics (3 credits) – PREREQ-F, S
_____		MKTG 2225 Basic Marketing Manage.(3 credits) –PREREQ- F, S
_____		MKTG 4427 Consumer Behavior (3 credits) –PREREQ- F, S
_____		PE 4465 Org & Admin Intramural Programs (3 credits) – D
_____		PE 4475 Org & Admin of Physical Education & Sport (3 credits) – F
_____		PE 4491 Physical Education Workshop (1-3 credits) –PREREQ- D
_____		PE 4493 Intro. to Sport Sociology (3 credits) – PREREQ-F, ASu

PREREQ-INDICATES THIS COURSE HAS A PREREQUISITE COURSE, SEE ISU ONLINE CATALOG FOR MOST CURRENT DETAILS

GRADUATION REQUIREMENTS:

- Minimum grade of “C” (2.0) in professional courses.
- Minimum cumulative GPA of 2.7
- Minimum GPA of 3.0 in the minor

YEAR 2015-16_3-25-2015

MPE CLASSES MONITOR SHEET/COURSE CHECKLIST 2015-16
MASTER IN PHYSICAL EDUCATION/ATHLETIC ADMINISTRATION-ISU
PLEASE SEE ADVISOR TO PLAN YOUR COURSE SCHEDULE

Core Requirements (21 credits)

Semester Taken/Grade

_____ PE 6605, Leadership in Administration, 3 cr.	_____
_____ PE 6615, Philosophy of Athletics, 3 cr.	_____
_____ PE 6631, Athletics and the Law, 3 cr.	_____
_____ PE 6635, Management of Athletics, 3 cr.	_____
_____ PE 6640, Research and Writing, 3 cr.	_____
_____ PE 6649, Issues in Administration, 3 cr.	_____
_____ PE 6655, Internship in PE, (or experience justification), Required	_____

Elective Courses (9 credits)

_____ PE 5527, Personal Trainer Cert., 3 cr.	_____
_____ PE 5573, Facility Planning & Design, 3 cr.	_____
_____ PE 5580, Coaching Problems, 1-3 cr.	_____
_____ PE 5585, Independent Problems in PE, 1-3 cr.	_____
_____ PE 5591, Physical Education Workshop, 1-3 cr.	_____
_____ PE 5594, Adapted Physical Activity, 3 cr.	_____
_____ PE 6612, Advanced Sociology of Sport, 3 cr.	_____
_____ PE 6620, Curriculum and Supervision, 3 cr.	_____
_____ PE 6622, Survey of Professional Literature, 2 cr.	_____
_____ PE 6648, Problems in PE, 1-3 cr.	_____
_____ PE 6651, Master's Project in PE, 1-3 cr.	_____
_____ PE 6658, Athletics in the West, 3 cr.	_____
_____ Other, _____	_____

Students are also encouraged to consider other graduate level courses (500-600 level) from outside the Department of Sport Science and Physical Education. Instructor approval is required.

Thesis or Non-Thesis Option Courses (6 credits)

_____ PE 6650, Thesis, 6 cr. *	_____
_____ PE 6610, Adv. Sport Psychology, 3 cr. **	_____
_____ PE 6625, Sport Marketing, 3 cr. **	_____

*Thesis Option

**Non-Thesis Option

*** See Semester Schedule (F is Fall, S is Spring, Su is Summer)

Total 600-Level Credits _____

Thesis Option: 33 credits

(Minimum of 15 credits)

Non-Thesis Option: 33 credits

Total Credits (33 Required) _____

STUDENT NAME _____ STUDENT ID# _____

FALL 2015-SUMMER 2016 BULLETIN (Rotation subject to revision)

5/8/15 rev KMA

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Physical Education Courses, 2015-16CATALOG, ONLINE COPY, 6-25-15

**MSAT CLASSES MONITOR SHEET/COURSE CHECKLIST 2015-16 FOR SUMMER 2015 COHORT
 MASTER OF SCIENCE/ATHLETIC TRAINING-ISU
 PLEASE SEE ADVISOR TO PLAN AND APPROVE YOUR COURSE PROGRAM OF STUDY**

<u>Core Requirements (30 credits)</u>	<u>Schedule***</u>	<u>Semester Taken/Grade</u>
_____ AT 6600, Foundations of Athletic Training, 3 cr.	Su1	_____
_____ AT 6602, General Med. Assessment, 3 cr.	F2	_____
_____ AT 6604, Physical Assessment Lower Extremities, 3 cr.	F1	_____
_____ AT 6606, Traumatic Brain Injury and Neurological Assess., 3 cr.	F2	_____
_____ AT 6608, Physical Assessment of the Upper Extremities, 3 cr.	S1	_____
_____ AT 6610, Pathophysiology and Therapeutic Modalities, 3 cr.	Su1	_____
_____ AT 6612, Conditioning & Therapeutic Exercise, 3 cr.	S1	_____
_____ AT 6614, Professional Issues in Athletic Training, 3 cr.	S2	_____
_____ PE 6640 Research and Writing, 3 cr.	F1	_____
_____ AT 6645, Org. and Admin. of Athletic Training, 3 cr.	S2	_____

<u>Clinical Requirements (15 credits)</u>		
_____ AT 6661, Clinical Experiences in Athletic Training I, 3 cr.	Su1	_____
_____ AT 6662, Clinical Experiences in Athletic Training II, 3 cr.	F1	_____
_____ AT 6663, Clinical Experiences in Athletic Training III, 3 cr.	S1	_____
_____ AT 6664, Clinical Experiences in Athletic Training IV, 3 cr.	F2	_____
_____ AT 6665, Clinical Experiences in Athletic Training V, 3 cr.	S2	_____

<u>Capstone Requirement (3 credits)</u>		
_____ AT 6651, Capstone Assessment, 3 cr.	S1,F2,S2	_____

*** See Semester Schedule (F is Fall, S is Spring, Su is Summer, D is Demand)

Total 600-Level Credits _____
 (Minimum of 15 credits)
 Total Credits (48 Required) _____

STUDENT NAME _____ **STUDENT ID#** _____

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Physical Education Department Courses

Physical Educ Activity Courses

PEAC 1100 Adaptive Martial Arts: 1 semester hour.

Adaptive and corrective exercise programs in the martial arts (including judo and tae kwondo) designed for individuals unable to participate in a regular activity class. F, S

PEAC 1101 Adaptive Snow Skiing: 1 semester hour.

Adaptive and corrective exercise program in snowskiing designed for individuals unable to participate in a regular activity class. S

PEAC 1102 Adaptive Waterskiing: 1 semester hour.

Adaptive and corrective exercise program in waterskiing designed for individuals unable to participate in a regular activity class. Su

PEAC 1103 Adaptive Swimming: 1 semester hour.

Adaptive and corrective exercise programs in aquatics designed for individuals unable to participate in a regular activity class. Su

PEAC 1104 Adaptive Weight Training: 1 semester hour.

Adaptive and corrective exercise programs in progressive body building and conditioning exercises designed for individuals unable to participate in a regular activity class. F, S

PEAC 1105 Seated Aerobics: 1 semester hour.

Adaptive and corrective exercise programs designed to improve cardiovascular fitness, flexibility, and strength. D

PEAC 1107 Instructor Training of Adapted Waterskiing: 1 semester hour.

Methods and techniques of teaching waterskiing to people with disabilities. Su

PEAC 1108 Instructor Training of Adapted Snowskiing: 1 semester hour.

Methods and techniques of teaching snowskiing to people with disabilities. S

PEAC 1109 Instructor Training of Adapted Sport: 1 semester hour.

Methods and techniques of teaching a variety of sport skills to people with disabilities. F, S

PEAC 1110 Military Style Physical Fitness Civilian Only: 1 semester hour.

Participate in and learn to lead a physical fitness program. Emphasis on developing an individual fitness program and the role of exercise and fitness in one's life. Equivalent to **MSL 1110**. F, S

PEAC 1120 Introduction to Pilates Equipment: 1 semester hour.

Introduction of the Pilates-based methods of equipment exercise and how to safely perform some of the basic fundamental movements with the equipment. F, S

PEAC 1121A Beginning Pilates Matwork: 1 semester hour.

Provides an introduction to this form of exercise and direction on how to perform some of the basic fundamental movements performed on the floor. F, S

PEAC 1121B Intermediate Pilates Matwork: 1 semester hour.

Build upon basic skills learned in beginning matwork course. More advanced floor Pilates skills in building understanding of technique and how technique relates to Pilates apparatus. PREREQ: PEAC 1121A or permission of instructor. D

PEAC 1122A Beginning Yoga: 1 semester hour.

Introduction to Yoga practice; building and developing strength, balance, flexibility and an appreciation for controlled movement. F, S

PEAC 1122B Intermediate Yoga: 1 semester hour.

Course builds upon basic skills learned in beginning yoga. More advanced skills in building and developing strength, balance, flexibility and an appreciation for controlled movement. F, S

PEAC 1122D Yoga Sports Conditioning: 1 semester hour.

Yoga practice; building and developing strength, balance, flexibility and an appreciation for controlled movement with an emphasis based upon the considerable strength and flexibility in the legs, hips and ankles that are required in sport participation. Physiological self assessments and safety will be covered. F, S

PEAC 1124 Triathlon Training: 1 semester hour.

Participants will work on their swimming, biking, and running skills as well as learn the rules and valuable tips for completing triathlons successfully. Physiological self assessments and safety will be covered. F, S

PEAC 1125 Fitness Trend: 1 semester hour.

Introduction to specific activity in the fitness field. F, S, Su

PEAC 1126 Self Defense: 1 semester hour.

Applications of self-defense within the framework of mixed martial arts. F, S, Su

PEAC 1127 Wrestling: 1 semester hour.

For wrestlers with any experience level, focusing on bringing wrestlers to the highest level of wrestling technique, strategy and training. The wrestlers will learn to wrestle through smart drilling techniques, specialized live wrestling drills and matches. Wrestling technique learned will be folkstyle wrestling. F, S

PEAC 1128 Shorin Ryu Karate: 1 semester hour.

Shorin Ryu karate is taught in the traditional Japanese style. The course will explore the movements of the style and how these movements relate to self-defense through the study of Kata (forms). The course will emphasize the building of character, self-discipline, humility, as well as a respect for self and others. F, S

PEAC 1129 Shoshin Ryu: 1 semester hour.

Classical martial arts system that blends the most current teaching practices with effective, centuries-old methods of instruction in order to teach students effective self-defense techniques. F, S

PEAC 1130 Aquacise: 1 semester hour.

Techniques of water exercises for physical conditioning. Physiological self-assessments and water safety will be covered. F, S

PEAC 1131D Aerobics Toning and Conditioning: 1 semester hour.

Elementary techniques and modalities of aerobic exercise with an emphasis on toning exercises and cardiovascular conditioning. Includes physiological self assessments and safety. F, S

PEAC 1131E Aerobics Boot Camp: 1 semester hour.

Elementary techniques and modalities of aerobic exercise incorporating a full body workout that works all major muscle groups with boot camp style drills such as push-ups, jumping jacks, and abdominal exercises. Includes physiological self-assessments and safety. F, S

PEAC 1131F Aerobics Core Fitball: 1 semester hour.

An aerobic style workout that incorporates a balance ball to perform exercises, designed to increase the participant's core strength and stability, flexibility, range of motion, balance, and coordination. Includes physiological self assessments and safety. F, S

PEAC 1131G Aerobics Kickboxing: 1 semester hour.

An aerobic style workout which combines elements of boxing, martial arts, and aerobics to provide overall physical conditioning and toning. Includes physiological self assessments and safety. F, S

PEAC 1131H Aerobics Zumba: 1 semester hour.

An aerobic style workout that is a fusion of Latin and International music that creates a dynamic, effective fitness system. The routines feature interval training sessions where fast and slow rhythms and resistance training are combined to tone and sculpt your body while burning fat. Includes physiological self assessments and safety. F, S

PEAC 1131J Aerobics Nutrition and Weight Management: 1 semester hour.

This aerobic/fitness class is designed to introduce students to a wide variety of cardiovascular training modalities, develop a fitness plan, and aid students in gaining the necessary skills to select the foods that promote health and develop a weight management plan. Includes physiological assessments, body composition testing, and safety. F, S

PEAC 1131K Aerobics Turbokick: 1 semester hour.

Intense kickboxing moves and dance moves choreographed to high energy music, providing a cardiovascular challenge that blends intense intervals strength/endurance training and cool-down. Includes physiological self assessments and safety. F, S

PEAC 1131M Aerobics Cardio Jam: 1 semester hour.

This course is designed to help students improve their physical fitness through--but is not limited to--kickboxing, yoga, pilates, and other forms of cardiovascular and muscle toning exercises. Includes physiological self assessments and safety. F, S

PEAC 1131N Aerobics Cardio Hip Hop: 1 semester hour.

A cardiovascular workout that includes the latest hip hop dance moves and routines. Basic moves are built upon to make this class available to everyone from the non-dancer to advanced skill level. Includes physiological self assessments and safety. F, S

PEAC 1131P Interval Training: 1 semester hour.

Interval Cross Training is a class designed to combine the advantages of interval training and the benefits of cross training exercises. Develop proper technique and safety involved in Interval Cross Training, as well as proper posture and alignment for stronger, healthier body. Increase cardiovascular health, muscular strength and endurance, increase flexibility and improve body composition. F, S, Su

PEAC 1132 Individualized Physical Education: 1 semester hour.

Introduction to lifetime fitness programming components with individually-designed programs. Physiological self-assessments, safety, and equipment are covered. F, S

PEAC 1132A Spinning: 1 semester hour.

Fitness class using spinning/stationary bicycles. Develop cardiovascular endurance (aerobic and anaerobic) and muscular strength and endurance. Music is used as a tool to motivate and inspire, as well as establish the pace, rhythm and energy level of the class. F, S, Su

PEAC 1133 Jogging and Personal Fitness: 1 semester hour.

Fitness-oriented course, designed for students who wish to maintain or increase their present fitness level. Physiological self-assessments and safety are covered. F, S

PEAC 1134A Beginning Weight Training: 1 semester hour.

Instruction and participation in fundamentals of progressive body-building and conditioning with resistance, including various modalities. Physiological self-assessments and safety will be covered. F, S, Su

PEAC 1134B Intermediate Weight Training: 1 semester hour.

Instruction and participation in fundamentals of progressive body-building and conditioning with resistance, including various modalities. Designed for the intermediate lifter. F, S

PEAC 1135A Introduction to Hatha Yoga: 1 semester hour.

Introduction to yoga philosophy, beginning postures, and techniques of breathing, relaxation, and meditation. Progressive method builds strength, flexibility, and balance, and is adaptable to all ability levels. Special emphasis on proper alignment and diaphragmatic breathing. F, S

PEAC 1135B Intermediate Hatha Yoga: 1 semester hour.

Course builds upon basic skills learned in introductory course, including addition of more challenging postures, advanced breathing and relaxation techniques, while continuing to build flexibility, strength and balance. More attention given to yoga philosophy and meditation. PREREQ: PEAC 1135A or permission of Instructor. D

PEAC 1136 Target Fit TM Conditioning: 1 semester hour.

Target Fit (TM) system used for over 115 different weight room type exercises while learning resistance training. Resistance training options allow students to improve muscular strength, overall cardiovascular endurance and flexibility while improving bone density. F, S

PEAC 1137 Marathon Training: 1 semester hour.

Physical, mental and spiritual training principles for beginning runners training to complete marathons. D

PEAC 1138 Kendo: 1 semester hour.

Introduction to principles and philosophies of Kendo, including training hall etiquette, basic sword handling, combat stances, footwork and striking a target. D

PEAC 1139A Beginning Fencing: 1 semester hour.

Introduction to the basic skills of foil fencing including equipment, grip, salute, on-guard, advance, retreat, lunge, and defense. Includes safety concerns, basic strategies, and rules. F, S

PEAC 1139B Intermediate Fencing: 1 semester hour.

Continuation and expansion of the basic skills included in the beginning course with the addition of parries, engagements, and advanced attacks. Also includes advanced strategies. F, S

PEAC 1140A Beginning Billiards: 1 semester hour.

Introduction to the fundamental skills involved in billiards: technique, game play, scoring, and etiquette. F, S

PEAC 1140B Intermediate Billiards: 1 semester hour.

Designed for the intermediate level player; this course explores a variety of more advanced shots and strategies. F, S

PEAC 1141A Fundamentals of Bowling: 1 semester hour.

Introduction to fundamental skills, scorekeeping, handicaps, and rules of bowling. F, S

PEAC 1141B Intermediate Bowling: 1 semester hour.

Designed for the intermediate level bowler, this course builds upon the skills and knowledge of the fundamentals course. F, S

PEAC 1141C Advanced Team Bowling: 1 semester hour.

Introduction to more advanced individual techniques and skill assessment and corrections for bowling. F, S

PEAC 1142A Beginning Golf: 1 semester hour.

Fundamental philosophies and techniques of golf, including grip, use of irons, woods, and putter, and etiquette. F, S, Su

PEAC 1142B Intermediate Golf: 1 semester hour.

Designed for the intermediate golfer, this course builds on the acquisition of skill in the fundamental strokes; etiquette; and more advanced reading of the course. F, S, Su

PEAC 1143A Judo: 1 semester hour.

Principles and philosophies of judo, including the techniques of grappling, throwing, and falling. Varying practice methods. Open to all skill levels. F, S

PEAC 1143B Intermediate Judo: 1 semester hour.

A continuation of fundamental judo skills and philosophies for intermediate-skilled students, including basics of some advanced skills. F, S

PEAC 1143C Advanced Judo: 1 semester hour.

A refinement of fundamental judo skills and philosophies for advanced-skilled students, including advanced techniques of throwing, grappling, and falling. F, S

PEAC 1143D Self Defense Judo: 1 semester hour.

Applications of self-defense within the framework of Judo. Open to all skills levels. F, S

PEAC 1144 Tae Kwon Do: 1 semester hour.

Presentation of principles and philosophies of Tae Kwon Do, a Korean form of karate meant for energy conservation in self-defense technique. F, S

PEAC 1145 Rodeo: 1 semester hour.

An orientation to the safety and techniques of the various events of the modern-day rodeo. F, S

PEAC 1146 Archery: 1 semester hour.

Introduction to equipment, technique, and safety practices of archery. D

PEAC 1146B Archery-Bowhunter Education: 1 semester hour.

Technique, strategy, safety and equipment in the sport of Bowhunter Archery. Bowhunter Education Certification optional at course end. F, S

PEAC 1146C Hunters Education Certification: 1 semester hour.

Idaho Fish and Game-approved course to teach hunters to become: Safe, responsible, knowledgeable and involved in hunting and conservation organizations. Hunter Education Certification optional at course end. F, S, Su

PEAC 1147A Beginning Karate: 1 semester hour.

Principles and philosophies of a modified Shorin Ryu Karate Do directed towards beginning martial artists. F, S

PEAC 1148A Beginning Womens Judo: 1 semester hour.

Introduction to methods and techniques of judo for women. Includes a variety of holding and throwing techniques. Rules, safety considerations, and the philosophy of judo are emphasized. D

PEAC 1149A Tai Chi: 1 semester hour.

This course is designed to facilitate fitness through the practice in the Yang-style short form of Tai Chi Chuan. D

PEAC 1149B Intermediate Tai Chi: 1 semester hour.

This course is designed to further skill competency and fitness through practice in the Yang-style short form of Tai Chi Chuan.

PREREQ: **PEAC 1149A** or equivalent skill and ability. D

PEAC 1150A Beginning Racquetball: 1 semester hour.

Introduction to fundamentals of technique, strategy, and safety in the game of racquetball. F, S

PEAC 1150B Intermediate Racquetball: 1 semester hour.

Continuation of basic skills and fundamental strategies for the intermediate level racquetball player. F, S

PEAC 1150C Advanced Racquetball: 1 semester hour.

Refinement of skills, techniques, and strategies for the advanced level racquetball player. D

PEAC 1151A Beginning Tennis: 1 semester hour.

Rudimentary principles and techniques of tennis, including basic shot selection, conditioning, drill works, and game play. F, S, Su

PEAC 1151B Intermediate Tennis: 1 semester hour.

A continuation of fundamental tennis skills and principles for intermediate-skilled students, including an introduction to some advanced skills. F, S

PEAC 1151C Advanced Tennis: 1 semester hour.

Refinement of skills, techniques, and strategies for the advanced level player. D

PEAC 1152A Beginning Badminton: 1 semester hour.

Introduction to basic skills, game play, and strategies in the game of badminton. D

PEAC 1152B Intermediate Badminton: 1 semester hour.

Continuation of skill refinement, more advanced game play, and strategies for the intermediate player. D

PEAC 1152C Advanced Badminton: 1 semester hour.

Refinement of fundamental skills, more advanced game play, and strategies for the advanced player. D

PEAC 1153 Racquet Sports: 1 semester hour.

Introduction to and instruction in fundamental skills for a variety of court sports, specifically tennis, racquetball and badminton. D

PEAC 1154 Table Tennis: 1 semester hour.

Introduction to the basic fundamentals of the game of table tennis. Includes fundamental individual and doubles techniques, strategies, and play. D

PEAC 1155A Beginning Soccer: 1 semester hour.

Introduction to basic individual and team soccer skills, including dribbling, shooting, and offensive and defensive techniques and strategies. S

PEAC 1155B Intermediate Soccer: 1 semester hour.

Continuation of fundamental team and individual skill acquisition, and introduction of more advanced techniques and strategies. D

PEAC 1156A Beginning Basketball: 1 semester hour.

Fundamental individual and team techniques, strategies, and play. F, S

PEAC 1156B Intermediate Basketball: 1 semester hour.

More advanced individual and team techniques, strategies and play for intermediate level players. F, S

PEAC 1157A Beginning Volleyball: 1 semester hour.

Introduction to fundamental individual and team skills, strategies, and play for beginning level volleyball players. S

PEAC 1157B Intermediate Volleyball: 1 semester hour.

More advanced individual and team skills, strategies, and play for intermediate level volley ball players. S

PEAC 1158 Softball: 1 semester hour.

Introduction to fundamental skills, and refinement of more advanced skills, for individual and team techniques, strategies, and play in softball. F, S

PEAC 1159 Ultimate Frisbee: 1 semester hour.

This course is designed to enhance student skills and abilities in ultimate frisbee. D

PEAC 1160A Beginning Skiing: 1 semester hour.

Fundamental techniques, etiquette, training, safety practices and skill practice in downhill skiing for beginners. S

PEAC 1160B Intermediate Skiing: 1 semester hour.

For intermediate level skiers, an emphasis on safety practices, etiquette, more advanced techniques, training, and skill practice. S

PEAC 1160C Advanced Skiing: 1 semester hour.

Intended for advanced skiers, this course emphasizes high-level skill acquisition, training, safety, ski etiquette, and skill practice. S

PEAC 1161A Beginning Night Skiing: 1 semester hour.

Skill acquisition and safety practices for beginners who wish to ski at night. S

PEAC 1162A Beginning Snowboarding: 1 semester hour.

Introduction to snowboarding, including selection of equipment, safety practices, etiquette, and techniques. S

PEAC 1162B Intermediate Snowboarding: 1 semester hour.

Designed for the experienced snowboarder. A continuation of the basic skills and techniques included in the beginning course. S

PEAC 1162C Advanced Snowboarding: 1 semester hour.

Designed for the advanced snowboarder. A continuation of the intermediate skills and techniques included in the intermediate course. F, S

PEAC 1163 Backpacking: 1 semester hour.

Designed for the beginning to advanced backpacker, this course prepares the students for and includes a week long backpacking trip. Includes discussions on navigation, equipment, low impact techniques and food preparation. F, S

PEAC 1164A Beginning Ice Skating: 1 semester hour.

The ice skating course is designed for full participation on ice. Proper techniques are taught for various levels of figure and hockey skaters. S

PEAC 1165 Backcountry GPS Navigation: 1 semester hour.

The practical use of portable GPS devices for outdoor applications. Topics covered include angular and rectangular coordinates, cross-country land navigation, use of waypoint coordinates, determining distance, and limitations of GPS. F

PEAC 1166 Canoeing: 1 semester hour.

A basic level course, teaching both American Red Cross and Native American canoeing styles, and covering paddling techniques, canoe design, equipment, clothing, camping, safety and rescue. Su

PEAC 1167 Kayak Touring: 1 semester hour.

Basic skills for lake, ocean and flat-water kayaking including equipment, technique, navigation, safety and rescue. F

PEAC 1168 Day Hiking: 1 semester hour.

Skills necessary to be successful in outdoor hiking situations. Learn to plan, prepare and execute a day hiking adventure by focusing on equipment, skills and physical preparation. D

PEAC 1169 Touch Rugby: 1 semester hour.

Introduction to the participation in the fundamental techniques, strategies, training systems and safety of touch rugby. D

PEAC 1170A Beginning Swimming: 1 semester hour.

Introduction to propulsive movement skills in the water; includes safety, front crawl, and elementary backstroke. F, S

PEAC 1170B Intermediate Swimming: 1 semester hour.

Refinement of beginning skills; includes an introduction to breaststroke, intermediate level safety, basic diving technique, back crawl, and sidestroke. F, S

PEAC 1170C Advanced Swimming: 1 semester hour.

Refinement of previous strokes; includes introduction to butterfly, inverted breaststroke, the trudgen, and overarm sidestroke. D

PEAC 1171 Synchronized Swimming: 1 semester hour.

An orientation to the fundamentals of the Olympic sport of individual and team synchronized swimming, including tricks, presentation, and basic to advanced skills. D

PEAC 1172 SCUBA Diving: 1 semester hour.

Basic skills in SCUBA diving: mask, fins, snorkel use; safety techniques; mechanical equipment use; aquatic environments. Students must: swim 400 yards; tread water 15 minutes; carry ten pound brick 25 yards. No certification. F, S

PEAC 1173 Skin and SCUBA Diving Certification: 2 semester hours.

Skills in SCUBA: mask, fins, and snorkel use; safety techniques; mechanical equipment use; aquatic environments. Candidates must: swim 400 yards; tread water 15 minutes; carry ten pound brick 25 yards. Certification possible. F, S, Su

PEAC 1174 Advanced Open Water SCUBA Diving: 2 semester hours.

Course builds upon basic skills learned in beginning scuba diving. Student must have open water certification. Teaches the four specialties of photography, equipment, navigation and search/recovery. Requires eight dives during two open water diving days. Candidate will receive certification after completion of course requirements. PREREQ: Open water certification. D

PEAC 1175A Beginning Kayaking: 1 semester hour.

Uses controlled environment of ISU pool and includes basic skills including draw and sculling strokes, high and low bracing, eddy turns, deep water rescue techniques, river safety, and Eskimo roll. F, S

PEAC 1176A Beginning Rock Climbing: 1 semester hour.

Designed for students with little or no climbing experience, this outdoor class covers basic climbing including knot tying, belaying, movement techniques, top rope anchor systems, and safety procedures. F, S

PEAC 1176B Intermediate Rock Climbing: 1 semester hour.

Designed for the intermediate level student, this course explores more advanced techniques, etiquette, and minimal impact techniques. F, S

PEAC 1177A Beginning Cross-Country Skiing: 1 semester hour.

Designed for beginning skiers, this course introduces students to flat surface techniques and progresses to uphill and downhill techniques. Indoor lectures are combined with tours to local cross-country ski areas. S

PEAC 1177B Intermediate Cross-Country Skiing: 1 semester hour.

Designed for intermediate skill x-country skiers, this course builds on the fundamental techniques of the beginning course. Includes safety in the backcountry, more advanced uphill and downhill techniques, and overnight trip planning. S

PEAC 1178A Beginning Telemark Cross-Country Skiing: 1 semester hour.

Fundamental skills of executing downhill turns on cross-country skis. Telemark is primary emphasis, but wedge, stem christie, and parallel turns are also covered in relation to free heel skis. S

PEAC 1178B Intermediate Telemark Cross-Country Skiing: 1 semester hour.

Course builds upon the basic skills first introduced in the beginning course. Introduces additional techniques. S

PEAC 1179 Diver Stress and Rescue: 2 semester hours.

Introduction to fundamentals and techniques to understand diver stress, reasons for occurrence, methods of detection, methods of prevention, methods of treatment at occurrence. Candidate will receive certification after completion of course requirements. D

PEAC 1180A Beginning Windsurfing: 1 semester hour.

Introduction to the basic skills of sailboarding including sail rigging, sailing maneuvers, wind reading and windsurfing safety. F, S

PEAC 1180B Intermediate Windsurfing: 1 semester hour.

Continuation of basic skills of sailboarding, with additional emphasis on more advanced technique and weather reading for the intermediate level windsurfer. F, S

PEAC 1181 Mountain Biking: 1 semester hour.

Includes both mountain and road biking. Combines a series of indoor lectures with practical outdoor riding experience. Topics include riding techniques, clothing, equipment, safety and bike maintenance. F

PEAC 1182A Beginning Dutch Oven Cooking: 1 semester hour.

Includes basic food preparation, meal planning and the care and use of cast iron dutch ovens. Nightly demonstrations by guest chefs. Candidates will select recipes, buy food, and prepare their own meals. F, S

PEAC 1182C Advanced Dutch Oven Cooking: 1 semester hour.

Expands upon the basics taught in the beginning course. Includes large group meal planning, dutch oven catering, garnishing and presentation of meals, gourmet meal preparation, and competitive cooking. F

PEAC 1185 Basic Mountaineering: 1 semester hour.

Designed for candidates wishing to climb mountains on a non-technical basis. Includes ice axe use, rope team travel, clothing, equipment, hazards, hypothermia, and acute mountain sickness. S

PEAC 1186A Beginning Fly Fishing: 1 semester hour.

Equipment selection, basic techniques of flycasting, basic knots and types of flies are included. Dry fly fishing, nymphing, and streamer fishing included. D

PEAC 1186B Intermediate Fly Fishing: 1 semester hour.

Specialized casting techniques for different conditions included. Selecting and using the proper fly as well as how to read a stream and locate fish will be addressed. Emphasis will be on fishing still waters, small streams and big rivers. PREREQ: 1186A or permission of instructor. D

PEAC 1186C Advanced Flyfishing Skills: 1 semester hour.

Advanced level specialized techniques including casting, fly selection and use, fish behavior, stream, still water and big water fishing, advanced equipment use, and advanced equipment construction. PREREQ: PEAC 1186B or permission of instructor. F, S

PEAC 1186D Advanced Flyfishing River and Still Water: 1 semester hour.

Equipment selection, advanced techniques of fly-casting, knots and types of flies. River and still water techniques, including dry fly-fishing, nymphing and streamer fishing. F, S

PEAC 1186E Advanced Flyfishing Fly Rod Building: 1 semester hour.

Equipment selection, basic techniques of rod building, basic wrapping and types of blanks. Students will wrap their own rods and apply resin. F, S

PEAC 1187A Beginning Fly Tying: 1 semester hour.

Basic fly tying skills for the beginner. Introduction and explanation of basic tools and materials. Course will include simple nymph, wet and dry fly patterns. D

PEAC 1187B Intermediate Fly Tying: 1 semester hour.

Intermediate level course for the experienced fly-tyer. Advanced patterns included with additional emphasis on innovative materials and techniques. Basic entomology will also be addressed. PREREQ: [PEAC 1187A](#) or permission of instructor. D

PEAC 1189 Beginning Gym Climbing: 1 semester hour.

Taught entirely indoors on the Idaho State University Climbing Wall, this course covers climbing knots, belaying procedures, basic equipment, movement techniques, and safety. S

PEAC 1190 Varsity Athletics Bengal Dance Team and Cheerleading: 1 semester hour.

Instruction and participation in ISU Department of Athletics approved sports. Coach's approval required. F, S

PEAC 1191A Basic Horsemanship: 1 semester hour.

Introduces the candidate to horsemanship, safety and riding skills. Includes horse behavior, safety, grooming, tack care, tacking horse, nutrition, fitness, basic skills for the horse and rider. Skills include guiding, posting at a trot, correct leads, flying lead changes, obtaining balanced stops, roll maneuvers and techniques to work the problem horse. F, S

PEAC 1191B Intermediate Horsemanship: 1 semester hour.

Build upon basic skills learned in beginning horsemanship. Intermediate skills include guiding, posting at a trot, correct leads, flying lead changes, stops, roll maneuvers and techniques to work the problem horse. PREREQ: [PEAC 1191A](#) or permission of instructor. D

PEAC 1193 Leave No Trace Workshop: 1 semester hour.

Participants will gain a better understanding of LNT practices and outdoor ethics, developing confidence in teaching others about LNT. Through activities, outdoor overnight experience, and discussions, students will look at their own outdoor ethics and be challenged to better develop their skills and practices to lessen their impact on the land. D

PEAC 1194 Caving Workshop: 1 semester hour.

Designed for candidates that want to develop the skills necessary to explore non technical caves. The course covers navigation, equipment, rappelling, light sources, emergency preparation, and the history of caving. S

PEAC 1195A Beginning Disc Golf: 1 semester hour.

Introduction to the sport of Disc Golf. The class covers basic throwing techniques, putting styles and mental preparation for competitive play. F

PEAC 1196 Skateboarding: 1 semester hour.

Introduction to the fundamentals, technique, and overall knowledge of skateboarding. F, S

PEAC 1197 Handball: 1 semester hour.

Introduction to the fundamentals of technique, strategy, and safety in the game of handball. D

PEAC 1198A Team Sports Inline Roller Hockey: 1 semester hour.

Fundamentals of inline hockey, including game rules, safe practices, skating, stick handling, passing, shooting, goaltending, offensive and defensive play, and officiating. D

PEAC 1198B Team Sports Lacrosse: 1 semester hour.

Fundamentals of Lacrosse including: game rules, equipment, safe practices, cradling, passing, catching, scooping, and scrimmaging. D

PEAC 1198C Team Sports Flag Football: 1 semester hour.

Fundamentals of flag football including game rules, equipment, safe practices, passing, catching, offensive and defensive play, and scrimmaging. F

PEAC 1199 Experimental Course: 1-6 semester hour.

PEAC 2299 Experimental Course: 1-6 semester hour.

This course is not described in the catalog. The course title and number of credits are announced in the class schedule by the scheduling department. Experimental courses may be offered no more than three times

Physical Educ Undergraduate Courses

PE 1160 Women's Rape Aggression Defense: 1 semester hour.

Realistic self-defense tactics and techniques designed for women. Awareness, prevention, risk reduction, risk avoidance, and basic hands-on defense training. R.A.D. is not a Martial Arts program. Equivalent to **HE 1160**. PREREQ: Permission of Public Safety Office or sponsoring program. F, S

PE 2200 Team Building Leadership: 2 semester hours.

Trains individuals to facilitate and lead on a challenge course. Setup and dismantling of an Alpine Tower course, facilitation of large and small team building groups, safety and rescue techniques. Designed to train participants in pursuit of employment within the challenge course industry. F

PE 2205 Methods and Techniques of Gymnastics: 2 semester hours.

Fundamental methods and techniques for teaching a variety of gymnastic activities, including tumbling and apparatus. D

PE 2222 First Aid CPR and Sport Safety: 3 semester hours.

Course includes training in first aid, CPR and sport safety. The course also covers strategies for reducing the risk of suffering a heart attack. The sport safety portion will cover sports-related injury prevention. F, S, Su

PE 2223 Foundations of Physical Education and Sport: 3 semester hours.

Study, survey, history, philosophy, and ethics of the allied fields and specialty areas of physical education and sport. F, S, Su

PE 2235 Activity Performance Techniques I: 3 semester hours.

Laboratory enhanced skills in field based activities and games. Emphasis on participant skill development and -performance. F, Su

PE 2236 Activity Performance Techniques II: 3 semester hours.

Laboratory enhanced skills in racquet and court sports. Emphasis on participant skill development and performance. S, Su

PE 2237 Activity Performance Techniques III: 3 semester hours.

Laboratory-enhanced skills in fitness and conditioning-based recreation, nontraditional games and activities. Emphasis on skill development and performance. F, Su

PE 2241 Sports Officiating: 1 semester hour.

Proper instruction for game officials and coaches including knowledge of rules, mechanisms of officiating, and game administration. May be repeated for up to 4 credits. D

PE 2243 Anatomical Foundations of Human Activity: 3 semester hours.

Study of human body structure including the neuromuscular, skeletal, circulatory, respiratory, digestive, endocrine, reproductive, and organ systems. Course is designed for health and physical education candidates. F, S, Su

PE 2259 Lifeguarding: 2 semester hours.

Provides a fundamental knowledge and practical application of principles involving lifesaving techniques in an aquatic environment. Academic course work and pool activity are required of all candidates. Can result in American Red Cross certification. Su

PE 2271 Winter Survival Skills: 1 semester hour.

Designed to equip candidates with knowledge necessary for a 72 hour winter survival situation. Content includes winter shelter building, recognizing and treating frostbite, signaling, fire building, survival psychology, nutrition needs, clothing and equipment. S

PE 2272 Wilderness Survival Skills: 1 semester hour.

Designed to provide candidates with knowledge and skills necessary to survive a 72 hour emergency (summer and fall seasons). Includes signaling, shelter building, hypothermia, survival kits, fire building, direction finding and desert hazards. F

PE 2280 Winter Camping and Backcountry Travel: 1 semester hour.

Techniques, equipment and safety of overnight winter wilderness travel, backcountry skiing and snowshoeing. PREREQ: Permission of instructor. S

PE 2281 Practical Outdoor Skills: 1 semester hour.

Study and application of knowledge and skills common to most outdoor activities, and ways in which such skills can be integrated in school, youth and adult activity programs. Practical outdoor knots, map and compass, sheltering strategies, outdoor emergencies, safety procedures, minimal impact techniques, and outdoor team building. F, S

PE 2282 Map Compass and Backcountry Navigation: 1 semester hour.

Practical application of map and compass and wilderness navigation concepts including map and field bearings, declination, resection, contour line interpretation, GPS receiver use, map types, scales, and coordinate systems. F

PE 2283 Leave No Trace Trainer: 1 semester hour.

Principles and practices of minimum impact outdoor techniques including traveling approaches, waste disposal, campsite placement, outdoor ethics, state/federal land management requirements, and sport-specific procedures. Students receive "Leave No Trace" national certification. F

PE 2284 Intermediate Kayaking and Whitewater Safety: 1 semester hour.

Combines practical field experience in moving water with a study of river safety and accident prevention. Topics include hazard evaluation, self and team rescue, case history review, and whitewater safety procedures. PREREQ: [PEAC 1175A](#) or permission of instructor. F, S

PE 2285 Wilderness First Aid: 1 semester hour.

Provides an introduction to First Aid and patient care in remote settings. Includes wound and infection management, realigning fractures and dislocations, improvised splinting techniques, patient monitoring and long-term management problems, and up-to-date information on environmental emergencies. F, S

PE 2286 Avalanche and Winter Sports Safety: 1 semester hour.

A study of snow, winter hazards, avalanche safety and rescue. Topics include basic snow physics, crystal identification, metamorphic processes, factors influencing avalanches, use of transceivers, snow pack evaluation, and avalanche rescue techniques. S

PE 2287 Snowboard Instructor Training: 1 semester hour.

Indoors: mechanics of snowboarding, teaching progressions, effective teaching styles and snowboarding techniques. Outdoors: teaching progressions, snowboarding demos and snowboarding tips. F

PE 2288 Ski Instructor Training: 1 semester hour.

Indoors: skiing mechanics, teaching progressions, effective teaching styles and skiing techniques. Outdoors: teaching progressions, skiing demos and techniques for improved skiing. F

PE 3300 Movement Theory and Motor Development: 3 semester hours.

Introduces the candidate to the science of developmental human movement including fundamental concepts of movement behavior presented in a bio-social context and the concepts of learning in the psychomotor domain. F, S

PE 3301 Physiology of Exercise: 3 semester hours.

Theoretical and applied study of the effects of physical work and exercise on physiological processes of the human body. Lecture and laboratory. PREREQ: PE 2243, or BIOL 3301 and BIOL 3302. COREQ: PE 3301L. F, S, D

PE 3301L Physiology of Exercise Laboratory: 1 semester hour.

Physiological experiments and testing. COREQ: PE 3301. F, S, D

PE 3302 Biomechanics: 3 semester hours.

The study of anatomical and mechanical principles that apply to human movement. Study will include exercise and sport applications. Lecture and laboratory. PREREQ: PE 2243, or BIOL 3301 and BIOL 3302; and PHYS 1100 or PHYS 1111. COREQ: PE 3302L. F, S, D

PE 3302L Biomechanics Laboratory: 1 semester hour.

Biomechanical experiments and testing. COREQ: PE 3302. F, S, D

PE 3303 Kinesiology for Teachers and Coaches: 3 semester hours.

The study of the scientific foundations of human activity including exercise physiology and biomechanics. Some laboratory activities included. Course is designed for non-exercise science emphasis health and physical education candidates.

PREREQ: PE 2243. S

PE 3312 Practical Applications of Coaching Baseball and Softball: 2 semester hours.

Essential elements of coaching baseball and softball. Emphasis on application and practice in the educational setting. D

PE 3313 Practical Applications of Coaching Basketball: 2 semester hours.

Essential elements of coaching basketball. Emphasis on application and practice in the educational setting. F

PE 3314 Practical Applications of Coaching Football: 2 semester hours.

Essential elements of coaching football. Emphasis on application and practice in the educational setting. S

PE 3315 Practical Applications of Coaching Soccer: 2 semester hours.

Essential elements of coaching soccer. Emphasis on application and practice in the educational setting. D

PE 3316 Practical Applications of Coaching Tennis: 2 semester hours.

Essential elements of coaching tennis. Emphasis on application and practice in the educational setting. D

PE 3317 Practical Applications of Coaching Track and Field: 2 semester hours.

Essential elements of coaching track and field. Emphasis on application and practice in the educational setting. S

PE 3318 Practical Applications of Coaching Volleyball: 2 semester hours.

Essential elements of coaching volleyball. Emphasis on application and practice in the educational setting. S

PE 3319 Practical Applications of Coaching Wrestling: 2 semester hours.

Essential elements of coaching wrestling. Emphasis on application and practice in the educational setting. D

PE 3322 Introduction to Sport Psychology: 3 semester hours.

Study of theoretical and applied psychological parameters in sport settings. Specific topics include the coach-athlete relationship and issues in sport performance. Also includes motivation, leadership, communication, ethics, and intervention strategies. F, S

PE 3357 Methods of Teaching Elementary Physical Education: 3 semester hours.

Prepares candidates to teach elementary physical education activities. Emphasis on a variety of teaching methods and their application to all skill levels at the elementary level. PREREQ: Admission to College of Education Teacher Education Program or permission of instructor. F, S, Su

PE 3358 Water Safety Instructors Course: 3 semester hours.

Techniques of teaching swimming, diving, and community water safety skills including small craft safety. Emphasis on skill progressions and planning/organizing courses. American Red Cross certificate awarded if examination is passed. Su

PE 3362 Tests and Measurements in Physical Education: 3 semester hours.

Study of constructive practical and written tests applicable to physical education. Study of the theory of practice of test administration, brief study of statistical methods and measurements in physical education. F

PE 3364 Introduction to Sport Law: 3 semester hours.

Study of the law as it relates to physical education and sport. Includes fields of tort law, criminal law, contract law, and constitutional law as they relate to physical education and sport settings. F

PE 3366 Sport Marketing: 3 semester hours.

Study of sport marketing theory, basic economics, accounting, and budgeting principles. Additional topics will also include sport marketing strategies and tactics, sponsorships, and sport licensing. S

PE 3370 Care and Prevention of Athletic Injuries: 3 semester hours.

Basic care, prevention, evaluation, and rehabilitation of athletic injuries. Includes instruction in athletic taping and wrapping. PREREQ: PE 2243, or BIOL 3301 and BIOL 3302. F, S

PE 3380 Field Experience: 1 semester hour.

Orientation, observation, planning and supervised experience exposes the candidate to activity instruction under the direction of a major advisor. D

PE 3381 River Safety and Swiftwater Rescue: 1 semester hour.

A comprehensive safety and rescue course for river users and rescue service personnel. Topics include safety equipment, river hazards, river crossings, tag line procedures, zip line and Z-pulley use, moving water extrications, and first aid considerations. Su

PE 3383 Advanced Rock Climbing and Climbing Safety: 2 semester hours.

A comprehensive examination of climbing safety - anchor placement, self-rescue, belaying, route protection, case history review, equipment limitations - along with field experience including lead and aid climbing, advanced knots, movement techniques, and minimal impact procedures. PREREQ: **PEAC 1176A** or permission of instructor. S

PE 3384 Outdoor Risk Management and Liability: 3 semester hours.

Legal implications of outdoor recreation programming including a study of tort liability, risk evaluation, relevant case law, legal management strategies, and the use of waivers and releases. F

PE 3386 Outdoor Leadership: 3 semester hours.

Designed to provide candidates with the knowledge to organize and lead outdoor activities. Includes leadership styles, liability, program promotion, planning, safety, and environmental impact. Practical experiences are included. S

PE 3397 Professional Education Development: 1-3 semester hour.

A course for the practicing educator aimed at the development and improvement of educational skills. Various sections will have different subtitles. A maximum of 10 credits may be applied to fifth year program. Graded S/U. D

PE 4413 Sport in Cinema: 3 semester hours.

Investigate sport, and the treatment of sport, through the medium of modern cinema. Sport will be analyzed from the sociological, psychological, moral and ethical perspective of the filmmakers. D

PE 4427 Personal Trainer Certification: 3 semester hours.

Theoretical knowledge and practical skills in preparation for national certification exam in personal training. Guidelines for instructing safe, effective and purposeful exercise; essentials for the client-trainer relationship, conducting health and fitness assessments, and designing and implementing appropriate exercise programming. S

PE 4437 Methods of Teaching Secondary Physical Education: 3 semester hours.

Designed to prepare the candidate for teaching secondary physical education activities. Emphasis on a variety of teaching methods and their application to all skill levels at the secondary level. PREREQ: Admission to College of Education Teacher Education Program or permission of instructor. S

PE 4440 Survey of Outdoor Education Literature: 3 semester hours.

An examination of recent research, literature and contemporary writing in outdoor education. Course work consists of a series of reading assignments followed by oral reports and class discussions. F

PE 4441 Wilderness First Responder Certification: 3 semester hours.

80-hour certification program, including cardiac and respiratory emergencies, allergies and anaphylaxis, wound management and infection, neurological and spinal injuries, realignment of fractures and dislocations, rescue and extraction, patient monitoring and long term management problems. S

PE 4445 Methods of Teaching Outdoor Activities and Practicum: 3-4 semester hour.

This culminating course for outdoor education minors consists of two parts: a study of the objectives, programs and methods of teaching outdoor recreation activities followed by a practicum experience in which candidates assist in teaching and leading outdoor activities. PREREQ: PE 3386, PE 4440, and permission of instructor. S

PE 4454 Senior Capstone: 3 semester hours.

Professional development strategies for all undergraduate majors in Sport Science and Physical Education. Explore job strategies, career development opportunities, and field and research experience in the professional areas of Sport Management, Exercise Science, Physical Education Teaching, and Outdoor Education. PREREQ: Permission of instructor. F, S

PE 4465 Organization and Administration of Intramural Sports: 3 semester hours.

Study of various methods of organizing and administering intramural sports programs on the junior high school, high school, and college levels. D

PE 4473 Facilities Planning and Design: 3 semester hours.

An investigation of the various components, principles, and fundamental practices involved in facility planning and design for physical education, athletics, and recreation. S

PE 4475 Organization and Administration of Physical Education: 3 semester hours.

Study of the management theory and practices utilized in conducting physical education and sport programs. Emphasis will be placed on interscholastic as well as intercollegiate physical education and athletic programs. F

PE 4480 Coaching Problems: 1-3 semester hour.

Athletic control, eligibility, new coaching techniques, finances, safety measures, public relations, duties of coaches, managers, and officials. May be repeated for up to 4 credits. F, S, Su

PE 4481 Coaching Clinic: 1 semester hour.

Idaho State University is a sponsor of the annual Idaho Coaches Association Clinic held during the first week of August. Instruction offered in football, basketball, and other sports by coaches of national reputation. Total cost of registration at the clinic, board, room, and privileges for the full period of the clinic will be about \$50. An extra fee will be charged for those who register at the clinic for credit. May be repeated for up to 6 credits. Graded S/U. Credits will not be acceptable for degree completion requirements/electives. D

PE 4482 Mechanical Analysis of Human Movement: 3 semester hours.

Advanced study of assessing human motion patterns. Course will include computer analysis and videography techniques along with various field analysis techniques utilized in physical skill analyses. PREREQ: PE 3302. F, S

PE 4484 Exercise Assessment and Prescription: 3 semester hours.

Design and principles of exercise assessment procedures in physical education and sport setting. Physical Fitness testing concepts and procedures will be covered along with the principles involved when prescribing exercise programs for physical education and sport participants. PREREQ: PE 3301. F, S

PE 4485 Independent Problems in Physical Education: 1-3 semester hour.

Individual work under staff guidance. Field and/or library study on specific physical education problems of interest to majors and minors. May be repeated for up to 6 credits. PREREQ: Permission of instructor. F, S, Su

PE 4490 Practicum in Physical Education: 1-16 semester hour.

Practical experience in a field based setting, congruent with candidate's employment goals. May require multiple experiences in a variety of settings outside K-12 school settings. F, S, Su

PE 4491 Physical Education Workshop: 1-3 semester hour.

Critical analysis of one or more areas of physical education. May be repeated for up to 6 credits. PREREQ: Permission of instructor. D

PE 4493 Introduction to Sport Sociology: 3 semester hours.

Using the topics of youth, violence, gender, race/ethnicity, social class, media, and politics as a springboard, students will explore issues of social justice and diversity in sport and physical education settings. PREREQ: General Education Goal 1. F, ASu

PE 4494 Adapted Physical Activity: 3 semester hours.

History, philosophy, and the teaching/learning processes in providing adapted physical activity in schools and community-based settings. Includes clinical experiences. PREREQ: BIOL 3301 or equivalent, or PE 2243, PE 3300, and PE 3362. S

PE 4495 Physical Education Student Teaching Internship: 7-14 semester hour.

Observation and teaching under supervision in approved physical education programs with the opportunity to assume direct responsibility for the learning activities of secondary level students. Includes weekly professional development seminar. PREREQ: Admission to Teacher Education Program and approved application for student teaching. Graded S/U. F, S

Athletic Training Graduate Courses

AT 6600 Foundations of Athletic Training: 3 semester hours.

Survey of the profession of Athletic Training. Injury prevention, assessment, treatment, taping, and rehabilitation of common athletic injuries will be presented. Lab included

AT 6602 General Medical Assessment: 3 semester hours.

This course addresses current medical issues that pertain to athletic training and the physically active. Content includes: sports pharmacology, physiological considerations, common illnesses and special concerns. Lab included

AT 6604 Physical Assessment of the Lower Extremities: 3 semester hours.

Intense, in-depth study of the lower extremities including: physical examination, injury recognition, treatment, taping, bracing, and foundations of rehabilitation

AT 6606 Traumatic Brain Injury and Neurological Assessment: 3 semester hours.

Comprehensive examination of sport-related traumatic brain injury. Includes neurological assessment and rehabilitation methods. Lab included

AT 6608 Physical Assessment of the Upper Extremities: 3 semester hours.

Intense, in-depth study of the trunk, head, face, and upper extremities including: physical examinations, injury recognition, emergency treatment, taping, bracing, and foundations of rehabilitation. Lab included

AT 6610 Pathophysiology and Therapeutic Modalities: 3 semester hours.

Analysis of the physiological response to injury and the effects of therapeutic modalities on athletic injuries

AT 6612 Conditioning and Therapeutic Exercise: 3 semester hours.

Development of proficiency in the theory, design, and implementation of conditioning programs and instruction on the effective application of therapeutic exercise in order to achieve symptom-free movement and function. Content includes basic principles of exercise, therapeutic effects of exercise, functional evaluation of performance, goniometric measurements, and manual muscle testing. Lab included

AT 6614 Professional Issues in Athletic Training: 3 semester hours.

This course is designed to expose students to various professional issues involved with athletic training in a topical format in order to develop a holistic understanding of the profession. Content includes topics such as psychosocial issues, cultural competence in healthcare delivery, performance enhancement, job seeking, exam preparation, and continuing professional development

AT 6640 Research Methods in Athletic Training: 3 semester hours.

Interpretation of statistical procedures and research designs commonly used in athletic training research. Prepares students to conduct research projects related to the field of athletic training. PREREQ: Permission of instructor

AT 6645 Organization and Administration of Athletic Training: 3 semester hours.

This course is designed to expose students to the organization and administration concepts of athletic training. Content includes management, leadership, legalities, historical perspectives, motivation, and technology

AT 6651 Capstone Assessment: 1-3 semester hour.

There are three semesters of [AT 6651](#) Capstone Assessment courses. Together they represent a comprehensive assessment of learning over time of the students. Capstone Assessment in Spring I requires an oral presentation of a case study. Capstone Assessment in Fall II requires an oral and written presentation of a Grand Rounds topic. Capstone Assessment in Spring II requires

an objective written exam and a final oral practical exam before an examining committee. Students must take this course in each of the last 3 semesters of the program (for a total of 3 credits) in order to graduate

AT 6661 Clinical Experiences in Athletic Training I: 3 semester hours.

Clinical experiences in athletic training

AT 6662 Clinical Experiences in Athletic Training II: 3 semester hours.

Clinical experiences in athletic training

AT 6663 Clinical Experiences in Athletic Training III: 3 semester hours.

Clinical experiences in athletic training

AT 6664 Clinical Experiences in Athletic Training IV: 3 semester hours.

Clinical experiences in athletic training

AT 6665 Clinical Experiences in Athletic Training V: 3 semester hours.

Clinical experiences in athletic training

Physical Educ. Athletic Administration Graduate Courses

PE 5513 Sport in Cinema: 3 semester hours.

Investigate sport, and the treatment of sport, through the medium of modern cinema. Sport will be analyzed from the sociological, psychological, moral and ethical perspective of the filmmakers. Specific, evaluated graduate-level activities and/or performances are identified in the course syllabus

PE 5527 Personal Trainer Certification: 3 semester hours.

Theoretical knowledge and practical skills in preparation for national certification exam in personal training. Guidelines for instructing safe, effective and purposeful exercise; essentials for the client-trainer relationship, conducting health and fitness assessments, and designing and implementing appropriate exercise programming

PE 5565 Organization and Administration of Intramural Sports: 3 semester hours.

Study of various methods of organizing and administering intramural sports programs on the junior high school, high school, and college levels

PE 5573 Facility Planning and Designing: 3 semester hours.

An investigation of the various components, principles, and fundamental practices involved in facility planning and design for physical education, athletics, and recreation. Specific, evaluated graduate-level activities and/or performances are identified in the course syllabus

PE 5580 Coaching Problems: 1-3 semester hour.

Athletic control, eligibility, new coaching techniques, finances, safety measures, public relations, duties of coaches, managers, and officials. May be repeated for up to 4 credits. Specific, evaluated graduate-level activities and/or performances are identified in the course syllabus

PE 5581 Coaching Clinic: 1 semester hour.

ISU is a sponsor of the annual Idaho Coaches Association Clinic held during the first week of August. Instruction offered in football, basketball, and other sports by coaches of national reputation. May not be applied to degree programs. May be repeated

PE 5585 Independent Problems in Physical Education: 1-3 semester hour.

Individual work under staff guidance. Field and/or library research on specific physical education problems. May be repeated up to 6 credits

PE 5591 Physical Education Workshop: 1-3 semester hour.

A critical analysis of one or more areas of physical education. Limited enrollment. May be repeated up to six credits

PE 5594 Adapted Physical Activity: 3 semester hours.

History, philosophy, and the teaching/learning process in providing adapted physical activity in schools and community-based settings. Includes clinical experiences. PREREQ: [BIOL 3301](#) or [PE 2243](#); [PE 3300](#) and [PE 3362](#)

PE 5597 Professional Education Development Topics: 1-3 semester hour.

A course for practicing professionals aimed at the development and improvement of skills. May not be applied to graduate degrees. May be repeated. Must be graded S/U

PE 5599 Experimental Course: 1-6 semester hour.

This is an experimental course. The course title and number of credits are noted by course section and announced in the class schedule by the scheduling department. Experimental courses may be offered no more than three times. May be repeated

PE 6605 Leadership and Administration: 3 semester hours.

Development of leadership skills and the dynamics of group process relative to effective interpersonal relationship with special emphasis on Physical Education and Athletic programs and personnel needs

PE 6610 Advanced Sport Psychology: 3 semester hours.

Designed to define, critique, and apply critical perspectives of sport and exercise psychology, including aggression theories, violence, cohesion, and social facilitation. Aspects of coaching theory and its application are included

PE 6612 Advanced Sociology of Sport: 3 semester hours.

Social aspects of sport and society, with emphasis on the relationship between sport, culture, and ideology

PE 6615 Philosophy and Principles of Athletics in Education: 3 semester hours.

The role of athletics in education, the function and organization of leagues and conferences of coaches, certification of coaches, ethics, and public relations

PE 6620 Curriculum and Supervision: 3 semester hours.

Consideration of the physical education curriculum in public schools and in colleges and universities. Recent developments and current trends that influence the curriculum and supervision policies. Observation techniques, standards in judging instruction, the supervisory conference, cooperative supervision, basic foundation of curriculum construction, and lesson planning

PE 6622 Survey of Professional Literature: 3 semester hours.

Identification and investigation of professional literature and its application to current and future directions of the field. Extensive reading and formal writing required. May be repeated

PE 6625 Advanced Sport Marketing: 3 semester hours.

Introduction to the basic nature of marketing in sport and athletics as it relates to consumer behavior, research in sport marketing, defining the sport product, market segmentation, pricing, promotion, and public relations, and the legal aspects of sport/athletics

PE 6631 Athletics and the Law: 3 semester hours.

A study of the administrative role relating to the regulation of athletic competition and athletic programs. A review of significant court cases dealing with sports law, with application to the school setting

PE 6635 Management Aspects of Athletics: 3 semester hours.

Factors involved in the conduct of athletic events such as contracts, scheduling, travel, game management, crowd control, and the legal implications of athletics

PE 6640 Research and Writing: 3 semester hours.

Analysis and interpretation of the basic principles of research and writing as they relate to physical education, athletics and allied fields of endeavor. Integration of research and writing procedures likely to have the greatest influence on programs and practices relating to the administration of P.E.D. programs

PE 6648 Problems: 1-3 semester hour.

Individual and group study of problems in the areas of physical education and recreation. May be repeated to 6 hours credit

PE 6649 Issues in PED and Athletic Administration: 3 semester hours.

A study of the current issues applicable to the administration of PED and athletics. Opportunities may be afforded for study within specialized areas. May be repeated up to 6 hours with departmental permission

PE 6650 Thesis: 1-6 semester hour.

Thesis. 1-6 credits. May be repeated. Graded S/U

PE 6651 Masters Project in PED and Athletics: 1-3 semester hour.

Master's Project. Maybe repeated. Graded S/U

PE 6655 Internship: 1-3 semester hour.

Administration, supervision and operation of a P.E.D. or Athletic Program. Students work under the direction of a graduate faculty member and practicing administrator. May be repeated up to 6 credits. May be graded S/U

PE 6658 Athletics in the West: 3 semester hours.

Field-based review of programs and topics related to physical education and athletic administration, including: tours of facilities in schools, colleges, and professional athletics; lessons and seminars with practitioners and scholars

PE 6699 Experimental Course: 1-6 semester hour.

This is an experimental course. The course title and number of credits are noted by course section and announced in the class schedule by the scheduling department. Experimental courses may be offered no more than three times. May be repeated

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4480 Coaching Problems - Procedures

Purpose of Course

The Coaching Problems course is a planned field experience, giving students on-site experience related to their degree program. The student works primarily under direction of the on-site supervising coach, with periodic reports to the university supervisor of the course.

Arrangements

The student is expected to arrange the experience, but only after consultation with the course instructor. The student will follow professional courtesy in making arrangement with the school, college, or other setting, by going through proper channels to seek permission to serve as a trainee in that setting.

Student Responsibilities

The student will do the following:

- Discuss the purposes and procedures for the course with the course instructor prior to making any specific contact at the potential placement site and prior to registration for the course.
- Follow all procedures as outlined here and/or by the course instructor.
- Work with the on-site supervising coach to define duties to be performed; list these duties on the placement form; return the placement form to the course instructor prior to beginning coaching duties (the student will not be able to register for this course until this form is received, **and the instructor lifts the block**). **NOTE: Registration on Bengal Web defaults to one credit. This course has variable credits, insert the appropriate number in the box.**
- Perform duties as agreed to and as assigned by the on-site supervising coach and/or university course instructor. Keep a journal of the duties performed, including:
 - record of what the student coach has done
 - systematic notation of specific application of knowledge gained from prior and current semester courses such as Psychology of Sport, Kinesiology, Physiology of Exercise, Care & Prevention of Athletic Injuries, Management, etc.
 - accurate log of time spent in the duties done for the course (90 clock hours are required)
 - samples of any written or other material produced in the coaching assignment
 - other relevant information.
- Report to the course instructor at 3 to 4 week intervals during the semester, or 2 week intervals during the summer session, to discuss the coaching experience (phone contact, MOODLE, or e-mail contacts may be arranged).
- Notify the course instructor immediately about any extraordinary event or problem that may occur during or related to the coaching done.
- Solicit feedback from the supervising coach periodically concerning your work.
- At the end of the semester the student should:
 - Submit the final copy of the journal and log to the course instructor.
Check with course instructor for submission method: hard copy, email or MOODLE.
 - Obtain the signature of the supervising coach and submit the Verification form to the course instructor.
 - Schedule and hold a closing conference with the course instructor.

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4480 Coaching Problems - Placement and Duties

Student Name _____ Semester _____
Student ID # _____ Credits (1-3 cr, May be repeated, total 4) _____
E-mail _____ Phone _____

Placement: Location and Assignment

A. Location of Coaching

Name of School or
Other Organization _____

Address _____

B. Assignment in Coaching

Title _____

C. On-Site Supervising Coach

Name _____

Position _____

E-mail address _____ Phone # _____

Duties anticipated for student (list here and add separate pages as needed with a description of what you are likely to do for each duty listed)

Signatures

Student _____ Date _____

On-Site Supervisor _____ Date _____

Course Instructor _____ Date _____

Instructor's Email for communication _____

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4480 Coaching Problems
Verification of Completed Duties

Student Name _____ Semester _____

Coaching Duties COMPLETED by Student

Name of School or
Other Organization _____

Supervising Coach _____

Address _____

Phone _____ e-mail _____

VERIFICATION

The student named above satisfactorily completed duties agreed to at the start of the semester (or revised duties as assigned and agreed).

The total number of hours the student coached and did related work under my supervision was: _____ hours.

Signature of Supervising Coach: _____

Name of Supervising Coach (printed): _____

Date: _____

DIRECTIONS TO STUDENT: Return your journal and verification form to the course instructor no later than 2 weeks before the end of the semester or 1 week before the end of the summer session.

**SPORT SCIENCE & PHYSICAL EDUCATION
PE 4485 TOPICAL APPROVAL FORM**

Student Name: _____ Date Submitted: _____
Student ID Number: _____ Student Phone Number: _____

PE 4485, Independent Problems, (1-3 credits, may be repeated for up to 6 credits): _____

NOTE: Registration on Bengal Web defaults to one credit. This course has variable credits, insert the appropriate number in the box. Register when instructor lifts the block.

Proposed Title: _____

Purpose: _____

Brief Description (50-100 words): _____

What contribution will this study make to the profession, institution, and to you as an individual? (50-100 words): _____

Student Signature: _____ Date: _____
Advisor Approval: _____ Date: _____

Advisor Email for Communication _____

Semester: _____ Course #: _____ Index #: _____ Number of Credits 1-3: _____

Comments/Remark(s): _____

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4490 Practicum - Procedures

Purpose of Course

The Practicum is a planned field experience, giving students on-site experience related to their degree program. The student works primarily under direction of the on-site supervisor, with periodic reports to the university supervisor of the course.

Arrangements

The student is expected to arrange the experience, but only after consultation with the course instructor. The student will follow professional courtesy in making arrangement with the school, college, or other setting, by going through proper channels to seek permission to serve as a trainee in that setting.

Student Responsibilities

The student will do the following:

- Discuss the purposes and procedures for the course with the course instructor prior to making any specific contact at the potential placement site.
- Follow all procedures as outlined here and/or by the course instructor.
- Work with the on-site supervisor to define duties to be performed; list these duties on the placement and duty form; return the placement and duty form to the course instructor (the student will not be able to register for this course until this form is received, ***and the instructor lifts the block***). ***NOTE: Registration on Bengal Web defaults to one credit. This course has variable credits, insert the appropriate number in the box.***
- Perform duties as agreed to and as assigned by the on-site supervisor or university course instructor. Keep a journal of the duties performed, including: record of what the student has done; observations on what the student has learned; accurate log of time spent in the duties done for the course (45 clock hours are required for each 1 credit hour enrollment in the practicum); samples of any written or other material produced in the practicum, and any other relevant information.
- Report to the course instructor at 3 to 4 week intervals during the semester, or 2 week intervals during the summer session, to discuss the practicum (phone contact, MOODLE, or e-mail contacts may be arranged).
- Notify the course instructor immediately about any extraordinary event or problem that may occur during the practicum.
- Solicit feedback from the on-site supervisor periodically concerning your work.
- At the end of the semester the student should:
 - ❑ Submit the final copy of the journal and log to the course instructor.
Check with course instructor for submission method: hard copy, email or Moodle.
 - ❑ Obtain the signature of the on-site supervisor and submit the Verification form to the course instructor.

 - ❑ Schedule and hold a closing conference with the course instructor.

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4490 Practicum - Placement and Duties

Student Name _____ Semester _____
Student ID # _____ Credits (1-16 cr, May be repeated, total of 16) _____
e-mail _____ Phone _____

Placement: Location and Assignment

A. Location of Assignment

Name of School or
Other Organization _____

Address _____

B. Assignment in Placement Location

Title _____

C. On-Site Supervisor

Name _____

Position _____

e-mail address _____ Phone # _____

Duties anticipated for student (list here and add separate pages as needed with a description of what you are likely to do for each duty listed)

Signatures

Student _____ Date _____

On-Site Supervisor _____ Date _____

Course Instructor _____ Date _____

Instructor's Email for communication _____

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 4490 Practicum
Verification of Completed Duties

Student Name _____ Semester _____

Duties COMPLETED by Student

Name of School or
Other Organization _____

Supervisor _____

Address _____

Phone _____ e-mail _____

VERIFICATION

The student named above satisfactorily completed duties agreed to at the start of the semester (or revised duties as assigned and agreed).

The total number of hours the student did practicum-related work under my supervision
was: _____ hours.

Signature of On-Site Supervisor: _____

Name of On-Site Supervisor (printed): _____

Date: _____

DIRECTIONS TO STUDENT: Return your journal and verification form to the course instructor no later than 2 weeks before the end of the semester or 1 week before the end of the summer session.

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 5580 Coaching Problems - Placement and Duties

Student Name _____ Semester _____
Student ID # _____ Credits (1-3 credits, may be repeated for up to 4 cr) _____
e-mail _____ Phone _____

Placement: Location and Assignment

A. Location of Coaching

Name of School or
Other Organization _____
Address _____

B. Assignment in Coaching

Title _____

C. On-Site Supervising Coach

Name _____
Position _____
e-mail address _____ Phone # _____

Duties anticipated for student (list here and add separate pages as needed with a description of what you are likely to do for each duty listed)

Signatures	
Student _____	Date _____
On-Site Supervisor _____	Date _____
Course Instructor _____	Date _____
<i>Instructor's Email for communication</i> _____	

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 5580 Coaching Problems
Verification of Completed Duties

Student Name _____ Semester _____

Coaching Duties COMPLETED by Student

Name of School or
Other Organization _____

Supervising Coach _____

Address _____

Phone _____ e-mail _____

VERIFICATION

The student named above satisfactorily completed duties agreed to at the start of the semester (or revised duties as assigned and agreed).

The total number of hours the student coached and did related work under my supervision
was: _____ hours.

Signature of Supervising Coach: _____

Name of Supervising Coach (printed): _____

Date: _____

DIRECTIONS TO STUDENT: Return your journal and verification form to the course instructor no later than 2 weeks before the end of the semester or 1 week before the end of the summer session.

**SPORT SCIENCE & PHYSICAL EDUCATION
PE 5585, 6648, 6651 TOPICAL APPROVAL FORM**

Student Name: _____ Date Submitted: _____
Student ID Number: _____ Student Phone Number: _____

PE 5585, Independent Problems, 1-3 credits, may be repeated up to 6 credits: _____

PE 6648, Problems, 1-3 credits, may be repeated up to 6 credits: _____

PE 6651, Masters Project in PE, 1-3 credits, may be repeated: _____

Note: Registration on Bengal Web defaults to one credit. These courses have variable credits, insert the appropriate number in the box. Register when instructor lifts the block.

Proposed Title: _____

Purpose: _____

Brief Description (50-100 words): _____

What contribution will this study make to the profession, institution, and to you as an individual? (50-100 words): _____

Student Signature: _____ Date: _____
Advisor Approval: _____ Date: _____

Advisor Email for communication _____

Semester: _____ Course #: _____ Index #: _____ Number of Credits 1-3: _____

Comments/Remark(s): _____

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 6655 Internship - Procedures

Purpose of Course

The Internship in Athletic Administration is a planned field experience, giving students on-site experience related to their degree program. The student works primarily under direction of the on-site supervisor, with periodic reports to the university supervisor of the course.

Arrangements

The student is expected to arrange the experience, but only after consultation with the primary advisor and/or officially listed course instructor (course instructor to be copied). The student will follow professional courtesy in making arrangement with the school, college, or other setting, by going through proper channels to seek permission to serve as a trainee in that setting.

Student Responsibilities

The student will do the following:

- Discuss the purposes and procedures for the course with the primary advisor or course instructor prior to making any specific contact at the potential placement site and prior to registration for the course.
- Follow all procedures as outlined here and/or by the course instructor.
- Work with the on-site supervisor to define duties to be performed; list these duties on the placement form; return the placement form to the course instructor prior to registering for the course (the student will not be able to register for this course until this form is received, **and the instructor lifts the block**). **NOTE: Registration on Bengal Web defaults to one credit. This course has variable credits, insert the appropriate number in the box.**
- Perform duties as agreed to and as assigned by the on-site supervisor and/or university course instructor. Keep a journal of the duties performed, including:
 - record of what the student has done
 - observations on what the student has done and learned
 - accurate log of time spent in the duties done for the course (45 clock hours are required for each credit registered for in the course)
 - samples of any written or other material produced in the internship
 - other relevant information
- If the course is approved by your primary advisor, it is the student's responsibility to fax, email, or MOODLE the end of semester paperwork to the officially listed instructor to obtain a final grade. Check with instructor for preferred method.
- Notify the course instructor immediately about any extraordinary event or problem that may occur during the internship.
- Solicit feedback from the on-site supervisor periodically concerning your work.
- At the end of the semester the student should submit the following 3 documents to the SSPE Dept. Office, attention to the officially listed course instructor (fax 208-282-4654):
 - 1. Submit the final copy of the journal and hour log to the course instructor.
Check with course instructor for submission method: hard copy, email or MOODLE.
 - 2. Obtain the signature of the on-site supervisor and submit the Verification form to the course instructor.
 - 3. Submit a final reflective/summary paper to the course instructor.

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 6655 Internship - Placement and Duties

Student Name _____ Semester _____
Student ID # _____ Credits (1-3 credits, may be repeated for up to 6 cr) _____
e-mail _____ Phone, Home _____
Phone, cell _____

Placement: Location and Assignment

A. Location of Assignment

Name of School or
Other Organization _____
Address _____

B. Assignment

Title _____

C. On-Site Supervisor

Name _____
Position _____
e-mail address _____ Phone # _____

Duties anticipated for student (list here and add separate pages as needed with a description of what you are likely to do for each duty listed)

Signatures

Student _____ Date _____
On-Site Supervisor _____ Date _____
Course Instructor or Advisor _____ Date _____

Instructor's Email for communication _____

(Your responsibility to copy this form to the official course instructor)

Copy to Advisor _____ Copy to Inst. _____

IDAHO STATE UNIVERSITY
Department of Sport Science and Physical Education
PE 6655 Internship
Verification of Completed Duties

Student Name _____ Semester _____

Duties COMPLETED by Student

Name of School or
Other Organization _____

Supervisor _____

Address _____

Phone _____ e-mail _____

VERIFICATION

The student named above satisfactorily completed duties agreed to at the start of the semester (or revised duties as assigned and agreed).

The total number of hours the student did practicum-related work under my supervision was: _____ hours.

Signature of On-Site Supervisor: _____

Name of On-Site Supervisor (printed): _____

Date: _____

DIRECTIONS TO STUDENT: Return your journal with hour log, verification form and reflection paper to the course instructor no later than 2 weeks before the end of the semester or 1 week before the end of the summer session. Fax to 208-282-4654, attn. instructor.

GRADUATE TEACHING ASSISTANT HANDBOOK



MASTERS IN PHYSICAL EDUCATION ATHLETIC ADMINISTRATION

GRADUATE STUDENT HANDBOOK

2015-2016

Idaho State University

Sport Science & Physical Education Program

In the College of Education

It is imperative that the graduate student becomes familiar with all materials in this handbook and the Graduate Catalog.

Handbook is Online at:

[http://ed.isu.edu/sspe/documents/graduate/handbooks/MastersPEAdmin_Handbook_2015-2016_\(6-22-2015\)_PP.pdf](http://ed.isu.edu/sspe/documents/graduate/handbooks/MastersPEAdmin_Handbook_2015-2016_(6-22-2015)_PP.pdf)

Idaho State University Professional Master of Science in Athletic Training Program



IDAHO STATE UNIVERSITY
SPORT SCIENCE & PHYSICAL EDUCATION

Athletic Training Student Handbook

Idaho State University Sport Science & Physical Education Department
921 S. 8th Avenue, Stop 8105
Pocatello, ID 83209-8105

Main Office: 208-282-2657

Handbook is Online at:

http://ed.isu.edu/sspe/pdf/Athletic_Training_Student-Handbook_15-16.pdf



**MASTERS IN PHYSICAL EDUCATION
ATHLETIC ADMINISTRATION**

**GRADUATE STUDENT
HANDBOOK**

2015-2016

Idaho State University

Sport Science & Physical Education Program

In the College of Education

It is imperative that the graduate student becomes familiar with all materials in this handbook and the Graduate Catalog.

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IDAHO STATE UNIVERSITY
Department of Sports Science & Physical Education
(SAMPLE SYLLABUS, EXAMPLE): PEAC 1136-01: Targit-Fit, CRN #13315
FALL 2015-SUMMER 2016
Tuesday / Thursday 8:00 to 8:50 AM
Reed Gym, Room 237
Aug. 24, 2015 to Dec. 18, 2015

INSTRUCTOR: Elaine Foster
OFFICE: Reed Gym, Room 205
OFFICE HOURS: By appointment
PHONE: (208) 282-3967
E-MAIL: davielai@isu.edu
MOODLE SITE LOCATION :

<http://elearning.isu.edu/moodle/>
PEAC 1136 - 01: Targit Fit (TM) Conditioning (CRN# 13315)

TEXT:

There will not be a text for this course.

COURSE DESCRIPTION:

The TargitFit course gives students the opportunity to engage in over 115 different weight room simulated exercises while learning about resistance training in a group atmosphere. The focus of the class will be on the learning and understanding of proper technique and exercise progression while emphasizing safety at all times. Students will be guided through various exercises while learning the appropriate muscle functioning during the different exercises. With effort and intensity, the TargitFit class may improve student's strength, cardiovascular endurance, flexibility, and overall health and well-being.

COURSE OBJECTIVES:

1. **ACADEMIC OBJECTIVES:** To understand the history, philosophy, rules, equipment and strategies of TargitFit:
 - a. **TargitFit activity definition:** Through the use of the TargitFit system, various resistance training exercises will be learned in an effort to enhance the knowledge and understanding of proper resistance training. Classes may be conducted in a group setting or individually through circuit workouts at the instructor's discretion.
 - b. **TargitFit history summary:** The TargitFit system was created to give participants a real gym feeling. The trainer can be used in many settings including schools and the military. The trainer is also portable and was designed with any fitness level in mind.
 - c. **TargitFit philosophy summary:** Muscular strength and endurance are part of overall fitness and are encouraged to be trained in all people. The TargitFit class embraces this philosophy in an effort to teach and enhance these characteristics in the participants. With effort and intensity, students may improve their muscular strength, endurance, and overall health. Also, the skills learned in the TargitFit class may be transferred to a lifetime of resistance training.
 - d. **TargitFit rules summary:** In an effort to create a safe and educational environment, specific rules must be adhered to throughout the semester. Proper use of equipment,

appropriate dress, participation, attendance, and instructor communication are further discussed in this document.

- e. TargitFit equipment summary: The TargitFit trainer is a self-contained resistance training device. By manipulating various parts of the trainer, a variety of exercises may be performed. The TargitFit trainer incorporates the use of elastic bands of various resistances.

Note: As these resistance bands do break down over time, it is imperative to consistently check the bands before beginning to exercise with the trainer.

- f. TargitFit strategy summary: As the TargitFit system is designed to improve overall strength and endurance, this must be done in an appropriate manner. Through the instructor's guidance, exercises may be performed at different intensities to accommodate the fitness levels of each student. Proper progression of exercises and intensities will be taught throughout the course. By following the instructor's guidance, students will appropriately improve their fitness levels. Note: See the attached course outline for general progression information.
2. To learn the fundamentals and progression of technique and skills of TargitFit:
 - a. The semester course outline will be followed (and may be adapted) to facilitate proper progression
 - b. Muscular anatomy will be discussed
 - c. Proper technique will be emphasized and must be adhered to
 3. To learn, execute, and demonstrate the fundamentals and progression of resistance training with the TargitFit trainer:
 - a. Appropriate demonstration and cues will be used to enhance learning
 - b. A midterm skills test will be given
 4. To provide individuals with an appropriate atmosphere for learning and activity:
 - a. Class rules will be followed. Anyone not adhering to the rules will be asked to leave class and may have a reduction in class points.
 5. To appreciate and incorporate the activity for a lifetime:
 - a. A midterm skills test will be given
 - b. The creation of a 50 minute workout utilizing the TargitFit system will be required
 - c. A field trip to the strength training area in the Recreation center will occur towards the end of the semester.

COURSE REQUIREMENTS:

1. Attendance is required (see attendance/grading policy).
2. Participation is required (see attendance/grading policy).
3. Students are required to dress appropriately for the class activity (see dress code).
4. Physical Education Assumption of Risk and Release form completion is required **PRIOR** to participation, no exceptions.
5. **STUDENTS MUST RUN "ASSUMPTION OF RISK AND RELEASE FORM" OFF OF COURSE MOODLE SITE AND BRING IT TO THE FIRST DAY OF CLASS. STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT A RELEASE, AND MAY LOSE PARTICIPATION/ATTENDANCE POINTS.**
6. **STUDENTS WHO DO NOT ATTEND THE FIRST DAY OF CLASS, TO HEAR THE SYLLABUS LECTURE, MUST RUN "PEAC SYLLABUS STATEMENT OF UNDERSTANDING FORM" OFF OF COURSE MOODLE SITE AND BRING IT TO THE FIRST DAY OF CLASS. STUDENTS WILL NOT BE ALLOWED TO**

PARTICIPATE WITHOUT A FORM, AND MAY LOSE PARTICIPATION/ATTENDANCE POINTS.

7. Students must carry a black/orange Bengal card for admission to Campus Recreation Building for courses held in that building.
8. **ALL EQUIPMENT MUST BE DISINFECTED (SPRAYED DOWN WITH DISINFECTANT) AFTER EACH AND EVERY USE!!!**
9. **Participation in an assessment is required for the mid-term and for the final.**

COURSE COMMUNICATION:

1. All instructor communication for this course will be posted on Moodle (NOT on email), the student is responsible for constantly reviewing the site for communication.
2. All course documents, including syllabus, for this course will be posted on Moodle, the student is responsible for constantly reviewing the site for document review.
3. All electronic communication between the instructor and student will be conducted through Moodle (NOT on Email), the student is responsible for constantly reviewing the site for course instruction (including course location and/or cancellation).

ATTENDANCE/GRADING POLICY:

ISU Attendance Policy (Undergraduate Catalog): Students are expected to attend all meetings or classes in which they are registered. Students who do not attend any sessions of a class during the first week, and have not made prior arrangements with the instructor, may be dropped from the class by the instructor to make room for students who are interested in adding the class.

SSPE Dept. Policy:

All attendance will be taken by the instructor on ISU grading sheets. All activity classes will be held through and including dead week. All make-ups, exams, and assignments must be handed to your instructor by the last day of dead week, no exceptions. All instructors grading will be finalized during finals week.

Attendance is mandatory. PEAC policy stipulates there are no “excused” absences. Attendance is required from the day of registration. Classes missed for athletic and other university sponsored activities are still counted as absences. If you feel you have special circumstances, it is the student’s responsibility to discuss them with the instructor AHEAD of time, when at all possible. These will be dealt with on a case-by case basis. It is the student’s responsibility to contact their instructor, **immediately** following any absence via MOODLE, for makeup work, and to determine if their individual instructor may allow it. In the case of emergencies, it is the student’s responsibility to communicate with the instructor by MOODLE immediately. Attendance also includes being in class on time and for the entire time that class is held.

****Adding past Add/Drop (student online accessed) Final Date:** Students will not be added to class after the final date students are able to add/drop online. Any exception must be approved by the PEAC Coordinator**

****Adding within Add/Drop (student online accessed) Final Date:** Students who miss the first day of class, with the syllabus introduction, OR add within the final add/drop date online must sign the “PEAC Syllabus Statement of Understanding” form.

Students may only attend the section they enrolled in, no exceptions. In the event their section conflicts with their schedule, they must drop the class and enroll in a class that works for them.

16 Week class POINTS:

100pts possible

2.5 Pts per attendance & participation (32 classes = 80 pts)

10 pts for Midterm: Skill Test

10 pts for Final: Workout Creation

ABSENSES: Two make up absences will be allowed, which must be completed within 1 week from the day the absence occurred, no exceptions. *You may make up the absence :Attending another section of this class by Foster or a specific assignment given in person by instructor*

ARRIVING LATE OR LEAVING EARLY: *2.5 points for attendance/participation may not be earned if the student is over 10 minutes late or leaves before the end of class. Tardiness on three occasions will equals a 2.5 point drop in grade.*

8 Week class POINTS Option:

100pts possible

5.0 pts per attendance & participation (16 classes = 80 pts)

10 pts for Midterm: Written assignment, Written Test, or Skill Assessment Test

10 pts for Final: Written assignment, Final, Project, or Skill Assessment Test

ABSENSES: One make up absences will be allowed, which must be completed within 1 week from the day the absence occurred, no exceptions. *You may make up the absence :Attending another section of this class by Foster or a specific assignment given in person by instructor*

ARRIVING LATE OR LEAVING EARLY: *5.0 points for attendance/participation may not be earned if the student is over 10 minutes late or leaves before the end of class. Three tardies equals a 5.0 point drop in grade.*

GRADING SCALE (ISU SCALE):

A	93-100	C+	78-80	D-	63-65
A-	90-92.9	C	75-77	F	62-below
B+	87-89	C-	72-74		
B	84-86	D+	69-71		
B-	81-83	D	66-68		

DRESS CODE:

Students are expected and required to dress down and participate each class period. Proper activity attire is required (ie. appropriate/comfortable and modest clothing, proper athletic shoes, and proper safety equipment/eyewear. Baseball caps are NOT allowed in indoor activity classes). Street clothes & street shoes are NOT acceptable attire for activity classes. *Lack of proper activity attire will count as an absence.*

Continuous respect and courtesy for each student is expected by all. Therefore, NO ELECTRONICS (Example: headphones, cell phones or ipods) are allowed in class. Please turn off ALL ELECTRONICS BEFORE entering the activity or teaching area. Students ignoring or abusing this policy will be asked to leave the activity or teaching area and will be marked absent for the day.

POLICIES & PROCEDURES FOR SSPE ACTIVITY COURSES:

1. Children and/or guests are not allowed in class.
2. Students are encouraged to bring water and remain hydrated during all activity classes.
3. Students are required to adhere to all activity safety rules, issues, and precautions.
4. During poor weather, or instructor illness, classes will be scheduled to meet at the instructor's discretion. All instructor communication for changes in class site and/or cancellation for this course will be posted on the course site on Moodle ONLY (not email), the student is responsible for constantly reviewing the site for communication.

RISK ACKNOWLEDGEMENT & RELEASE OF LIABILITY WAIVER:

Activity technique classes involve inherent risk. With that in mind, all SSPE activity class students are required to read and sign the "Assumption of Risk and Release" form PRIOR to class participation, NO EXCEPTIONS.

STUDENTS MUST RUN "ASSUMPTION OF RISK AND RELEASE FORM" OFF OF COURSE MOODLE SITE AND BRING IT TO THE FIRST DAY OF CLASS. STUDENTS WILL NOT BE ALLOWED TO PARTICIPATE WITHOUT A RELEASE, AND MAY LOSE ATTENDANCE POINTS.

NOTE: THE FORM MAY BE RUN OFF FROM THE SSPE WEBSITE, LIABILITY

REASONABLE ACCOMMODATION FOR STUDENTS WITH DISABILITIES:

If you have a diagnosed disability or believe that you have a disability that might require "reasonable accommodation" on the part of the instructor, please call the

Director, Center of Services for Students with Disabilities, 282-3599. As a part of the Americans with Disabilities Act, it is the responsibility of the student to disclose a disability prior to requesting reasonable accommodation.

SAMPLE OUTLINE: Targit Fit Course SAMPLE Outline

Unit Plan/Course Outline

FALL 2015_MON/WED CLASS

MONTH	DAY	COURSE TOPIC	ASSIGNMENTS
AUG.	24-M	COURSE OVERVIEW:REVIEW SYLLABUS ACADEMICS AND POLICY/PROCEDURE	WAIVER DUE: REQUIRED FOR PARTICIPATION POINTS
	26-W		INITIAL SKILL ASSESSMENT
	31-M		
SEPT.	2-W		SEPT 4 LAST DAY ADD/DROP FULL SEM CLASS
	7-M	LABOR DAY HOLIDAY, NO CLASS HELD	SEPT. 8 TUES LAST DAY TO ADD/DROP EARLY 8 WEEK CLASSES
	9-W		

	14-M		
	16-W		
	21-M		
	23-W		SEPT 25 LAST DAY "W" EARLY 8 WK CLASS
	28-M		
	30-W		
OCT.	5-M		
	7-W		
	12-M	COLUMBUS DAY-CLASS HELD	OCT 12-16 MIDTERM WEEK, MIDTERM SKILL ASSESSMENT 10 PTS..
	14-W	LAST DAY EARLY 8 WEEK	
	19-M	LATE 8 WK COURSES BEGIN	
	21-W		FRI. OCT 23 LAST DAY TO ADD/DROP LATE 8 WK
	26-M		
	28-W		OCT 30 LAST DAY "W" FULL SEM CLASS
NOV.	2-M		
	4-W		
	9-M		
	11-W	VETERANS DAY-CLASS HELD	
	16-M		
	18-W		NOV 20 LAST DAY "W" LATE 8 WK CLASS
	23-M	FALL RECESS, NO CLASS	
	25-W	FALL RECESS, NO CLASS	

	30-M		
DEC.	2-W		
	7-M	DEAD WEEK, CLASS HELD	PEAC FINAL WEEK, FINAL SKILL ASSESSMENT, 10 PTS
	9-W	DEAD WEEK, CLASS HELD	PEAC FINAL WEEK, FINAL SKILL ASSESSMENT, 10 PTS
DEC	14-18	FINALS WEEK, NO CLASS	GRADES SUBMITTED FOR ALL PEAC CLASSES

MON/WED CLASS SCHEDULE

- A) FULL SEMESTER CLASSES: ATTEND 29 TIMES, EACH CLASS 2.76 ATTENDANCE POINTS=72.5 POINTS. MIDTERM 10 POINTS, FINAL 10 POINTS, TOTAL 100
- B) EARLY 8 WEEK CLASSES: ATTEND 15 TIMES, EACH CLASS 5.34 ATTENDANCE POINTS. MIDTERM 10 POINTS, FINAL 10 POINTS, TOTAL 100
- C) LATE 8 WEEK CLASSES: ATTEND 14 TIMES, EACH CLASS 5.72 ATTENDANCE POINTS MIDTERM 10 POINTS, FINAL 10 POINTS, TOTAL 100

5/14/15 pp

Date: _____
Student Name: _____ Bengal ID _____
Class Name _____ PEAC Class number _____
Instructor _____ Semester _____

PEAC Syllabus Statement of Understanding

I, _____, have read and understand the *Department of Sport Science and Physical Education PEAC Syllabus* for the course listed above. I understand that I am responsible for abiding by any and all policies outlined and described in this document. In particular, I understand I am responsible for abiding by any and all policies for attendance, participation, and grading as outlined in the syllabus.

I further understand that the highest grade I will be **eligible for, based on my first date of attendance, is the grade of** _____

Student Signature

Date

Instructor Signature

Date

COLLEGE OF EDUCATION SYLLABUS FORMAT- PE ACADEMIC COURSES

Idaho State University
College of Education
Department of Sport Science & Physical Education

Course Prefix, Number, Title
of Credits
Semester
Time & Days of the Course

Instructor's Name
Office Location
Phone Number/email address
Office Hours

COURSE DESCRIPTION

This should reflect the 40 words catalog description, but may be expanded beyond the 40-word limit required for the catalog. The description should include an explanation of any prerequisites required for this course (or this information could be in a separate section).

TARGETED STANDARDS

For courses in the undergraduate Teacher Education Program, the targeted Core Standards for Beginning Teachers are listed; for courses in advanced educator preparation programs, the targeted Core Standards for Advanced Professionals or specialty area standards are listed.

COURSE OBJECTIVES

Specific achievement targets for students that are aligned with targeted standards

COURSE CONTENT / SCHEDULE / ORGANIZATION

A description of how the course is organized and how it will be taught—topics listed align with targeted standards, course objectives, course content, and assessments. Example: an outline by date of the topics to be addressed in the course. At a minimum this section should have a column heading for *Date* and a corresponding heading for *Topic*. Additional optional columns might be: *Reading Assignments*, or *Assignment Due*. Please include the date and time of your final exam in the schedule.

COURSE TEXT / READINGS

Full APA bibliographic information for all assigned readings.

COURSE REQUIREMENTS / ASSESSMENTS

Required assignments, projects, field experiences, etc. and methods of assessing student performance relative to the course objectives [A description of each assignment and activity required for successful completion of the course, with the weighting of each assignment or activity in terms of its value in determining the final course grade.]

GRADING CRITERIA and GRADING SCALE

How grades will be assigned, please include a description of the grading scale (remember ISU is on the + - system). Methods for assessing student performance should match (or sample in a representative fashion) the targeted standards and PDK indicators; hence, course assessments should include assessments of knowledge, skills/abilities (performance), and dispositions. The contribution of participation and/or attendance to the final grade should be clearly specified.

The Division of Teacher Education adopted the grade scale below on October 25, 2002.

A = 94 – 100	C+ = 77-79
A- = 90 – 93	C = 74-76
B+ = 87 – 89	C- = 70-73
B = 84 – 86	D+ = 67-69
B- = 80 – 83	D = 64-66
	F = Below 63

REASONABLE ACCOMMODATION FOR STUDENTS WITH DISABILITIES

If you have a diagnosed disability or believe that you have a disability that might require “reasonable accommodation” on the part of the instructor, please call the Director, ADA & Disabilities Resource Center, 282-3599. As a part of the Americans with Disabilities Act, it is the responsibility of the student to disclose a disability prior to requesting reasonable accommodation.

STUDENT CONDUCT (Optional)

Statements of instructor expectations with respect to students conduct while in the class and/or while participating in field experiences. Topics might include such issues as entering and leaving the classroom on time, use of communication devices, bringing children into the classroom, bringing food or drink into the classroom, etc. Students should also be referred to policy documents when available (e.g. the ISU Student Code of Conduct). Additionally, sections from such documents could be reprinted in this section of the course syllabus (e.g., the ISU copyright, plagiarism, and computer use policies would be appropriate to reprint in the syllabus for a course dealing with instructional technology).

OTHER SECTIONS (if appropriate)

Additional sections of the syllabus could include supplemental information such as special procedures for obtaining field placements, documenting fieldwork, APA style requirements for written assignments, information about how to obtain a computer account, etc.

EVALUATION OF COURSE AND INSTRUCTOR

A statement that the College of Education course evaluation forms will be distributed at the end of the semester.

Attach a Copy of the College of Education Conceptual Framework + Standards
Syllabus Format Revised: 6/27/01

**IDAHO STATE UNIVERSITY
PHYSICAL EDUCATION ASSUMPTION OF RISK AND RELEASE**

Student Name: _____ Bengal ID#: _____ Age: _____ Semester: _____
Class Name: _____ PE/PEAC Class #: _____
Instructor: _____ Day/Time: _____

- *Attention Student:*** If you have a disability requiring an accommodation, then:
- please contact the ISU ADA/Disabilities Resource Center (282-3599) to provide notice of that disability before entering a legally-binding signature onto this form; and
 - you will be dropped from this class if the instructor has not received this signed form by the 10th class day.

Note to Instructor: If Student documents a disability/limitation, then **DO NOT** permit the Student to participate in the Activity until the ADA Office has recommended an appropriate accommodation.

Release

I, the undersigned, have read the physical education activity class warning document for this class and certify that the Student is physically fit for this activity, with/without (circle one) reasonable accommodation.

- I. **Definitions.** For this document's purposes:
- A. "Activity" means each portion of the class described above at ISU (defined below).
 - B. "Risk" means any danger or hazard including, without limitation: any personal injury, loss or destruction of property, illness, serious injury, disablement or even death. Any Risk may include, without limitation: injury to any muscle, joint, bone, internal or external organ or tissue.
 - C. "ISU" means Idaho State University, its governing board, the State of Idaho, officers, faculty, agents, employees, subcontractors, volunteers, and each student that ISU employs.
- II. **Risks.** I fully understand that any Activity could involve any Risk arising from any activity commonly associated with the class described above. I recognize that whatever Risk that Student faces in connection with the Activity also can come from:
- A. any act by any third party unrelated to the Activity; and
 - B. any activity not scheduled by ISU that is in addition to and not related to the Activity.
- III. **Liability.** In exchange for each benefit Student receives through participating in the Activity – and on behalf of Student, Student's family, and anyone else who holds Student's legal rights – I openly and knowingly:
- A. ACCEPT ALL LEGAL LIABILITY FOR EACH RISK, WHETHER KNOWN, UNKNOWN, DIRECT OR INDIRECT;
 - B. RELEASE, WAIVE, DISCHARGE, AND HOLD HARMLESS ISU FROM AND AGAINST ANY CLAIM, DEMAND, LIABILITY, CONTROVERSY OR CAUSE OF ACTION, DAMAGE, COST OR EXPENSE OF ANY KIND THAT DEVELOPS RELATING TO OR ARISING OUT OF THE ACTIVITY, STUDENT'S PARTICIPATION IN THE ACTIVITY AND ANY RISK; AND
 - C. AGREE TO PROTECT AND INDEMNIFY ISU AGAINST AND FROM ALL CLAIMS, DEMANDS, LIABILITIES, CONTROVERSIES OR CAUSES OF ACTION, DAMAGES, COSTS AND EXPENSES OF ANY KIND INCLUDING ANY DEFENSE COSTS OR ATTORNEY'S FEES FOR PROPERTY DAMAGE, PERSONAL INJURY, ILLNESS, SERIOUS INJURY, DISABLEMENT OR DEATH ARISING FROM THE ACTIVITY;
 - D. AGREE TO TAKE OVER AND DEFEND (PERSONALLY OR THROUGH MY REPRESENTATIVE) ANY CLAIM OR ACTION – OF WHICH ISU PROMPTLY NOTIFIES ME IN WRITING – IF BROUGHT AGAINST ISU IN CONNECTION WITH STUDENT'S PARTICIPATION IN THE ACTIVITY.
- IV. **Representations.** This document's signature shows additionally that:
- A. I have carefully read and understand this document's contents;
 - B. I am at least 18 years of age and fully competent to sign on Student's behalf on my own free will; and
 - C. Student is personally responsible to obtain – and has – enough health insurance to cover any health, medical or accident cost that applies to Student in connection with participation in Activity.
- V. **Medical.** I authorize ISU – or any other responsible party – to obtain any medical treatment that Student needs in connection with the Activity. I understand that I must pay all of whatever amount that treatment costs. **I ALSO HOLD HARMLESS AND WILL INDEMNIFY ISU FROM ANY CLAIM, CAUSE OF ACTION, DAMAGE OR LIABILITY ARISING OUT OF OR RESULTING FROM THAT MEDICAL TREATMENT.**

Signature: _____ (Parent/Guardian if a minor) Date: _____
Name (Print): _____ Address: _____ Phone: _____ rc/kc 12-10-9

**THIS IS A RELEASE OF LEGAL RIGHTS. BE CERTAIN YOU READ AND UNDERSTAND THIS RELEASE BEFORE SIGNING.
[PARENT/GUARDIAN: OBTAIN A NOTARY SEAL ON THE REVERSE SIDE AT THE TIME OF SIGNING THIS STATEMENT.]**

Physical Education Liability Form - Idaho State University

All individual activity forms are online

See SSPE Website at: http://ed.isu.edu/sspe/sspe_index.shtml

**INFORMATION NOTICE TO ADJUNCT INSTRUCTORS
FOR FALL 2015-SUMMER 2016
FOR THE SPORT SCIENCE & PHYSICAL EDUCATION DEPT. 6-9-2015**

1. ISU BANNER SYSTEM USING BENGAL WEB

- a. ISU migrated to a computer system effective Fall 2010, called "Banner"
- b. All of your instructor records are all stored in "Banner" through "Bengal Web".
Records are deleted at the end of each semester, after grading. Please keep a back-up copy of all class attendance and grades.
- c. Trail to Banner: Go to ISU main web site, on the left upper corner click on "Bengal Web", this will take you to the login page. Login with your user name and password. Bengal Web will open, next click on the "Academics" tab. On the LEFT side of the "Academics" tab you will see a list of your classes. There are icons next to each class with assorted applications: Class list, grading, wait lists,
- d. Bengal Web is ISU's web portal, a place to access the university's electronic resources and services from one convenient location. Announcements, FS Tools, MOODLE, e-mail, calendar, groups, easy access to ISU electronic services and resources, and much more are available to you from this one convenient location. Please take the time to find out more and utilize this website for your benefit as an instructor. Go to the Tiger-I site for an easy tutorial.
- e. The ITRC is available for the purpose of instructor technology support. They may be reached for help at 282-5880 or itrc@isu.edu.
- f. Tiger Web is available for the purpose of instructor training support. Tutorials are available, in Bengal web, under the Tigeri channel at <http://www.isu.edu/tigeri/training/bwportal/tutorialsguides.shtml>

2. SSPE DEPT. WEB SITE-2015-16 ACADEMIC YEAR

- a. SSPE has an updated Web Site. Go to ISU, click "Quick Clicks", click on Colleges, College of Education, Departments & Programs, SSPE DEPT.
- b. Under SSPE we have loaded the department handbook, as well as a "FACULTY/ADJUNCT RESOURCE" site with all of the forms and teaching information for adjunct instructors.

3. PERSONAL INFORMATION SHEET & REGULAR COMMUNICATION-POLICY

- a. SSPE requires current "Personal Information" on each adjunct, including Name, Address, Phone, and Email. The "Personal Information" form signature acknowledges you have read and accept responsibility for this letter, ISU Policies, and policies on "SSPE Adjunct" site. **FOR CONTRACT PURPOSES, please return ASAP. KEEP US CURRENT ON ALL ADDRESS AND PHONE NUMBER AND EMAIL CHANGES.**
- b. **WE WILL EMAIL YOU, AT THE EMAIL ADDRESS YOU PROVIDE, WITH IMPORTANT ISU DEADLINES & NOTICES THROUGHOUT THE SEMESTER!!!**
- c. We will mail you important ISU student documents.
- d. **ALL STUDENT COMMUNICATION MUST BE CONDUCTED THROUGH THE COURSE MOODLE SITE. PERSONAL EMAIL, TEXT, ETC ARE NOT TO BE**

UTILIZED. MOODLE PROVIDES YOU WITH A RECORD ON STUDENT COMMUNICATION

- e. **CLASS NOTICES ON MOODLE!!!**For every "is class being held" or "what is the location of my class today" student phone call to the SSPE office, they are instructed to open the course MOODLE site for class notifications.
4. SYLLABUS, CERTIFICATION, VITA-NEW POLICY-
- a. **SYLLABI DUE DATE- Syllabi are due before the semester begins, (Friday July 10, 2015, and Friday Nov. 20, 2015), & are required for contract payment.** We will edit and notify you by email of approval or need for changes to meet the syllabus standards.
 - b. ***NEW PEAC SYLLABUS FORMAT EFFECTIVE FALL 2011& UPDATED FALL 2014-*** Syllabi have a **required format** they must follow, defined by the Dept. of Sport Science & PE, the College Of Education and the University. **We have changed the liability waiver, it will be loaded onto MOODLE and run off by the student.** See our website for the revised format template, location is: SSPE PAGE, PEAC Liability Waivers field on the left of the page, open for individual activity liability forms.
 - c. ***MOODLE LOADING REQUIRED!!-*** Syllabi must be emailed as a WORD DOCUMENT ATTACHMENT to Pat Peyton at peytpat@isu.edu, and UPON APPROVAL also be loaded onto moodle. For help with MOODLE (ENCLOSED), go to www.isu.edu/itrc/Moodle/index.shtml or call the ITRC at 282-5880. Students can access your syllabus and other course information online, and can choose to print that information. It is imperative you send your syllabus as a document attachment.
 - d. ***MOODLE COMMUNICATION REQUIRED!! Emphasize, during your syllabus introduction, that all students will be required to pay for, use, and check their ISU Bengal Web and Moodle account for course communication.***
 - e. ***SYLLABUS EDUCATION: We suggest giving students a bonus of 2 points for bringing a hardcopy of the syllabus to day 2 of class. Another great tool is a syllabus "quiz" the second day of class.***
 - f. ***CONTRACT APPROVAL CONTINGENCIES-***
 - i. **SYLLABUS- NEW FALL 2014-** Due by Friday July 11, 2015. Contracts will only be approved with a copy of your approved syllabus attached, and with adequate enrollment.
 - ii. **CURRENT CERTIFICATION-** Due by Fri. July 11, 2015. It is the responsibility of the instructor to bring current certification to the position. If you are not current on the activity certification (if applicable) or CPR/1st Aid, it is your responsibility to arrange for and pay for certification **PRIOR** to the start of your teaching assignment, and then to bring it to the SSPE office.
 - iii. **CURRENT VITA** - Due by Friday July 11, 2015. Please send a current vita to Pat's e-mail as an attached document, to peytpat@isu.edu, Make sure to update your vita with your teaching experience, reflecting that you have taught your subject through Spring 2015.

5. **STUDENT ATTENDANCE-POLICY-UPDATED FALL 2014**
- a. **Statement of Understanding form, for students who have not attended the first day of class**
 - b. **Attendance paragraph, under “Attendance/Grading Policy”, SSPE Dept. Policy statement is expanded.**
 - c. **UNDER BANNER, YOU MUST RUN YOUR OWN CLASS LIST AND BRING IT TO THE FIRST DAY OF CLASS, WE DO NOT HAVE ACCESS TO IT.** You, as the instructor, are responsible for **regularly checking Student Class Lists** on BANNER through the semester, and daily through the add/drop date.
 - d. **STUDENTS WHO HAVE NOT PAID FOR THE COURSE MAY NOT ATTEND CLASS, NO EXCEPTIONS! Students not on the class list are not enrolled and MAY NOT ATTEND class! RUN ROLL SHEETS AFTER THE LAST DROP DATE, AND CONTINUALLY THROUGH THE SEMESTER!**
 - e. Student attendance is required, see ISU Faculty Handbook Policy.
 - f. Student attendance grading requirements are standardized, see sample syllabus. We strongly advise you to use the standard attendance point system, in the standard syllabus, to strengthen your position as the instructor in student attendance and grading policy.
 - g. All SSPE attendance should be taken by the instructor personally (not on sign in sheet) and should be taken on ISU class/roll sheets. It is the instructor’s responsibility to maintain detailed records, and to be able to confidently justify all student grades.
 - h. Students are continually added to your class registration list by going online to add/drop or by petition add/drop. You must continually open your official class list to determine which students are officially enrolled in your class. The most add/drop activity will occur up to the add/drop date.
 - i. Attendance days should be shown on your course outline, **REFLECTING THE CURRENT SEMESTER.** The sample syllabus will require adjustment for the actual attendance points for each semester, as the actual number of attendance days may vary each semester, reflecting holidays and academic dates for that year. The ISU Registrar’s official Academic Calendar is located on:
<http://www.isu.edu/areg/acadclnd.shtml>
 - j. All activity classes will be held through and including dead week. All make-ups, exams, and assignments must be handed in by the last day of dead week, no exceptions. All instructor grading will be finalized during finals week, and be entered by that Friday.
 - k. Faculty Bengal Web records are deleted at the end of each semester, after grading. Please keep a back-up copy of all class attendance and grades. We advise maintaining back-up copies of attendance and grading, **both electronically and on paper.**
 - l. Final grade form should be copied and handed into Kolby Cordingley.
 - m. All ISU Registration and Records Policies and Procedures can be found online at: <http://www.isu.edu/areg/>
6. **GRADING-SEE STUDENT ATTENDANCE-UPDATED POLICY FALL 2014**

- a. **ISU Policy on Scholastic/Grade Appeals, with SSPE Dept. requirement details.**
- b. Grading is the **FULL** responsibility of each instructor. As part of your employment with ISU, you are expected and required to access, evaluate, and annotate records of the University.
- c. Therefore, it is your responsibility to enter the final grades by computer in the Web Grading system, through Bengal Web, **by the registrar's deadline emailed to you. PEAC Grading must be entered, INTO BENGAL WEB, by the Friday of dead week.**
- d. Grades are only Registrar downloaded in Bengal Web, grades are not loaded through MOODLE. MOODLE is a record storage site, it is not linked to BENGAL WEB grading entry.
- e. **THE PEAC PROGRAM IS ONLY SET UP TO GIVE LETTER GRADES A to F, NOT INCOMPLETES. Students who do not attend, or stop attending, are to be given an X.** We are not set up to offer audits.
- f. You must issue the grade the student has earned, as the semester closes and the window work must be completed within ends. Grade changes may be issued at a later date, in outstanding situations, however **ONLY with documentation of attendance**, by the instructor.
- g. It is your responsibility to follow the paper trail through to be active in Bengal Web in the ISU computer system for EACH SEMESTER. To get onto Bengal Web you must:
 - i. Have a signed contract, which puts you in the system at the President's office. Contracts are now done in Payroll & can't be changed after being submitted. Payment dates are on the contract.
 - ii. Have a signed "Acceptance of Responsibility" on file in the Reg. Office.
 - iii. Sign up with HR (Human Resources). **(Return Forms enclosed if you are not already on file)**
 - iv. You must call the Help Desk at 4585 (if new also to get a pass word). Your contract ends each semester, and must be renewed for Bengal Web to be activated
 - v. *****AGAIN-It is your responsibility to monitor your email and Bengal Web to be aware of Web Grading deadlines and to meet those deadlines to enter grades BEFORE the closing of the system at Semester end's deadline*****

7. LIABILITY: HAZARD/WARNING FORM

- a. **We have standardized the liability waiver, it will be loaded onto MOODLE by the adjunct and run off by the student. Students MAY NOT PARTICIPATE without one.**
- b. **Required PRIOR to participation-** There is a standard required hazard/ warning form (Rev. 3/12). Please read it aloud before starting your first class. Please require it to be read and signed by any late students BEFORE allowing participation, **no exceptions**. You are required to drop students from the course (DO NOT ALLOW THEM TO ATTEND) who have not completed this form, or an equivalent notice received from the ISU ADA/Disabilities Resource center, by the 10th day

- c. There is a statement of physical fitness accommodations that must be circled in the first paragraph on the signature page.
- d. THE WARNING SIDE MUST BE COMPLETELY FILLED OUT, including all class information at the top. If the student does not know his/her Bengal ID#, fill in the social security number.
- e. Maintain a record on your Class List (Avail. On Banner, under Academics Tab, online) of each student who has signed the form. **Turn in a copy of the class list by the 10th date** of the semester, showing your records, with warnings attached.
- f. **It is your responsibility as instructor to maintain records showing you have signed warning forms for EVERY student.**
- g. Turn in completed warnings to the SSPE office, in the box on the bookshelf inside the office door, to the right.
- h. All liability waiver forms are loaded on the SSPE Dept. web site at: http://ed.isu.edu/sspe/peac_waivers.shtml

8. ACCIDENT FORM

- a. There is a required accident form. It is to be used for any campus injury. Please keep copies with you.
- b. We are required to call Public Safety (282-2515) for an accident as reasonably and quickly as possible. We must attach the warning form to the accident, hence the need for filling it out completely.
- c. Only the instructor is allowed to handle students in an accident situation, due to liability restrictions, and students are **NEVER** to participate. **YOU ARE TO STAY WITH THE STUDENT THE ENTIRE TIME, NEVER LEAVE YOUR CLASS UNATTENDED, SEND A STUDENT FOR HELP.**
- d. The accident form is loaded on the SSPE Dept. web site at: http://ed.isu.edu/sspe/peac_waivers.shtml

9. ADJUNCT INSTRUCTOR OBLIGATION & ATTENDANCE POLICY

- a. Students must attend 32 PEAC activity classes over 16 weeks to gain ONE CREDIT.
- b. Only SSPE Adjunct Instructors who are certified (or equivalent, with prior permission of PEAC Coordinator) in their activity and are currently certified in CPE and first aid may teach or substitute in the SSPE Dept.
- c. You are obligated by contract, to teach all of your own classes. In the event of an EXTRAORDINARY planned absence, gain prior approval for a substitute by contacting the SSPE PEAC coordinator or at 282-5296 or cordkolb@isu.edu. It is GREATLY preferred that any substitute come from the SSPE Adjunct Staff, due to liability implications.

10. ADJUNCT INSTRUCTOR ABSENCES OR ILLNESS-IMPORTANT

- a. Please arrange a substitute, all classes must be held to comply with point 9.a. and with ISU Student Attendance Policy in the Faculty Handbook.
- b. In the event of any sudden need for a substitute or cancellation, the course instructor MUST call the SSPE Dept. office at 282-2657, the PEAC Program Coordinator Kolby Cordingley at 282-5296 or cordkolb@isu.edu, or the Equipment Manager at 282-3967 at the earliest possible time. It is neither acceptable, nor appropriate, to notify another instructor in the program of your absence.

- c. In the event of any planned substitute, planned cancellation, or scheduled class day off, the course instructor MUST call the SSPE Dept. office at 282-2657 or the PEAC Program Coordinator Kolby Cordingley at 282-5296 or cordkolb@isu.edu at the earliest possible time. It is neither acceptable, nor appropriate, to notify another instructor in the program of your absence.
- d. **ALL STUDENT COMMUNICATION MUST BE CONDUCTED THROUGH THE COURSE MOODLE SITE. PERSONAL EMAIL, TEXT, ETC ARE NOT TO BE UTILIZED. MOODLE PROVIDES YOU WITH A RECORD ON STUDENT COMMUNICATION**
- e. **CLASS NOTIFICATION: PLEASE, BE CONSISTENT!! POST ALL CLASS NOTICES ON MOODLE!!! For every "is class being held" or "what is the location of my class today" student phone call to the SSPE office, they are instructed to open the course MOODLE site for class notifications. If you conduct a class that is outside, or moves to several site options, you should post the daily class location on MOODLE to enable students to find the class.**

11. EQUIPMENT (Policy posted on SSPE Dept. site, Faculty Resources field)

- a. PEAC and Wellness "Get-Fit" Instructors:
 - i. Instructors must reserve equipment for their classes
 - ii. Submit a list to the equipment manager by 12:00 pm on the Friday before the classes are to be taught.
 - iii. Procure equipment 10 minutes before class begins
 - iv. Return equipment to the equipment manager or equipment room attendant immediately following course.
- b. Equipment that has not been reserved may not be used.
- c. The equipment manager is the only person who may issue equipment to be used.
- d. . Students will not be allowed to pick up or return equipment for the course instructor unless the instructor has made prior arrangements with the equipment manager.
- e. SSPE equipment is for course instruction only. It may not be used for non-departmental or personal use.
- f. All equipment used must be cleaned by students and instructors before being put away.
- g. Arrangements will be made for accessing equipment for instructors who teach before or after the equipment manager's hours
- h. Equipment located in the activity classrooms must be secured before the instructor leaves
- i. Classroom doors must be locked before the instructor leaves
- j. If first aid supplies are used, please inform the equipment manager so the first aid bags may be re-stocked
- k. All keys for cabinets, cages, or other locked equipment will be checked out through the equipment manager
 - i. PEAC instructors will retrieve a key for equipment they have reserved.
 - ii. No keys will be checked out to students in a class.

**Physical Education Accident Report Form - Idaho State University
(continuation)**

Location of the Accident:

Diagram:

Details of the Accident:

Additional Comments:

rev 12/03 pp

CAMPUS RECREATION & INTRAMURALS POLICIES & PROCEDURE INFORMATION

Reed Gym is a multi-use facility shared by Campus Recreation, Academics, and Athletics. Campus Recreation helps manage the buildings, staffs open recreation, operates the Intramural program, and administrates Sports Clubs. Information about the facility and policies is available at www.isu.edu/camprec/index.shtml. Building Hours will be posted on entrance doors and facility hours are available at the Campus Recreation Office.

Reed Gym can be accessed through any of the outside doors. Access to offices and classrooms is unrestricted. Recreational Areas within Reed Gym are operated for use by fee-paying students and faculty/staff. Other groups wishing to use the facilities must pay fees. So during open hours we check identification in the building. **For Policies go to their website at:**
<http://www.isu.edu/camprec/index.shtml>

Facility Information

Reed Gym (built in 1951)

- The main gym is suitable for court activities like basketball, volleyball, badminton, etc.
- Seating capacity is about 3600 including the main floor bleachers and balcony areas.
- For Activities, Reed Gym also contains a 25 yard pool, mat room, two dance rooms, free weight area, cardio theatre room, machine weight area, Pilates room, squash court, locker rooms, women's sauna, men's sauna, and equipment room.
- Reed Gym also has a health science lab, wellness/fitness center, five classrooms, a meeting room, Campus Recreation offices (Room 242), SSPE offices (Room 201), and Health and Nutrition Science offices (Room 105).
- The Campus Recreation check-n desk houses the lost and found department of the building.

Tennis Center (built in 1970's)

- Indoor track (7.5 laps = 1 mile)
- Six racquet ball courts (court #1 also serves as a handball and wallyball court, court 6 serves as a squash court)
- One $\frac{3}{4}$ size basketball floor, used for basketball, volleyball and other activity classes

Recreation Gym (built in 1998)

- Two collegiate size basketball courts
- One indoor climbing venue
- One wood floor multipurpose room

Swimming Pool Area

- The pool is 25 yards long, 6 lanes wide
- Approximately 35 laps = 1 mile
- Time is provided for class use, lap/exercise swimming, and recreational use
- Children under 18 years of age must be accompanied by an adult at all times
- The pool area has an observation balcony
- The men's and women's locker rooms are available adjacent to each side of the pool.

Wellness/Fitness Center (Room 205A)

- The wellness/fitness center includes an assessment lab and offices. Health assessments and mini-classes are available to ISU students, faculty and staff and to their spouses.
- The Wellness Center also offers CPR/First Aid Classes on a fee basis.

First Aid

First aid stations are located in the following areas of Reed Gym

- Equipment Room
- SSPE Main Office
- Pool Area
- Evening Desk Entrance (southeast door & northeast door)
- Free Weight Room/Aerobic Theater entrance
- Campus Recreation Main Office
- Storage Room – new recreation center
- DOJO Room

Biohazard Spill Clean up Kits are located in the EQUIPMENT ROOM.

All accidents and resulting care are to be reported to the SSPE Office

Building Maintenance

If anything in Reed Gym is not working or broken (i.e. lights out, sink clogged, wt. machine cable frayed, tiles loose, drinking fountain not working, etc): please report it to the SSPE Department Admin. Assistant, who will enter an online Maintenance Request. ISU Facilities and Janitorial are responsible for maintenance and upkeep in the building.

**Sport Science and Physical Education
New Course Proposal Form**

Course Information

Proposed Course Title: _____

Class Type (check one): ___ Activity ___ Theory ___ Workshop

Credits: ___ (Note: 16 hours contact time required per credit hour)

Delivery Method: ___ Full Semester ___ Fall
(check all that ___ 1st 8 Weeks ___ Spring
apply) ___ 2nd 8 Weeks ___ Summer
 ___ Workshop

Preferred Class Meeting Times (days, time):

Facility Requirements: ___ Regular classroom ___ Activity room ___ Gym
 ___ Pool ___ Outdoor field
 ___ Other (please specify): _____

Special Needs (please specify): _____

Course Description:

Brief Overview of Course (course objectives):

Course Instructor Information

Name: _____ SS# _____

Address: _____

Phone #: _____

E-mail: _____

Degree(s) Earned: ___ Ph.D./Ed.D. Institution: _____

 ___ M.S. /M.A. Institution: _____

 ___ B.S. /B.A. Institution: _____

Certifications: _____

Why do you wish to offer this course in the Sport Science and Physical Education Department?
Please include a brief rationale for your proposed course.

Are there any special requirements for participants in this course? (Prerequisite knowledge or skills necessary). If yes, please specify.

Yes No

Please attach to this proposal:

1. Copies of appropriate instructor certifications.
2. Proposed Course Syllabus

SSPE FACULTY/STAFF ACTIVITY CLASS POLICY

The SSPE Faculty and Staff may take PEAC Activity courses with permission of the instructor and if space is available. The SSPE Faculty/Staff member will fill out a waiver to cover liability issues. Students will have first priority for filling spots in PEAC Activity classes.

SCHOLARSHIPS

Generally, student scholarships awarded through the SSPE department are awarded in coordination with the ISU College of Education. In addition to numerous College of Education scholarships, SSPE students are eligible for scholarships in three areas. These are: The Gorman Scholarship, the Kasiska Scholarship and the Recognition Scholarship. In general scholarships have a February 1 application deadline annually.

Gorman Scholarship: Awarded to students majoring or minoring in an SSPE program, with interest and abilities in outdoor education and/or activities. Students should apply through the combined COE scholarship application.

Kasiska Scholarship: Kasiska family scholarships are awarded to students who intend to enter health related professions. Applicants must: (a) be undergraduate or graduate students majoring in a health related area; (b) be an Idaho resident during the previous 36 months; and (c) have a minimum 3.0 GPA and maintain it during the award period. Scholastic ability and financial need will be considered. Applicants receiving full grant-in-aid or ASISU scholarships cannot also receive a Kasiska award (application form follows – no page number).

Recognition: The source of these funds is the vending machines in the Reed Gym complex. Students may apply through the general COE scholarship application.

**THE JOHN B. GORMAN MEMORIAL SCHOLARSHIP
 AT IDAHO STATE UNIVERSITY, DEPT OF SPORT SCIENCE & PE
 PERSONAL INFORMATION, **APPLY ONLINE AT:**
https://isu.academicworks.com/users/sign_in**

1. _____
 (Last) (First) (Middle)

Address while Attending ISU:

 Numbers and Street Number and Street

 City/State/Zip

Home Phone Number _____ 3. Cell No _____

4. Bengal No. _____ 5. SS# _____

6. Number of Credits completed to date: _____

7. Current number of credits enrolled in for the present ISU semester of: Fall 2009 _____

8. Minor or Major Program of Study: _____
 Undergraduate: yes ___ no ___ Graduate: yes ___ no ___

9. Anticipated Graduation Date: _____ 10. GPA after last semester: _____

11. No. of Credit hours earned to the end of last semester: _____

12. No. of credits enrolled in for next SPR semester 2010: _____
 No. of credits you intend to carry next Fall semester 2010: _____

13. Include: Written Statement, Unofficial Transcript, Current Class Schedule, Next Semester Registration Schedule

II Certification: I hereby certify, to the best of my knowledge, that all information submitted for the scholarship is complete and correct. I authorize my academic department and the student affairs office at Idaho State University to obtain such additional information concerning my educational program and financial circumstances as are needed to consider me for this scholarship. I also authorize Idaho State University the right to release information, which is pertinent to this application, to others involved in providing funds related to my education. I further authorize Idaho State University to include my name (and social security number when appropriate) in the lists of winners to be posted on the scholarship bulletin board, and to be publicized in the news media.

Signature _____ Date _____

**THE KASISKA FAMILY FOUNDATION SCHOLARSHIP
AT IDAHO STATE UNIVERSITY**

I. PERSONAL INFORMATION

1. _____
(Last) (First) (Middle)

2. Address while Attending ISU:

Numbers and Street

City/State/Zip

3. ISU Phone Number _____ 4. SS# _____

5. High School Graduated From (if received GED, note this) _____

6. Date of High School Graduation or GED: _____

7. Number of months you have lived in Idaho: _____

8. Major or Program of Study: _____
Undergraduate: yes ___ no Graduate: ___ yes ___ no

9. Anticipated Graduation Date: _____ 10. GPA after last semester:

10. No. of Credit hours earned to the end of last semester: _____

11. No. of credits enrolled in for next spring semester: _____
No. of credits you intend to carry next fall semester: _____

12. Will you be attending summer school? ___ yes ___ no
If yes, number of credit hours in which you intend to enroll: _____

13. Are you or will you be participating in intercollegiate athletics?

II. Statement by Applicant: On the reverse side of this sheet, identify your educational/career plans (including why you chose a health-focused major), Financial Need, and Scholastic Ability. Please be aware that the selection committee puts strong

emphasis on this section of the application. (You may attach additional pages if necessary.)

- III. **Certification:** I hereby certify, to the best of my knowledge, that all information submitted for the scholarship is complete and correct. I authorize my academic department and the student affairs office at Idaho State University to obtain such additional information concerning my educational program and financial circumstances as are needed to consider me for this scholarship. I also authorize Idaho State University the right to release information, which is pertinent to this application, to others involved in providing funds related to my education. I further authorize Idaho State University to include my name (and social security number when appropriate) in the lists of winners to be posted on the scholarship bulletin board, and to be publicized in the new media.

Signature _____ Date _____

SHEPERD
(Student Majors Club)

Students in Health Education, Physical Education, Recreation and Dance and all GTA's are encouraged to join the student major's club SHEPERD.

THIS MANUAL IS NOT MEANT TO BE ALL INCLUSIVE AND SHOULD NOT TAKE THE PLACE OF A CAREFUL REVIEW OF ISU POLICIES AND PROCEDURES AS DETAILED IN THE ISU FACULTY HANDBOOK AND ISU STUDENT HANDBOOK. SEE THE DEPARTMENT ADMIN. ASSISTANT FOR THESE RESOURCES